



**Ueshiro**



**Shorin-Ryu Karate  
U.S.A.**

**Founded in 1962 by Grand Master Ansei Ueshiro  
Under the direction of Hanshi Robert Scaglione**



**Fall 2010 Karate News**

[www.shorinryu.com](http://www.shorinryu.com)

## Greetings from Hanshi Robert Scaglione

Greetings All Kyoshi, Denshi, Shihan, Sensei, Karateka, Sempai & Deshi,

We are moving forward celebrating our 48<sup>th</sup> Anniversary of the arrival of Grand Master Ansei Ueshiro in the USA, founding our organization, Ueshiro Shorin-Ryu Karate USA.

Beginning with our 2010 event, the Annual Florida Training/Seminars /Demonstrations & Presentations, we kicked off many February and August promotions at all our Dojo/Clubs worldwide including many celebrations of the actual 48<sup>th</sup> Anniversary in the month of September 2010.



Since 1962, we in America are privileged to enjoy the art of Shorin-Ryu Karate under Master Ueshiro's guidance and expertise. We, the students of Shorin-Ryu, are the beneficiaries of his efforts and are proud of Shorin-Ryu Karate U.S.A., the original style, here in the United States.

We proudly celebrate the 48th anniversary of Grand Master Ansei Ueshiro's arrival on our shores. I hope to see you soon at one of the upcoming events. Keep training.



Hombu / Headquarters Dojo New York City 25th September 2010  
48th Anniversary Celebration Workout and Training

Sincerely, Hanshi Robert Scaglione, Ueshiro SRKUSA



## Ueshiro Shorin Ryu Karate USA Dojo/School listings

(listed alphabetically)

### **California:**

#### **Los Angeles**

##### **Ueshiro Bushi Dojo**

Sensei Chris Barnes, Denshi-Shihan, (310) 393-6686  
Co-Shihan: Sensei Haven Pell, (310) 629-3838  
716 Colorado Ave. Santa Monica Ca. 90401

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### **Connecticut:**

#### **Easton**

##### **Easton Connecticut Ueshiro Shorin-Ryu Karate Club**

Sensei Adam Dunsby, Shihan, (203) 292-3692  
Easton, CT 06612

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##### **Wilton Connecticut Ueshiro Shorin-Ryu Karate Club**

Sensei Keith Eng, Shihan, (203) 221 4810  
50 Danbury Road Wilton, CT 06897-4444

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### **Florida:**

#### **Cocoa**

##### **Ueshiro Cocoa Beach Shorin-Ryu Karate Dojo**

Sensei Ronald A Marchetti, Shihan, (321) 452-9135  
Cocoa YMCA Family Center, attached to Brevard Community College  
Cocoa, Florida, 1519 Clearlake Rd., Bldg. 18 (321) 433-7770

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#### **Melbourne**

##### **Ueshiro Viera Shorin-Ryu Karate Dojo**

Hanshi Robert Scaglione, Shihan/Director, (321) 433-1533  
Corner of Judge Fran Jamieson Way and Lake Andrew Drive, Viera, FL 32940

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##### **Ueshiro Suntree Shorin-Ryu Karate Dojo**

Sensei David Tamir, Denshi-Shihan, (321) 474-4087  
Suntree YMCA, 6300 N. Wickham Road, Suite 114, Melbourne, FL 32940

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#### **Titusville**

##### **Ueshiro Titusville Shorin-Ryu Karate Dojo**

Sensei Kurt Tezel, Shihan, (321) 536-6516  
YMCA Titusville Family Center, 2400 Harrison St., Titusville, FL 32780.

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## **Hawaii - Oahu:**

### **Honolulu**

#### **Ueshiro Hawaii Karate Dojo**

Sensei Lorenzo Aguon, Shihan, (808) 375-6688

Aloha Activity Center, 725 Kapiolani Boulevard Suite 101 Honolulu, Hawaii 96813

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## **Massachusetts:**

### **Boston**

#### **Boston Chinatown Ueshiro Shorin-Ryu Karate Club**

Emiliano Mazlen, Shihan, (617) 879-9928

Wang YMCA of Chinatown, 8 Oak Street West, Boston MA, 02116.

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### **Northampton**

#### **Northampton Ueshiro Karate Dojo**

Sensei Daniel Gobillot, Denshi Shihan, (413) 320-5945

Arts & Industry Building, 221 Pine Street, Northampton, MA 01062 (413) 587-4200

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## **Minnesota:**

### **Northfield**

#### **Ueshiro Northfield Karate Club**

Mr Rob Dobrow, Shihan, (612) 216-1206

Northfield, MN 55057

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## **New York :**

### **Mohawk Valley**

#### **Mohawk Valley Karate Club**

Sensei Dale Adamson, Shihan, (315) 823-8631

167 Lakeview Dr. Little Falls, N.Y.

### **New York City**

#### **Ueshiro Midtown Karate (Hombu) Dojo**

Kyoshi Michael Mackay, Denshi-Shihan, (212) 909-6440

St Bartholomew's Church Athletic Center, 109 E 50th street  
(between Park and Lexington Avenues), New York, NY 10022

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#### **The High School for Leadership & Public Service Karate Club**

Sensei Robert Neff, Shihan, (347) 578-7465 (h), (917) 549-4218 (c)

90 Trinity Place New York, NY 10006

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#### **Ueshiro Shorin-Ryu FRBNY Karate Club**

