

Rapid Transformation Possibilities

NAME:

1. What results are you looking to achieve? What are your biggest goals?

2. What issues are you currently facing?

3. If you no longer struggled with this, what would you want instead?

4. What do you believe is stopping you from achieving this goals?

CIRCLE AREAS THAT CONCERN YOU:

Addictions	Depression	Relationships
Smoking	Exams	Relaxation
Drinking	Eating Problems	Stress
Drugs	Fears	Self-Esteem
Gambling	Guilt	Sleep Problems
Food	Motivation	Sexual Problems
Achieving Goals	Memory	Athletic Achievement
Anxiety/Nerves	Career	Pain Control
Skin Problems	Childhood Problems	Panic Attacks
Weight Problems	Concentration.	Phobias
Anorexia	Confidence	Public Speaking
Bulimia	Compulsive Behavior	Physical Condition
Testing/Exams	Medical Conditions	Abundance
Jealously	Anger/Rage	Self Harm

If the possibility of achieving your goals was not only possible, but real, would you enjoy them? How soon would you like to bring these goals to life?

How do you visualize your daily life once these issues are eradicated?

How good would you feel know you are unlimited, that abundance is your daily routine?

When would you like to reach this achievement? What would it be worth to you?

