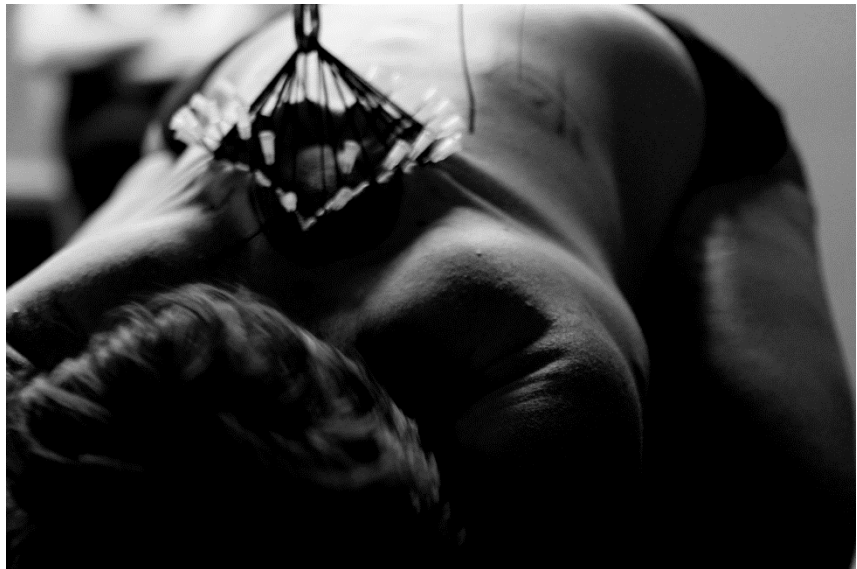


Needle Tension

Supplies

- Piercing
 - Needles
 - Alcohol swabs
 - Gloves
 - Snips
 - First Aid Kit
 - Sharps Container
- Tension
 - String
 - Carabiners
 - Snips
 - A plan



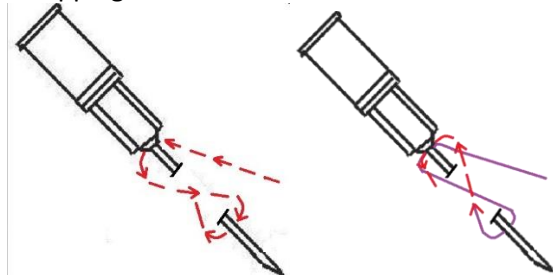
Safety

- Don't stab your bottom
- Needle Gauge
 - If the needles are too thin, they'll simply bend or snap when pressure is placed on them. I wouldn't go smaller than 20/21
 - Also remember how cheese cutters work, a thin, stiff metal can cut straight through someone's skin.
- Tension, not suspension - You will be pulling them tightly NOT lifting them off of the ground. Flesh suspension is a MUCH more complicated and needs much more prep including instruction (recommend one on one)
- Connective tissue disease? - If your bottom has a disease or is taking a medication that thins their skin, it can be dangerous because the needles may pull through more easily. You can still play but need to take precautions for this in case of injury.

Placing the needles

- Elasticity - Not all skin is as stretchy as the rest, and some is uber stretchy. Be prepared for skin that may not stretch when you place tension on it, that does not mean you're doing it wrong, watch your bottom for reactions.
- Injury - scarring - Like most other things we do, this has the possibility of scarring. Make sure to think of that prior to placing holes across someone's chest.
- Think about day 2 - stretching the skin out like this will cause bruising they may not be used to and different than normal needle play. Don't forget to think about bras and other restrictive clothing that may irritate them while healing.

Wrapping



Patterns