Sensei John Bottega, Shihan, (212) 720-5922

33 Liberty St - New York, NY 10045

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#### **Ueshiro Downtown Manhattan Shorin-Ryu Karate Club**

Sensei Kevin Reymond, Shihan, (914) 953-7065

Tribeca Health & Fitness, 107 Chambers Street, New York, New York

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**Palisades**

**Pine Forest Karate School**

Kyoshi Dave Seeger Shihan/Director, (212) 307-0707  
Palisades, NY 10964

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**Pelham Manor**

**Okinawan Karate Club**

Kyoshi Dave Seeger Shihan/Director (212) 307-0707  
Pelham Manor, NY 10803

**Rockland County**

**To-Te Ueshiro Karate Dojo**

Sensei Preston Powell, Shihan, (845) 367-7454  
Nyack, NY (Rockland County)

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**Ueshiro Shorin-Ryu Karate USA Roslyn High School, NY**

Sensei Boris Grossman, Shihan (646) 331-8493

**Pennsylvania:**

**State College**

**Ueshiro Okinawan Karate Family Club**

Sensei Matt Kaplan, Denshi-Shihan, (814) 278-1997  
Mt. Nittany Institute of Natural Health 301 Shiloh Road State College PA. 16801

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**Virginia:**

**Centreville**

**Ueshiro East Meets West Karate Club of Northern Virginia**

Sensei Sal Scaglione- Denshi-Shihan, (703) 922-6204  
Sensei Joe Knight- Director (571) 239-3007 Centerville, Virginia

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**International:**

**China:**

**Hong Kong**

**Hong Kong Ueshiro Karate Club**

Sensei Alan Lai, Shihan, Club Coordinator- Mr. Patric April, +011 (852) 9272-1891  
Located at 5/F, Shek Tong Tsui Sport Centre, 470 Queen's Road West, Hong Kong.

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**Ueshiro Okinawan Karate Club**

Lyle Kleusch, Shihan  
Tung Chung Sports Centre, #8 Waterfront Road, Tung Chung  
Lantau Island, Hong Kong

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**Israel:**

**Eilat**

**Eilat Ueshiro Dojo**

Sensei Shlomo Dadon, Denshi-Shihan  
+011 (972) 8-633-7762 (h), +011 (972) 54-551-1111 (c)  
P.O. Box 824, Eilat, Israel 88000

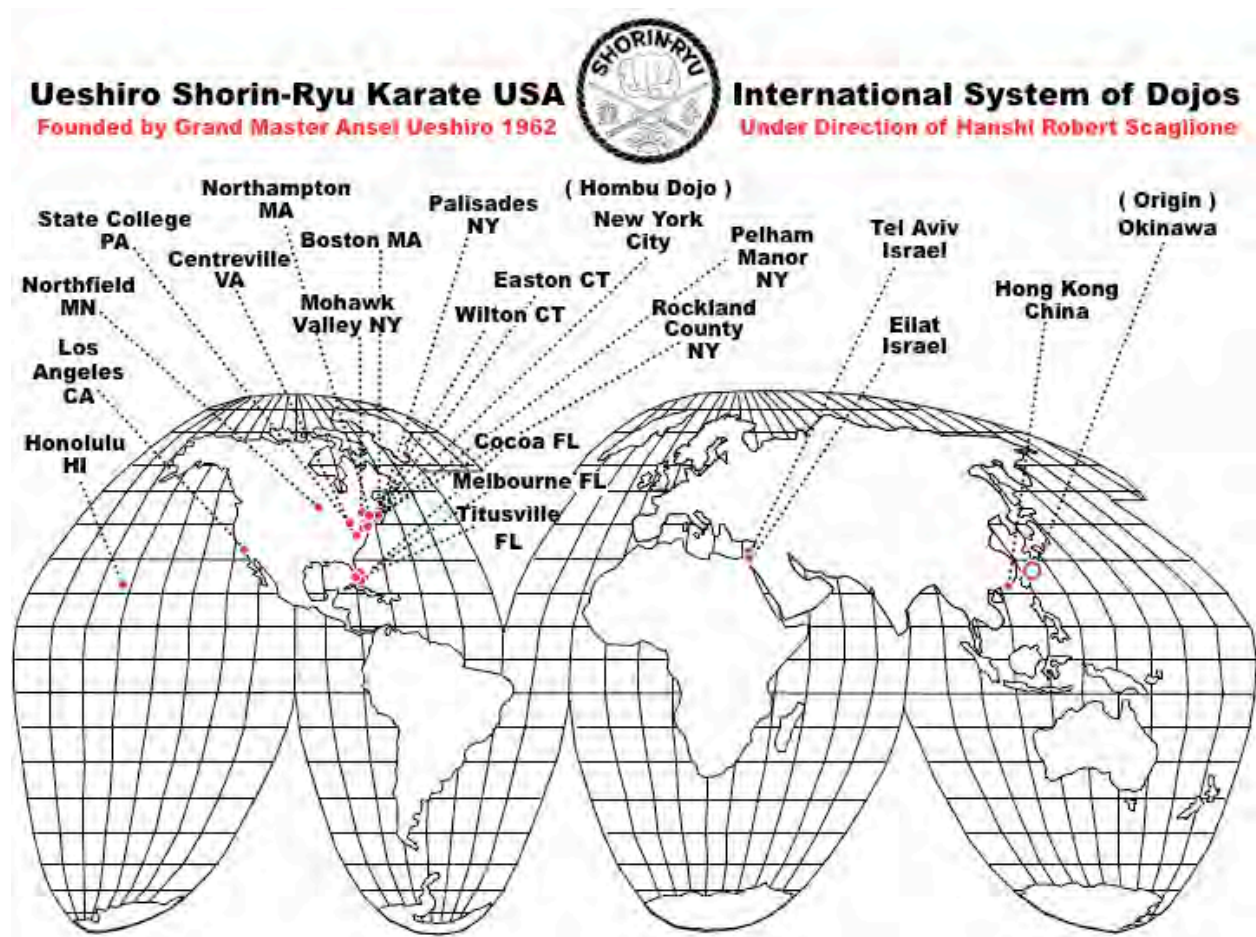
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**Tel Aviv**

