

#### Earth's Sacredness & You

the inease rooting

soul, recovery, rhythmic healing

4 week (28-day) | the `Art in Well-Being` | INature - Food1st | Transformation Methodology

# key words

Earth Reverent Lifestyle
Eating inEase
Food First
Nature as Healer
Trauma to TranscenDance
Advanced Peer Recovery
Holistic Wellness,
Plant-based Nutritional Bridge
B-Complex
Living Flower Frequencies
Soul
Natural Recovery Approaches
Career
Right-Livelihood
inJoy



# Roseto della Vita, LLC

'Rose Garden on Life'

Nature Aligned Living Specialist - Roseto della Vita

<u>Terms-Disclosures</u> (rosetodellavita.com)

#### Common Core

cultivated & evinced from an intuitive nature whisperer entrepreneur with 39+yrs advanced holistic peer recovery

#### Overview

### `the Art in Well-Being` Transformation Methodology ~ roots new ground in 28-days

**speaks** to prevailing thought forms and outdated & stagnant approaches, relating to healing and recovering inease

provides sacred space for embracing practical plant-centered nourishment - daily absolutes - found to be essential in navigating the journey of multi-dimensional Well-Being when transcending trauma-neglect-abuse patternings

illustrates unique talents and gifts found in the heart & Soul of each Being for communicating their purposeful work and generating right-livelihood

gives life to Profound Pathways, where there weren't any, for easily incorporated, fueled, and sustained trauma-free driven Optimal Living, in the Rose Garden of Life

#### inease Rooting | Experience

- ✓ Learn the 11-dimensional INature Food1st Well-Being qualities
- ✓ Embrace our bodies remarkable healing capacities with vital nutrition support from 3 simple plant-centered daily absolutes
  - ✓ **Discover** the rhythmic influence of nature and living flower frequencies in enhancing Joyous emotional & mental health
- Recognize how heart-centered communication directly affects the formation of our @HomeWork environments
  - ✓ Clarify unique talents communication patternings personal Soul aspirations
    - ✓ Craft tangible strategies for accomplishing right-livelihood your@ArtWorn

#### INature-Food1st | Keywords

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Natural Recovery Approache Advanced Peer Recovery Trauma to TranscenDance Living Flower Frequencies Soul Plant-based Nutrition Bridge B-Complex Right-Livelihood Career inJoy

"I think you have intuitive empathy for others and are particularly trauma-informed in your approach.

You also can articulate the connection between trauma and addiction, which not everyone notices, and I think that's very helpful."

EH-Los Angeles, California

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#### 8-Dimensional Wellness | the now Knowns EMOTIONAL Coping effectively with life and creating satisfying relationships | 'the Care of the Heart' (RdV) SAMHSA www.samhsa.gov Be aware of and listen to your feelings. SURSTANCE ARUSE AND MENTAL HEALTH SERVICES ADMINISTRATIC Express your feelings to people you trust. FINANCIAL Satisfaction with current and future financial situations Be thoughtful and creative about your budgeting and spending. · As needed, meet with financial professionals who provide free or low-cost services for guidance. SOCIAL Developing a sense of connection, belonging, a well-developed support system | IAM+ focus (RdV) Make at least one social connection per day by calling, e-mailing, or visiting someone • Get active in a support group. SPIRITUAL Expanding our sense of purpose and meaning in life | 'high-pH H2O & Live Flower Frequencies' (RdV) Make time for practices that enhance your sense of connection to self, nature, and others. • Take time to discover what values, principles, and beliefs are most important to you. HYSICAL OCCUPATIONAL Personal satisfaction and enrichment derived through one's work Work toward a career in a field you are passionate about or a volunteer activity that has meaning for you. Communicate with your supervisor regularly and get support when needed. WELLNESS PHYSICAL Recognizing the need for physical activity, diet, sleep, and nutrition | vital Nourishment Support` (RdV) • Take the stairs instead of the elevator; replace driving with walking or bicycling when possible. Get enough sleep - your body needs it to rejuvenate and stay well! INTELLECTUAL Recognizing creative abilities and finding ways to expand knowledge and skills Research a topic that interests you and share what you learned with others • Find creative outlets that stimulate your mind and sense of curiosity ENVIRONMENTAL Good health by occupying pleasant, stimulating environments that support well-being | (RdV) · Seek out music and other experiences that have a calming effect on your well-being. the key sanctuary environment - home-life edifice - earth's Soul \ (RdV)

