

Biographic Information Summary for Stephen (Steve) Nash



Steve is a full spectrum teacher, mentor, trainer who has spent the past 35 years, engaging with individuals and teams seeking to maximize their awareness, performance, and long term success. He has presented and taught literally from Grade 6 to Grade 12, as well as at the college and university levels. His background experience includes almost 25 years as military officer/commander, serving at home and abroad in The Royal Canadian Regiment, the Canadian Airborne Regiment, the UK Parachute Regiment (on exchange) and Canadian Special Operations Forces Command. Further, he has 10+ years working with at risk youth, and 20+ years running his own company **Traditional Excellence Human Performance**. His activities span from more formalized boardroom/conference room presentations and classroom courses to outdoor/experiential events through fitness, wilderness adventure, and beyond, with each event seeking to link relevant theory and practices amid at least the cognitive, emotional, physical and social spheres. Meanwhile, he combines 40+ years of martial arts, 24+years of military unarmed combat and more than 20 years of law enforcement use of force experience into transformative training opportunities. He has created and delivered packages that fit 50ish minutes to 40 hours, and programs up to an including near full time 1 Year Apprenticeships. With a commitment to Canadian military and law enforcement, Steve has worked with many military organizations as well as federal, provincial and regional police services, specializing in developing high performance teams and leaders As an example, he has created and delivered the Tactical Team Leaders' Course for the Ontario Tactical Advisory Body since 2005. He is a true life-long learner with Bachelor degrees in Arts (History) and Education (Outdoor and Experiential), Master degrees in Defence Studies (Use of Force) and Education (Leadership), with a Doctorate of Education (Leadership and Innovation) underway. By personality he tends to be outgoing, often inspiring, with a preference for interactive 'live' discussion and he ALWAYS looks forward to engaging with great people with a focus on leadership/group dynamic, human performance under stress, and resiliency.



You can also visit Traditional Excellence Human Performance on Facebook or Steve Nash on LinkedIn, or you might also be interested to read the article about Steve and part of his special operations experience at the link below:

<http://www.legionmagazine.com/en/index.php/2009/09/the-dragon-hunters/>