**Hertzlia Ueshiro Dojo**

Sensei Nir Zamir, Denshi-Shihan,  
Tel: +011 (972) 9958-4342 (h), +011 (972) 5443-0429 (c),  
12 Tzamarot St., Hertzlia

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## **Ueshiro Bushi Dojo**

### **Greetings USRKUSA Family.**

Greetings Hanshi and All of Our Ueshiro Shorin Ryu Family!

Everything is great at The Bushi Dojo. We train regularly on Wednesday and Friday evenings, at 6:30 p.m. and all are invited. Update: The Bushi Dojo student Natalie Farrey is relocating to Brooklyn, New York in November, so The Golden State's loss will be The Empire State's gain as Natalie epitomizes the tenets of this art with her infinite courtesy, focus, and warrior spirit. We are proud that she will represent The Bushi Dojo in the city where Ueshiro Shorin Ryu Karate USA was born and we are all very fortunate to have so many great schools in the NY area. Congratulations to Sensei Reymond. We look forward to training on Chambers Street.

Sincerely,  
Barnes Sensei and Sensei Pell

Barnes Sensei  
Shihan Bushi Dojo  
Denshi/Ro-Kyu Dan

Sensei Pell  
Bushi Dojo Co-Shihan



**Easton  
Connecticut  
Ueshiro  
Shorin-Ryu  
Karate Club**

Onegai shimasu Hanshi,

The Easton CT, Ueshiro Shorin Ryu karate club produced its first black belt, Frank Mowka, who tested successfully for Shodan at the Northampton test.

Kyoshi Mackay generously allowed the Easton club to be the caretaker of several important items from the old Midtown Dojo location. In particular, the large sign of the roped fist now hangs over our deck. It brings back many, many fond memories. We look forward to passing it on to a young school some day.

Domo Arigato Gozaimasu,

Adam Dunsby, Shihan  
Easton Connecticut Ueshiro Shorin-Ryu Karate Club





**Wilton  
Connecticut  
Ueshiro  
Shorin-Ryu  
Karate Club**

Onegai-shimasu Hanshi, Kyoshi, Sensei, Sempai and Deshi,

Our small group continues to train at the Wilton, CT club housed in our company's gym. Our goal is to continue to preserve and ensure the vitality of traditional Okinawan karate-do with our morning, pre-work classes. Although we are a small club, our spirit certainly out-sizes our numbers. We wish all of our karateka brethren the best of training! See you on the deck!

Domo arigato,  
Keith Eng

<u>Class</u> <u>Schedule</u>	
Monday	7:30 AM
Wednesday	7:30 AM



## **Ueshiro Cocoa Dojo**

Onegai – Shimasu Hanshi, Kyoshi, Sensei and SRKUSA Deshi,

Ueshiro Cocoa Shorin-Ryu Karate Dojo continues to hold four classes each week including the recently initiated advanced (green belt and above) Friday evening class. The emphasis of the Friday class is advanced kata instruction, where the Deshi in attendance train in Pinan and Niahanchi kata according to their rank. The typical Friday evening class attendance ranges from 5 to 8 students. Many new Deshi have enrolled during the last 6 months and the typical (Monday/Wednesday/Saturday) class attendance varies between 10 and 25 Students. The Ueshiro Cocoa Dojo schedule remains as follows:

Monday and Wednesday – 7:00 PM to 8:30 PM (All ranks – adults and children)

Friday – 6:00 PM to 7:00 PM (Yon Kyu and above – adults and children)

Saturday – 10:00 AM to 11:00 AM (All ranks – adults and children)

The Cocoa Dojo class location is the YMCA Cocoa Family Center located on the Brevard Community College Campus in Cocoa, Florida.

The Cocoa Dojo hosted a combined Florida Dojo (Viera, Suntree, Titusville and Cocoa Dojos) promotion on August 28 that was conducted by Hanshi Scaglione with assistance from Sensei David Tamir. Three boards of judges were assembled to review and facilitate Deshi testing during the five hour long event. Cocoa Dojo Deshi that were promoted included:

Ro Kyu (1st Green Tip): Stephen Carter, Alyssa Lovett, Robert Johnson, Marco Hernandez, and Maurice Nistorenko

Go Kyu (2nd Green Tip): Amber Workman, Alexander Barnes, Joanna Collazo, Youjian Si, Don Carter, Lee Workman, and Trevor McQuillen

Yellow Belt: Dylan Perea

Yon Kyu (Green Belt): Dakota Flynn

Ni Kyu (Brown Belt): Luke Reed, Matt Reed, Dennis Flynn, and Travis Culp

Ueshiro Cocoa Dojo continues to train young children and adolescents from Ages 7 and older who train in the regularly scheduled classes. Many train with siblings or with parents, and it has been very rewarding to see many of the children progress in both their karate and their lives.

