



`roseto  
reads`

`rosehip  
segments`

PGRM 2 : ROSE GARDENS

@work well-being | holistic wellness services

**Perspectives on BEE-ing | by EdieBee** speaks to the intelligence and consciousness of nature and nature's vast ally capabilities in achieving optimal health and well-being. Considerations are illuminated for one's conscious choosing to incorporate, an informed decision, that typically are not focused on and yet have long-standing evidenced based scientific studies that may allow one to thrive; including but not limited to, the importance of bioactive B-complex vitamins in overall health functions:

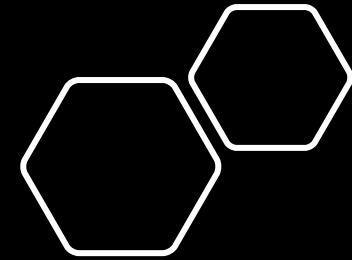
- Advanced trauma-informed Recovery underpinnings
- Spirituality - the Heart and Soul of Nature
- Be (B-Bee) well naturally - stress relief and relaxation
- Good Vibes - Flowers, Trees, and Bees
- Wheatgrass

**Perspectives on BEE-ing** is a collaboration of Edie's visceral photography and charted simplification of 'encyclopedic' concepts essential in her recovery journey and quality of life experience. Spirituality, B-complex vitamins, wheatgrass, bees, trees, and flowers are a definitive rooting for her miraculously coming back to life and kicking ass!

- New Thought
- Substance Abuse & Addictions Recovery
- Life Sciences
- Philosophy
- Depression & Grief
- Energy and Healing
- Gaia & Earth Energies

**Discussion Points:**

- A. Personal Responsibility for One's Well-Being ~ T&D
- B. Symbolism of the 'Rose Garden of Life'
- C. Rooting Perspectives ~ Primary Passions & Life's Work - Being Well & Living Aligned with Nature - Transcending Inherited Neglect-Abuse Patterns/ing
- D. SAMHSA - Working Definition of Recovery
- E. BEE-ing Perspectives - Recovery & Being Well
- F. SAMHSA - 8 Dimensions of Wellness
- G. BEE-ing Perspectives - Wellness & Nature Inclusion
- H. Spirituality as the #1 Pinnacle Dimension - a life changing Definition - Sense of Purpose & Meaning in Life Present Comprehension ~ Evolving Integration
- I. BEEs - B-Complex Vitamins
- J. Nature Alignment - Flowers~Bees~Energy
- K. Wheatgrass for All



# Perspectives on BEE-ing | by Edie Bee

*an evidenced personal journey, how powerful and imperative nature-aligned wisdom, wit, and healing is on a daily basis for Mind-Body-Soul-Heart-Spirit-Financial well-being.*

**Heart Centered Dynamics | 'the Authentic Mother Board'** gets to the heart of the matter of why the Heart is the King and Queen Organ. Heart Centered Dynamics speaks to aspects that typically are not focused on and yet truly are the essence of optimal Health and Well-Being excellence:


- Self-care for the daily Heartbeat of Well-Being - #1 Focus
- the Heart as Primary Communicator (Concepts-Application)
- Emotional Intelligence - the Heart 'Brain' blows one's Mind
- the Heart in Manifestation-Realization (*it's not a secret*) - Energy Fields
- Math - Sacred Geometry
- the Awe of Complexity in Simplicity - Spiritual Healing - Transcendence in Recovery
- Heart Health - the Heart of the Matter and Immune Health

**Heart Centered Dynamics | 'the Authentic Mother Board'** is a splendid, enlightening, collection of Edie's visceral photography and charted 'encyclopedic' concepts in heart centered living serving as a pivotal rooting for establishing optimal rhythm and flow. Edie artistically expresses how keen mental and vibrant emotional health involves heart.

**Discussion Points:**

- A. Heart Health
- B. Emotional Intelligence
- C. Emotional Sobriety
- D. Manifestation
- E. Heart Centered
- F. Natural Stress Relief
- G. Immune Health
- H. Natural Stress Relief

# Heart Centered Dynamics | the 'Authentic Mother Board'



**No BS-  
EDS@Work |  
Sabotage &  
Bully-free  
Workplace**

**noBullshit-  
Earthworm'sDickSyndrome**

**noBS-EDS@Work | Sabotage & Bully-free Workplace** speaks to workplace wellness from a comprehensive approach in recovering from being in a working environment where there is apparent bullying, sabotage, more often than not, from a Machiavellian IV (MACH IV) Personality Type and how incorporating innovative holistic lifestyle-revenue methodologies can allow one to thrive after getting severely s\*\*\* on in the workplace:

- MACH IV Behavior Indicator-Identification Checklist
- Affects on Heart Health - Emotional Intelligence
- Financial Wellness - survival, sustainability, and sense of Self
- Developing ethical humanitarian Economic Structures from a Creative's perspective
- Career Transition - Work Excellence - Purposeful-Passionate Talent based Revenue
- Transcending Adversity in Grace

**noBS-EDS@Work - Sabotage & Bully-free Workplace** is a profound, very personal, artistic day-to-day recovery chronology from one of the most blowing situations Edie ever had in her recovery journey, that ultimately permitted her to thrive miraculously and begin anew in a most remarkable workplace pathway.

**Discussion Points:**

- A. Workplace Wellness
- B. Career Transition
- C. Job Loss Recovery
- D. Bully-free Workplace.
- E. Natural Stress Relief
- F. Ethical Businesses

# a TranscenDance | Live Flower Frequencies & the Power of >pH H2O

**a TranscenDance - Living Flower Frequencies & the Power of >pH H2O** is a special evolving legacy work of Edie's photography and earliest writings about her journey experience in transcending inherited core nucleic communication patternings - from trauma to TranscenDance with the gifts of flowers and quality water.

**a TranscenDance - Living Flower Frequencies & the Power of >pH H2O** speaks to the neutral and uncanny intelligence-consciousness of flowers and nature's vast ally capabilities, especially during times of deep rototilling in the Rose Garden of Life - the Art in Gardening multifaceted rootings.

Concepts are illuminated for one's mindful choosing to incorporate, an informed decision, that typically are not focused on and yet have long-standing cultural reverence and evidenced based scientific research that may allow one to thrive, including but not limited to:

- Whole**bodies** `Cleansing` (physical-finer)
- the Desire to Change from the Heart
- Healing in Grace - Radical Trust
- Spirituality and the Soul of Nature
- Live Flower Frequencies
- Keeping *gracefilled* Flow with Advanced Vibrationals
- Sacred Geometry and Structured Water
- HOLY SHIT is a new concept!

**Rosehip Rootings - the Beginnings** innovative advanced insight from an evidenced personal and professional journey, deeply roots nature-aligned wisdom, wit, and healing in a surprisingly practical way - for when one knows embarking on transcending repugnant living is beginning(s).