

Your Health, Your Way

Personalized Care from Aspira Health Global

A special program designed just for you, with a **dedicated care coordinator** who checks in regularly to help you stay healthy at home.

who checks in regularly to



Your own personal healthcare coordinator



Regular check-ins from the comfort of your home



No additional cost - covered by Medicare



Better health outcomes and peace of mind

Aspira Health Global | Your Partner in Better Health

Call us today: (555) 123-4567

Benefits Just for You

Our program is designed to make healthcare easier and more personal, with benefits that matter to you.



24/7 Support

Access to your care coordinator whenever you need help or have questions about your health.



No Additional Cost

This special program is completely covered by Medicare - no extra charges or hidden fees.



Care at Home

Receive personalized care without extra trips to the doctor's office - all from the comfort of your home.



Personal Attention

The same coordinator calls you each time, getting to know you and your specific health needs.

Your Dedicated Care Coordinator

A real person who gets to know you and your health needs.



Same Person Every Time

You'll speak with the same coordinator for every call, building a genuine relationship with someone who knows your health history.



Bilingual Support

Our coordinators speak both English and Spanish, so you can communicate in the language you're most comfortable with.



Available 24/7

Your coordinator is available whenever you need help or have questions about your health or medications.

The Personal Touch

Your coordinator is a trained healthcare professional (Medical Assistant or Nurse) who specializes in chronic care management and remote monitoring.

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"Having the same person call me each month makes all the difference. Maria knows my history and really listens. I feel like she really knows me and wants the best for me."

- Medicare Patient

Your coordinator works as an extension of Aspira Health, keeping your doctor informed about your health between office visits.

Stay Connected, Stay Healthy

Regular connection with your care coordinator helps combat loneliness and improves your health.

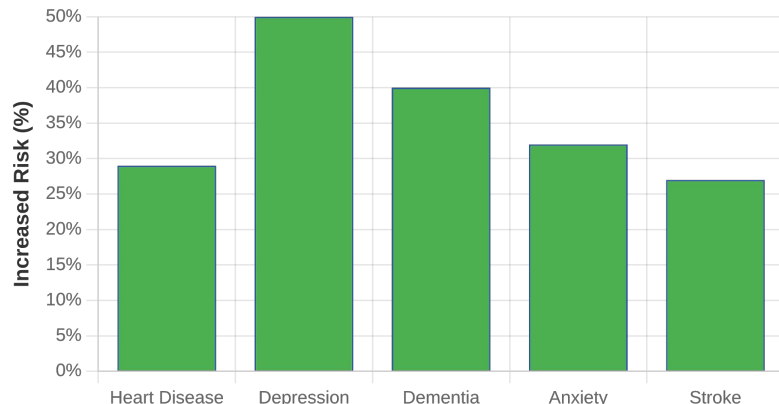
43%

of seniors report feeling
lonely regularly

45%

increased mortality risk from
loneliness

Health Impacts of Loneliness



How Our Program Helps

-  **Regular Human Connection** - Monthly check-in calls provide consistent social interaction with a familiar voice who knows your history.
-  **Emotional Support** - Your coordinator is trained to provide empathetic listening and emotional support beyond clinical monitoring.
-  **Resource Connection** - Your coordinator can connect you with community resources to further address isolation and loneliness.
-  **Health Monitoring** - Regular check-ins help catch health issues early, reducing anxiety and providing peace of mind.

How It Works - Simple and Easy

Joining our program is easy, and we handle everything for you.

1

Enrollment

Sign a simple consent form with Aspira Health to join the program.

2

Meet Your Coordinator

Your dedicated care coordinator will call to introduce themselves and get to know you.

3

Regular Check-ins

Receive monthly calls from your coordinator to discuss your health and any concerns.

4

Doctor Updates

Your coordinator keeps your doctor informed about your health between visits.

What to Expect

-  **Monthly Calls** - Your coordinator will call you once a month for about 20 minutes to check on your health.
-  **No Cost to You** - The program is completely covered by Medicare.
-  **No Extra Visits** - Everything happens over the phone from the comfort of your home.
-  **24/7 Support** - Your coordinator is available anytime you have a question.

Real Results for Better Health

Our program has helped thousands of Medicare patients improve their health and quality of life.

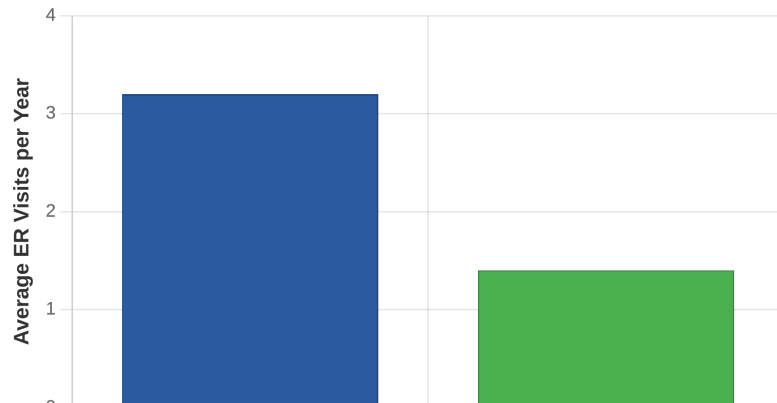
40-80%

Reduction in Hospital
admissions

67%

Better Medication Adherence

Program Impact on Emergency Room Visits



How Our Program Improves Your Health

-  **Better Medication Management** - Your coordinator helps you stay on track with your medications and understand how to take them properly.
-  **Early Problem Detection** - Regular monitoring helps catch health issues before they become serious emergencies.
-  **More Productive Doctor Visits** - Your coordinator helps prepare you for appointments and ensures your doctor has up-to-date information.

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"Since joining this program, I've been taking my medications correctly and my blood pressure is finally under control. My coordinator noticed a problem with my readings and called my

Simple Health Monitoring

Easy-to-use devices help you and your care team track your health.



Blood Pressure Monitor

Simple, one-button operation to check your blood pressure and heart rate.



Digital Scale

Step on to automatically measure and record your weight.



Glucose Monitor

Easy blood sugar testing with minimal discomfort.



Pulse Oximeter

Clips onto your finger to measure oxygen levels in your

How Monitoring Works

- ✓ **Simple to Use** - All devices are designed for seniors with large displays and easy operation.
- ↻ **Regular Readings** - Your coordinator will help you establish a simple routine for taking measurements.
- 📞 **Phone Support** - Your coordinator can help you use the devices over the phone if you have any questions.
- 📈 **Track Progress** - Your readings help your doctor see trends and make better decisions about your care.
- ⚠️ **Early Warning** - Unusual readings can alert your care team to potential problems before they become serious.

What Our Patients Say

Hear from real patients about their experience with our program.

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"My coordinator Maria is wonderful. She calls me every month and really listens. She helped me understand my medications better, and I haven't been to the emergency room once since starting this program."

RM

Robert M.

Age 78, Heart Condition

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"I was skeptical at first, but now I look forward to my calls with David. He speaks Spanish which makes it so much easier for me. He noticed my blood pressure was getting too high and called my doctor right away."

EG

Elena G.

Age 72, Diabetes & Hypertension

“

"I live alone and sometimes feel isolated. Having someone check in on me regularly gives me peace of mind. My daughter is so relieved knowing someone is keeping an eye on my health between doctor visits."

JT

James T.

Age 81, COPD

“

"The best part is that it doesn't cost me anything extra! Medicare covers it completely. My coordinator Sarah is like a friend now. She remembers everything about my health and always follows up on concerns."

BW

Barbara W.

Age 75, Arthritis & Hypertension