Recently another of the Cocoa Deshi, Dwight Barton, graduated from high school and left for college. His 18th birthday was observed at the Cocoa Dojo with the ceremonial white stripe removal as shown in the photo below. Dwight's parents are observing in the background and some of the young children from the Dojo are also observing. This is a great teaching moment for children to observe and reinforces positive role models. Karate helps children/adolescents develop confidence, discipline and physical stamina and contributes directly to their lifetime success both in the Dojo and at school.

The Ueshiro Cocoa Dojo Dan Level Karateka (Sensei Ron Marchetti, Sempai Carla Eddy, Sempai Pat Marchetti and Sempai DJ Johnson) continue to lead the dojo in instruction of classes, and the recently promoted Ni Kyu Deshi have begun to assist. The Ni Kyu instructors are Sempai Travis Culp, Sempai Matt Reed and Sempai Dennis Flynn. The Cocoa Dojo goal is to provide karate instruction to the Cocoa Deshi as brought to the United States by Grand Master Ansei Ueshiro and as currently taught by Hanshi Scaglione and the Kyoshi of USRKUSA.

Domo Arigato,

Sensei Ron Marchetti



Dwight Barton Celebrates 18<sup>th</sup> Birthday with Ceremonial Removal of White Stripe from his Brown Belt



## **Ueshiro Viera Dojo & Suntree Dojo**

Greetings to All,

The Ueshiro Viera Dojo (located at the Viera Rec Center) and the Ueshiro Suntree Dojo (located at the Suntree YMCA) continue serving Shorin-Ryu Karate classes 7 days a week to the City of Melbourne in Florida. This includes a special introductory karate class one night a week to Brevard Community College (BCC) students at the Melbourne Campus. Sensei Tezel continues to conduct our early 6:00 AM Friday morning class at the Suntree YMCA, in addition to his busy schedule as Shihan of the Titusville Dojo. Recently we have converted the 2-hour Sunday class at the Suntree YMCA to a two-part class; the first hour is for all ranks, while the second hour is for advanced training for Brown Belts and above. Our first two Ik-Kyu[s], Sempai Quirion and Sempai Cupoli, are each conducting one of our weekly classes in preparation for their Shodan testing anticipated in 2011. All these classes are paying off with 29 deshi from Viera/Suntree just promoted in August, including another strong Ik-Kyu -- Sempai Laderwarg.

Our weekly schedule of classes is as follows:

Sundays: Suntree YMCA 11:00-12:00 Noon all ranks, 12:00-1:00 PM Brown Belts and above conducted by Sensei Tamir with frequent appearance by Hanshi Scaglione

Mondays: Suntree YMCA 7:45-9:00 PM conducted by Sempai Quirion

Tuesdays: Viera Rec Center 6:00-7:00 PM conducted by Hanshi Scaglione with frequent support from Sensei Tamir

Wednesdays: Suntree YMCA 7:45-9:00 PM conducted by Sempai Cupoli

Thursdays: Viera Rec Center 6:00-7:00 PM conducted by Hanshi Scaglione  
Melbourne BCC 6:00-7:50 PM conducted by Sensei Tamir

Fridays: Suntree YMCA 6:00-7:00 AM conducted by Sensei Tezel  
Suntree YMCA 4:00-5:30 PM conducted by Sensei Tamir

Saturdays: Viera Rec Center 10:00-11:00 AM conducted by Hanshi Scaglione

You are welcome to visit and train with us anytime.  
I have a guest room at my home waiting for you.

Domo Arigato Gozaimasu  
Tamir Sensei, Denshi-Shihan, Ueshiro Suntree Karate Dojo  
Hanshi Scaglione, Shihan, Ueshiro Viera Karate Club



## **Ueshiro Titusville Shorin-Ryu Karate Dojo**

Onegai-Shimasu Hanshi, Kyoshi, Sensei and all Deshi,

The Ueshiro Titusville Shorin-Ryu Karate Dojo had another busy six months. A tip test was conducted April 12 with eight deshi being awarded new rank. Two weeks later we held our annual katathon led by Sempai Trevor Tezel. The spirit of Master Ueshiro was alive and well as everyone present completed at least 100 kata (see photo above). A full deck was on hand as we held a tip test on June 23. Particularly impressive was the high level demonstrated by all those that didn't test but showed great support. July was a big month in our school, as we removed the stained and moldy commercial grade carpet and installed a brand new wood deck. Although the Y paid for the flooring it would not have been possible without the efforts of our students who dedicated a full day and a half to this large undertaking. August 28 was a banner day for the Florida Ueshiro Shorin-ryu family as 60 students were tested over four and a half hours in a combined test and workout. Twelve Titusville students were put up for and received a promotion. We enjoyed great Labor Day weather as we had a combined beach work out lead by Sensei Tamir Shihan of the Suntree Dojo and myself (see photo below). Classes are held Mondays @ 6pm led by Sensei Tezel, Wednesdays @ 6pm led by Sempai Carla Eddy and Sundays @ 1pm led by Sempai Trevor Tezel.

Domo Arigato Gozaimasu,  
Sensei Kurt Tezel, Shihan





## **Ueshiro Hawaii Karate Dojo**

Aloha Hanshi, Kyoshi(s), Sensei(s), and All Deshi.