# 8-Dimensional Wellness | the *now Knowns*

**EMOTIONAL** Coping effectively with life and creating satisfying relationships | 'the Care of the Heart' (RdV)

Be aware of and listen to your feelings & Express your feelings to people you trust.

FINANCIAL Satisfaction with current and future financial situations

**SOCIAL** Developing a sense of connection, belonging, a well-developed support system | IAM+ focus (RdV)

SPIRITUAL Expanding our sense of purpose and meaning in life | 'high-PH H20 & Live Flower Frequencies' (RdV)

• Make time for practices that enhance your sense of connection to self, nature, and others & values, principles, and beliefs are most important to you.

**OCCUPATIONAL** Personal satisfaction and enrichment derived through one's work

 Work toward a career in a field you are passionate about or a volunteer activity that has meaning for you & Communicate with your supervisor regularly

PHYSICAL Recognizing the need for physical activity, diet, sleep, and nutrition | 'vital Nourishment Support' (RdV)

INTELLECTUAL Recognizing creative abilities and finding ways to expand knowledge and skills

Find creative outlets that stimulate your mind and sense of curiosity.

**ENVIRONMENTAL** Good health by occupying pleasant, stimulating environments that support well-being | (RdV)

- Appreciate nature and the beauty that surrounds you.
- Seek out music and other experiences that have a calming effect on your well-being.
- the key Sanctuary Environment Home-life edifice & Earth's Soul



✓ Learn the 11-dimensional INature Food1st Well-Being qualities

# INature - Food1st Methodology $\sim$ 11D is expressed

- embracing sensory communication ~ the felt 2Bknowns
- ❖ soul ~ recovery ~ rhythmic healing ~ inJoy heart
- ❖ nourishment 1st | {living flower frequencies ~ nutrients} plant-centered

PHYSICAL
EMOTIONAL

MENTAL
ENVIRONMENTAL
SPIRITUAL

COMMUNICATION

JOY
OCCUPATIONAL
FINANCIAL
SOCIAL

**INTELLECTUAL** 



✓ Learn the 11-dimensional INature Food1st Well-Being qualities
✓ Recognize how heart-centered communication directly affects the formation of our

@HomeWork environments

# 1. Four Curriculums | Four Group Q&A Discussion

'roseto reads' | 'rosehip segments'

#### 4rosetoreads-intro

'roseto reads' | 4 curriculums concentrate on founded and underutilized essentials in living aligned with Self, nature, environments, and Spirit through thick-thin-tissue paper - kaleidoscopic life - complexities are artistically simplified for novel daily practical applications

`rosehip segments` | 4 group q&a discussion virtual learning engagements enriching `roseto reads` perspectives & our voice

- 1) Perspectives on BEE-ing | by EdieBee
- 2) Heart Centered Dynamics | `the Authentic Motherboard`
- 3) noBS-EDS@Work | Sabotage & Bully-free Workplace noBullshit-Earthworm'sDickSyndrome
- 4) a TranscenDance | Live Flower Frequencies & the Power of >pH H2O

#### 2. Four Intuitive Private Client Consults

soul purpose ~ right livelihood

your@ArtWork

"She is super fun! Straight to the point and with no sugar coat. I love her!"

"Such a great balance of professional and individual human advice that resonates with the heartbeat of what makes any endeavor successful.

The advice between the slides takes the subtleties of communication to a new level.

