



## Dr. Jon Kedrowski - Speaker Bio

Meet Dr. Jon- Watch Here: <https://youtu.be/Vq0NQYSN1o>

As a life-long wilderness enthusiast, Dr. Jon Kedrowski is one of the **world's leading** high altitude mountaineer experts and professional ski- mountaineers. He has studied (*Ph.D. in Environmental Geography, Weather, and Climate*) and survived on peaks around the world, learning valuable lessons and **elevating his 'Everest Ready' mindset**. These are the lessons he wishes to share with and inspire others as a keynote speaker.

**Dr. Jon Kedrowski**, author of *Sleeping on the Summits: Colorado Fourteener High Bivys* (2012) and *Skiing and Sleeping on the Summits: Cascade Volcanoes of the Pacific Northwest* (2016), as well as *Classic Colorado Ski Descents* (2017), and *Classic Colorado Hikes* (2022) grew up in Vail, Colorado. Jon first climbed each of Colorado's fourteeners in the late 1990s before he turned 18. Over the years, he has skied from every fourteener, and in 2016, he skied each Colorado fourteener during the same winter season. Jon has explored every lake and location in his books, as his climbing résumé in Colorado includes multiple ascents of the 58 official Colorado fourteeners and three hundred of Colorado's 584 thirteeners.

Jon has advised or led over 20 climbing expeditions to each of the Seven Summits, the highest peak on each of the Seven Continents. In 2012, Jon summited Mount Everest and has since led seven different expeditions to Mount Everest (2012, 2015, 2018, 2019, 2021, 2023, and 2024) guiding clients to the top in 2019, 2021, and 2024. He has been featured on several documentaries about his climbing and skiing adventures on the Discovery Channel, Smithsonian, NBC, DatelineNBC, CBS, ABC, FOX, CNN and Netflix. In 2019, Jon made the summit of Manaslu at 8,163 meters / 26,781 feet with- out the use of supplemental oxygen and was part of the first expedition to K2 (8,611 meters / 28,250 feet) in 2021 that put ten Nepali climbers on the summit for the first time ever in winter. He is also a regular contributor to KDVR Fox 31 Denver and KWGN CW2 in Denver for stories about the great outdoors in Colorado. He is the owner of a company called Dr Jon's Adventures that leads expeditions all over the world.

Jon's favorite hobbies include skiing, mountaineering, and photography. He loves to travel, mountain bike, trail run, river raft, play basketball, and play golf while enjoying the gorgeous summer and fall seasons in Colorado. For more about Dr. Kedrowski, visit [jonkedrowski.com](http://jonkedrowski.com) and [drjonsadventures.com](http://drjonsadventures.com) or @drjonkedski / @drjonsadventures on Instagram and Twitter.