Its amazing how we have all just blinked our eyes and 2010 has already entered into the last quarter of the year. We continue to add more classes and training under our belts.

This past August we welcomed our newest members to the Ueshiro Hawaii Karate Dojo, Scott Nishimoto and Richard De Sa.

We all continue to move forward and spread the word about Ueshiro Shorin Ryu Karate USA.

You are all welcome to train if you visit the islands. Please feel free to contact us anytime.

Ueshiro Hawaii Karate Dojo  
725 Kapiolani Boulevard Suite 101  
Honolulu, Hawaii 96813

email: [uhkdojo@aol.com](mailto:uhkdojo@aol.com) or [info@uhkdojo.com](mailto:info@uhkdojo.com)  
website: [www.uhkdojo.com](http://www.uhkdojo.com)  
phone: 808-375-6688

We look forward to finishing the 2010 year strong!  
GO Hawaii 50!

Domo Arigato,  
Sensei Lorenzo Aguon (Yon-Dan), Shihan  
Ueshiro Hawaii Karate Dojo





## **Boston Chinatown Ueshiro Shorin-Ryu Karate Club**

Onegai-shimasu Hanshi, Kyoshi, Sensei and fellow Deshi.

We are moving forward. We continue to train at the Wang YMCA of Chinatown, 8 Oak Street West, Boston MA. Classes are on Monday and Wednesday nights at 7:30 pm and Sundays at 12:30 pm. The YMCA is near downtown Boston.

We were greatly honored to have Hanshi visit us in April, in the week of Grandmaster Ueshiro's birthday. We received sugar from Hanshi on everything from sitting seiza through yakusoku kumite, covering stretching, basics and kata in between. We will not soon forget Hanshi's visit and will work to implement all of Hanshi's corrections as we ... Keep Training.

Domo arigato gozaimasu to Hanshi.

Domo argiato gozaimasu as well to our visitors from Northampton, Sensei Gobillot and Mr. and Mrs. Parsons who joined us to train with Hanshi.

We are honored by every visitor. If you may be able to train with us, please let me know.

Domo arigato gozaimasu to all,  
Emiliano Mazlen  
San-Dan  
(617) 879-9928  
emazlen@hotmail.com



## Northampton Ueshiro Karate Dojo

Onegai shimasu Hanshi, Kyoshi, Sensei, Sempai and all Deshi!

An all-rank workout and black belt promotion was held at Northampton Ueshiro Pine Forest Karate Dojo on Saturday 17 April 2010. Hanshi Scaglione presided over a very high level workout, attended by all levels from tip-less white belts through the highest-ranking black belts. We are still processing all the information and deep thoughts that emerged during this event. In the afternoon, Kyoshi Mackay conducted the test. The following deshi tested and were promoted:

Shodan:

Jonah Markowicz (youth designation) VA  
Frank Mowka CT  
Sergio Flores NY  
Tracy Magdalene MA  
Thomas Marcus MA

Nidan:

Hend Elsayed NY  
Nancy Owen MA

Congratulations to all who tested. Thank-you to all who traveled from other dojo to support those testing. We especially thank Hanshi Scaglione for his tireless efforts on behalf of the entire Shorin-ryu USA family, and the board of judges: Kyoshi Mackay, Sensei Sal Scaglione and Sensei Chris Barnes, for their generosity, wisdom and inscrutability. It is always our profound pleasure to welcome you to Northampton; our doors are always open to you.







17 April 2010 at Northampton Ueshiro Pine Forest Karate Dojo - photo by Mary McKittrick



17 April 2010 at Northampton Ueshiro Pine Forest Karate Dojo - photo by Mary McKittrick

**For more photos, see our Gallery at [www.pineforestkarate.com](http://www.pineforestkarate.com)**

On **26 May 2010**, the Bement School Karate Club of Deerfield, MA held their rank promotion test at the Northampton dojo. We were honored to receive a visit from Kyoshi Mackay, who generously gave his time to travel up here to conduct the test. We extend our heartfelt thanks to him.

The following students tested and were promoted:

Ro-kyu:

Sam Rosenberry  
Lauren Downes  
Mark Vranos

Go-kyu:

Juliana Lamb

Yon-kyu:

Grace Williams



Congratulations to all!

Congratulations to Robert St George, promoted to ro-kyu on **7 April 2010** and to go-kyu on **Wednesday 9 June**. Keep training hard!

Deshi gathered at Woodstar Café in Northampton on **25 July 2010** to bid farewell to go-kyu Jim Barlocher and yon-kyu Daniela Andrade, who have now moved to Albany, NY to begin graduate studies. Best of luck to you both - we miss you!

Congratulations to Jim Robinson, who was promoted to ro-kyu on **Monday 23 August 2010**. Keep training hard!

On **Sunday 12 September**, Sensei Jean Gobillot travelled to New York City for the annual 9/11 memorial workout in Central Park, conducted by Kyoshi Mackay and Sensei Lott. Domo arigato Sensei for representing Northampton at this important event.

**We have a Facebook Page! Please join us there:**

<http://www.facebook.com/pages/Northampton-Ueshiro-Pine-Forest-Karate-Dojo/116176125073728?ref=ts>

Domo arigato gozaimasu Hanshi, Kyoshi, Sensei, Sempai, and all fellow Deshi for your motivating spirit, for continuing to support all of us in our training and helping us to move forward in the martial way.