She could write a book or a movie script with the genuine spark of genius she brings to the table." Neacco

> "Edie is amazing. I love her supportive energy"

# Dynamically assists with realizing known and unknown talents

We will illuminate perspectives that ignite your gifts and envision a strategic approach for accomplishing your meaningful pathway

Career ~ Wellness ~ Destiny & Life Path ~ Grief & Loss

Natural Abilities ~ Conventional Wisdom

- an intuitive transformational career coach advanced holistic well-being peer recovery support specialist - entrepreneur - with over 39 years celebration in living rhythmically in Soul-Nature alignment thru thick-thin-tissue paper
- born with keen gifts of acute listening & observation-sensory insight in how communication frequencies & patterns affect well-being of environments & self ~ a Nature Whisperer
- has successfully navigated complex circumstances for 1000s of individuals with uncanny problem-solving soul*utions* to seemingly hopeless events

vhen the brick wall hits - one is amiss - and stagnation becomes repugnan

Terms-Disclosures (resetedellavita con

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✓ Embrace our bodies remarkable healing capacities with vital nutrition support from 3 simple plant-centered *daily absolutes* 

# 3. INside Out | Vital Nourishment Support

plant-centered nutrients for the body & greater health benefits

Aligned Partners - Roseto della Vita

<u>Juice Plus+</u>

#### **Products / What**

- \* Juice Plus+ Core 4
- \* Juice Plus+ Complete Protein
- \* Life Extension

# **Description**

Fruit-Veg-Berry (Trio) - Vegan Omega Van/Choc Pouch - Van/Choc Single Serve BioActive Complete B-Complex



- ✓ **Discover** the rhythmic influence of nature and living flower frequencies in enhancing Joyous emotional & mental health
  - ✓ **Recognize** how heart-centered communication directly affects the formation of our @HomeWork environments

# 4. Outside IN | Living Flower Frequencies

any aspect of trauma-neglect-abuse patternings is a rhythmic process in healing parallel to that of gardening

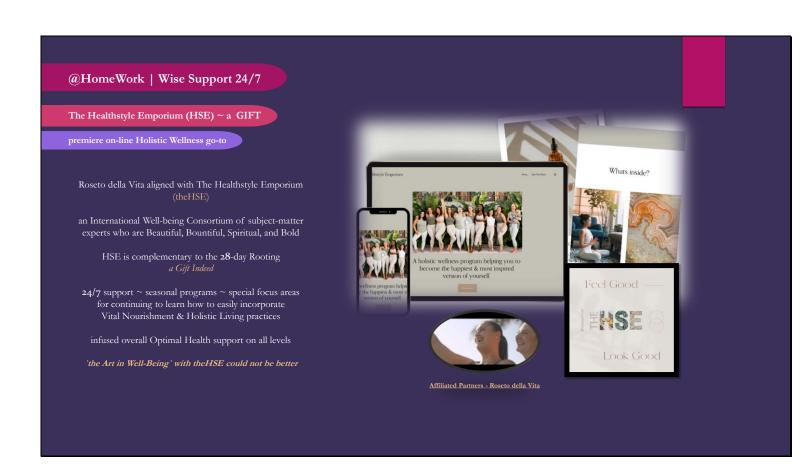
28-day Rooting incorporates key nutrients in vital nourishment support for the physical body & living flower frequencies for the finer bodies

#### a Bouquet Everyday - in 2 arrangements

- innovation and delivery methods of two companies that utilize `flower power` living frequencies in their internal-environmental essences
- heart center-mind soul meditation | nature-flowers `bathing` profound levels in quiet communication - communion

Flowers are Powerful and underestimated methods of Healing: they have been with us since the beginning of time - they are present in some fashion on all occasions - naturally emit a sense of emotional and mental well-being across all cultures and continents - universal Healing Allies

we are reminded of the greatness we are 2Be - of Universal brilliance - of the beauty that still exists - in the heartbeat of nature an emotional & mental-mind restorative Presence ~ authentic love~light~Joy~ anytime anywhere