Respectfully submitted,

Mary McKitrick, Ni-Dan

Northampton Ueshiro Pine Forest Karate Dojo, Northampton, MA

[www.pineforestkarate.com](http://www.pineforestkarate.com)



## **Ueshiro Northfield Shorin-Ryu Karate Club of Minnesota**

Onegai-shimasu Hanshi, Kyoshi, Sensei, Sempai, and all Deshi!

Ueshiro SRKUSA in Minnesota has had a wonderful year. Our two organizations, the Northfield Community Club and the Carleton College Karate Club, have made deeper inroads into the community and into the college student body.

We are trying to make our Community Club more family oriented. We recently welcomed several parent-child and grandparent-grandchild pairs to our training group. We hope to organize several community building events in the future. One of our most significant events in the past year was an end-of-school year beach workout and picnic at an area lake. The College Club is seeing ever larger enrollments. This fall, the karate PE class on campus had a maximum enrollment of 25 students, with seven students returning from last year.

Community Club hours are Monday and Wednesday evenings. College Club hours are Monday and Thursday evenings. Both Clubs hold a joint training session on Saturday afternoons.

Congratulations to the following students that tested and received the next rank:

Kana Suzuki – Ro-kyu  
Jacob Alcorn – Go-kyu  
Liz Evison – Go-kyu  
Peter Hollocher – Go-kyu  
Robin Reich – Go-kyu  
Narula Bilik – Yon-kyu  
Lief Esbenshade – Yon-kyu  
Maddi Hince – Yon-kyu  
Nesi Nelson – Yon-kyu  
Julia Yang – Yon-kyu  
Steve Hatle – Ni-kyu

Our club welcomes its first Ni-kyu, Steve Hatle, who will be taking on supportive teaching responsibilities over the coming year. We thank Carleton Karate Club officers Lief Esbenshade

(president), Kellianne Bennet (vice president), and Nesi Nelson (treasurer), for their strong support and commitment.

We all look forward to visiting our sister and brother dojos around the country, and our Minnesota club invites all deshi worldwide to come visit and train with us in the “land of 10,000 lakes.”

Please enjoy these photos from our most recent testing:  
<http://www.flickr.com/photos/48070076@N08/sets/72157624876451539>

Domo arigato gozaimasu,  
Bob Dobrow, Ni-Dan  
Shihan, Ueshiro Northfield SRKUSA of Minnesota





## **Hombu Dojo Headquarters Ueshiro Midtown Karate Dojo at St. Barts**

### **Welcome**

Onegai shimasu, Hanshi, fellow Shihan and world-wide members of Ueshiro Shorin-Ryu Karate, USA.

"Domo arigato Hanshi!" for an exciting, fast-paced six months highlighted by challenging training and a wealth of top caliber instruction. It has also been a time of building bridges between the various dojo and clubs via our Friday telephone conferences. The range of experiences from each Shihan on how to spread Ueshiro Shorin-Ryu USA is a great resource, and the Hombu Dojo will do its best to steal – I mean incorporate - the best ideas from each of you before the next newsletter is published.

Below is a recap of some of the major events enjoyed by the Hombu Dojo during the past half year. Many of these have become traditions in their own right. Others were fleeting opportunities that just appeared and were pounced on (in keeping with the Year of the Tiger). Between the lines are many untold stories of students just showing up for their regular classes, quietly yet relentlessly training for hours, moving forward towards healthier and happier lives. Domo arigato gozaimasu to each of you for your commitment to the path.

### **Third Annual Weapons Workshop**

The Hombu Dojo kicked off our spring training with the annual Weapons Workshop in the gymnasium of the St. Bart's Athletic Center on March 21. Kyoshi David Baker, Sensei Kevin Reymond and Sensei Steve Lott presided over the sai and nunchuka groups while Kyoshi Mackay led the bo students. Much emphasis was placed on implementing Hanshi's core concepts: getting the weapon to "whistle," making the strikes big, and learning to control the weapon before, during and after the hit. Although much of the training focused on mastering the weapons' basics, each group ended the seminar with a strong performance of kata. Domo arigato gozaimasu to Sensei Reymond for his initiative in making this event possible, and to all the black and brown belts for attending.

### **Northampton Black Belt Test**

On April 17 students from the Midtown Dojo joined representatives from Boston, Northampton, Virginia, Florida, Connecticut and Santa Monica at the Pine Forest Dojo in Northampton, MA, for eight hours of workouts and black belt testing under the leadership of Hanshi Robert Scaglione.

After exhaustive training, the following Ueshiro Midtown Dojo deshi were tested and promoted in rank:

- Sho-dan - Sergio Flores
- Ni-dan - Hend Elsayed
- Special presentation of Roku-Dan certificate - Sensei Kevin Reymond

Other members of the Ueshiro Midtown Dojo participating in the workouts included Kyoshi David Baker, Sensei(s) Luz DeLucia and Rob Neff, Messrs. John Adams, Ron Ballin and Jon Cohen. Brown belts were represented by Henri Waelbroeck and Gerard Rath. Domo arigato to Hanshi for delivering eight hours of outstanding instruction. Arigato gozaimasu as well to Denshi Shihan Dan Gobillot for hosting the promotion and the incredible show of spirit and hospitality from his entire school.

### **April tip test**

On April 20 we conducted a tip test in honor of Grand Master Ansei Ueshiro's birthday. Congratulations to the following deshi who passed their first promotion on this auspicious date:

Tatum Demann  
Mike Mercer  
Pino Villablanca

Domo arigato to the distinguished board of judges, Sensei(s) Gamiel Ramson, John Bottega and Rob Neff, with assistance provided by Mr. John Adams. We were honored to have representatives attend and perform demonstrations from several nearby clubs. Domo arigato to all deshi - from the new white belts to the most senior black belts - for making the effort to support the test candidates.

### **Katathons in honor of Grand Master Ansei Ueshiro**

During the week of April 19 through 25 many students paid tribute to Grand Master Ueshiro by performing multiple repetitions of kata in honor of his birthday. In several classes there were no corrections, no standing around - just a few sweat-drenched students and instructors proving how much stronger the mind is than the body. These tests of endurance were living testimony of Ueshiro Sensei's endurance in establishing Shorin-Ryu Karate USA in this country 48 years ago.

### **Ueshiro Shorin-Ryu Federal Reserve Bank of NY demo and workout**

On the evening of May 4 a large group of Hombu students traveled down to the Financial District in Lower Manhattan to participate in an open house, workout and tip test at the Ueshiro Shorin-Ryu Federal Reserve Bank of NY Karate Club. Sensei John Bottega led the group through a traditional class while Kyoshi Mackay provided narrative for the assembled guests. After the tip test the remaining students walked down to the statue of George Washington in front of the original City Hall for an unusual photo op. Domo arigato gozaimasu to Sensei Bottega for opening this outpost in the oldest part of New York.

## **New Karate Club for Teens**

In June Ms. Hend Elsayed, Ni-Dan, started a summer karate club for teenagers under the auspices of the Islamic Society of Mid-Manhattan. The group trained regularly at the 5:30 Friday class, co-conducted by Mr. Ron Ballin. Congratulations to Ms. Elsayed for her leadership and determination in bringing Shorin-Ryu to these youths.

## **Karate classes offered through the St. Bart's Summer Camp**

During the summer the dojo hosted karate classes for children via the St. Barts Summer Camp. Two sets of classes were held Monday through Friday led by Sensei Rob Neff with Victoria Baughman assisting. On August 11 Sensei Neff and Ms. Baughman hosted a summer-end exhibition for the parents and staff of the Summer Camp. The event was extremely well attended. Domo arigato to Sensei(s) Richard Vachino and Kristen Dominger, as well as Mike Mercer, for showing up in gi and serving as role models for the large group of children.

## **Public karate exhibition at The Village at 46 & Tenth**

Ik-kyu Candace Morgan organized a karate demonstration for June 12 as part of a community-wide celebration for artist Jimmy Mirikitani, a survivor of WWII internment camps and Hiroshima. Mirikitani San's remarkable story may be seen in the documentary, "The Cats of Mirikitani." Domo arigato to those who traveled to the senior citizen living center and participated in a most memorable multicultural event:

John Adams  
Ron Ballin  
Candace Morgan  
Gerard Rath  
Victoria Baughman  
Hannah Mackay  
Emmanuel Tabones  
Mike Mercer

## **June tip test**

The June tip test was held on Tuesday, June 15 at the St. Barts Athletic Center.

## Testing for Ro-Kyu

Deana Saiken  
Grant Cooper  
Tim Whitney

## Testing for Go-Kyu

Wilson Perez (Ueshiro High School for Leadership & Public Service Karate Club)  
Javier Sanchez  
Mike Mercer  
Alden Rothe



Congratulations to the candidates on their strong showing both individually and as a group. Domo arigato gozaimasu to the friends, family and fellow students who came down to train and lend their support. Every student present who did not test served as an inspiration to those who did.

### **20 Minute Workouts**

To supplement our training off the deck, the Hombu Dojo black belts contributed their ideas for the "perfect" 20 minute workout. Although 20 minutes is in no way sufficient for keeping up our training, the results have been published at [midtownkaratedojo.com](http://midtownkaratedojo.com) news for those with an *extra* 20 minutes to spare. Domo arigato gozaimasu to the black belts for sharing their experience and creativity in making the most of a limited block of time.

### **Brown Belt Class reinstated – July 8**

The Hombu Dojo reinstated its Brown Belt Only class as of July 8. The classes are held on the second Thursday of each month at 5:30 pm. Brown Belts system-wide are encouraged to attend. The instructors are high-ranking black belts that rotate from month to month. Although these classes are not "mandatory," they should not be missed. Many senior black belts in USRKUSA look back on their brown belt classes as the training ground that prepared them for the next level.

### **Sherwood Island Beach Workout**

On July 18, a large contingent of black belts and kyu ranks assembled early in the morning at Sherwood Is. State Park for our annual beach workout. This traditional event is intended to strengthen our roots to Okinawa's martial arts history. Domo arigato to all ranks who endured blistering sand, razor-sharp shells, highly energized black belt leaders, and the occasional beach-comber. Even without the infrequent water breaks, every student gave 110%. Domo arigato gozaimasu to Ali Chan for using her artistic talents to photograph the event.

After four hours of endurance training (and an hour of informal training on a newly-discovered sand bar), the group adjourned to the home of Sensei Adam Dunsby for a pool party and barbeque. Domo arigato gozaimasu to Sensei Dunsby, his family and the students of the Easton Ct. Karate Club for their gracious hospitality. The picnic ended on a nostalgic note as participants sorted through memorabilia from the old Lexington Ave. Dojo, stored patiently by Sensei Lott since 2006. Many a seasoned bo, sai, book or photograph found new life as it was taken home by an appreciative student.