# @HomeWork | Wise Support 24/7

### The Healthstyle Emporium (HSE) ~ a GIFT

premiere on-line Holistic Wellness go-to

HSE is complementary to the 28-day Rooting a Gift Indeed

24/7 support ~ seasonal programs ~ special focus areas for continuing to learn how to easily incorporate Vital Nourishment & Holistic Living practices

helping you become the happiest & most inspired version of yourself infused overall Optimal Health support on all levels

'the Art in Well-Being' with the HSE could not be better

Roseto della Vita & the HSE



# Jeanine Edith Bernhart | a Thought

I wonder, *not that often but enough*, that if the primary vitamin grouping of B-Complex & vital Nutrition Support had been a part of my daily existence prior to age 25, when there was so much extreme in my life, how I as a Physical Being would have functioned differently; Intuitively, not even a question, fabulous Factually, superior functioning of all processes involved could have alleviated unanswered enigmas about feeling optimal

here We are today with the Presence to B BEE & Be

inJoy

Edie

let us take the next steps in getting Rooted...



# the 4 weeks (28-day) | Sequence

You will receive an easy to follow & read version once Investment Part One is on its way!

how Wonderful & Exciting!

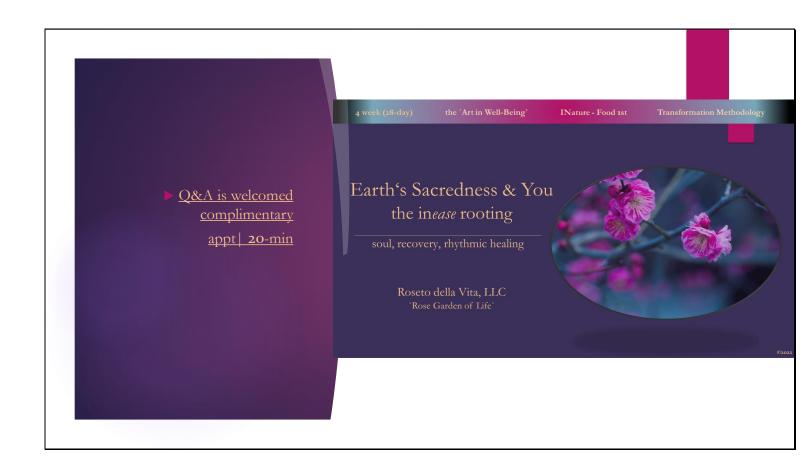


# MAKING YOUR INVESTMENT

# Registration | Let's Get Started ~ Investment Part One

Roseto della Vita ~ Part One Artisan Store   Roseto della Vita LLC	\$1500				
Vital Nourishment ~ Part Two on Day1-Intro Appt   Vital Nourishment *	\$1155 <sup>*</sup> (see chart *)				
`ESYTM28d` TOTAL * theHSE Gift   Total Annual Value *	\$2655 \$1500 °				
`ESYTM28d` TOTAL VALUE *	\$4155				

Products / What	Description	Mth Supply		Day 1 ill Pay		ay 1 thPay	J	Day	
* JP+ Core 4	Fruit-Veg-Berry (Trio): \$325 - Vegan Omega: \$135	4 (auto)	s	460	S	115	S	3.75	
* JP+ Complete Protein	Van/Choc Pouch (2): \$315 - Van/Choc SS Pckt (1): \$175	4 (1x/auto)	s	480	S	120	S	4	\$8
* Life Extension	BioActive Complete B-Complex	2 (auto)	S	15	S	15	S	0.25	
* Resonance Brand of Choice	Living Flower Frequencies: 3 6oml - 1 3oml	2 (1x)	s	200	S	200	S	3	
(rounded ≈) TOTALS			5	1,155	\$	450	5	11	
(continued *) JP+3MTHPAY					\$	235			



# Q&A is most Welcomed | 20-min gratis appt

Reserve your Seat ~ 20-min Complimentary Appt

AND of course ©

if you or your organization-group is ready to start the 28-days in resonance-today

Registration | Let's Get Started ~ Investment Part One

in Gratitude & Joy!

Edie