### **August tip test**

Our final tip test of the summer was held on Tuesday, Aug. 10. Congratulations to those who tested, especially for surviving the workout beforehand.

### **Promoted to Yon-kyu (one green tip)**

Ahmed Nasser  
Jack McKeane  
Michael Davidov



Promoted to Go-kyu (two green tips)

Plinto Villablanca  
Tim Whitney

Domo arigato gozaimasu to the board of judges and the deshi who came down to lend their spirit (and sweat!) to the occasion.

**Full belt promotion – August 2010**

After weeks of preparation, the Hombu Dojo held its semi-annual test on Sunday, Aug. 15 at the St. Barts Gymnasium. The following deshi were promoted in rank:

Yon-kyu (green belt)

Neil Nemoto  
Eddie Yuresko  
Javier Sanchez  
Solomon Ayub



San-kyu (brown tips)

Art Forni (Ueshiro Easton Ct. Karate Club)  
Heidi Tallentire  
Lawrence Saikin  
Victoria Baughman  
Vinay Mahajan

Ni-kyu (brown belt)

Gemini Watanabe (Ueshiro To-Te Karate Club)  
Collin Tennyson (Ueshiro To-Te Karate Club)  
Robert Bandel

Domo arigato gozaimasu to the sixteen black belts who assisted in numerous ways and gave the kyu ranks a vivid picture of Ueshiro Shorin-Ryu Karate at its best. After the ceremonies (and a barrage of historical questions to the candidates), those just promoted were encouraged to embrace both the privileges and responsibilities that come with a new rank. Those who did not test were encouraged to embrace both the privileges and responsibilities of holding their current rank. Domo arigato gozaimasu, Hanshi, for creating the opportunities for us to follow in Grand Master Ansei Ueshiro's footsteps.

**Sept. 11 Memorial Workout**

On Sunday, September 12, representatives from six Ueshiro Shorin-Ryu USA schools and clubs met in Central Park to commemorate the ninth anniversary of the 9/11 attacks. Under the direction of Sensei Steve Lott and Kyoshi Mackay, the group reviewed basics and kata for nearly four hours. Domo arigato gozaimasu to all who attended (despite some confusing directions) and paid tribute to those lost on September 11, 2001. Special guests at the workout included:

John Bottega, Federal Reserve Bank of NY Karate Club  
Jean Gobillot, Northampton Karate Dojo  
Carla Eddy, Cocoa Shorin-Ryu Karate Dojo  
Frank Mowka, Easton CT Karate Club  
Henri Waelbroeck, Pine Forest Karate Club  
Art Forni, Easton CT Karate Club  
Ash Venkatraman, Federal Reserve Bank of NY Karate Club

Domo arigato to the intrepid Hombu Dojo students who joined our guests for the training. After the workout the group adjourned to the home of Mr. John Draghi, sho-dan, for a spectacular compai. Domo arigato gozaimasu to Mr. Draghi and family for opening their beautiful home to a corp of grass-stained, mud-splattered warriors. Domo arigato gozaimasu, Grand Master Ueshiro and Hanshi Robert Scaglione, for upholding the traditions of Shorin-Ryu USA, and thereby making us stronger citizens.



### **48<sup>th</sup> Anniversary Workout with Hanshi at Hombu Dojo**

The high point of the past six months was Hanshi's recent Advanced Training Seminar. The spirited workout was held on Sept. 25 at the St. Barts Gymnasium to commemorate the 48th Anniversary of Grand Master Ueshiro's arrival in the United States. The class was attended by over 50 students from dojo throughout the North East. Assisting Hanshi were Kyoshi(s) Baker, Seeger, Kaplan and Mackay, as well as a large contingent of black belts. Hanshi emphasized repeatedly the importance of practicing correct technique and timing in every aspect of our training, i.e., not just in our basics and kata but in our warm-ups, bunkai, stretching and sitting seiza. Domo arigato gozaimasu to Sensei Steve Lott for recording Hanshi's key corrections and sharing them with the USRKUSA community. The two hour workout concluded with Hanshi presenting black belt certificates to Sensei Lott (promoted to Roku-Dan) and Sensei Larry Link (promoted to Yon-Dan) based on their reviews last December.

Photographs of these and many other events are available for your enjoyment in the gallery section of our [website](#).

### **An invitation**

All Deshi world wide are cordially invited to train in our humble dojo in the heart of Manhattan. You are particularly invited to take advantage of our specialty classes:

- Black Belt only class – First Thursday of each month from 5:30 to 8:45 pm

- Brown Belt and above class – Second Thursday of each month starting at 5:30 pm
- Green Belt emphasis class - Usually held on the Third Wednesday of each month from 5:30 to 7:00 pm

Or any of the other classes available seven days a week:

**Class schedule**

Mon	Tue	Wed	Thu	Fri	Sat	Sun
--	7:45 – 8:30am	--	7:45 – 8:30am	7:45 – 8:30am	10:45 – 11:45am	11:00 am - 12:00 noon
12:00 – 1:00pm		12:00 – 1:00pm	1:15 - 2:00pm	10:30 - 11:30am	12:00 – 1:00pm	
5:30 – 7:00pm	5:30 – 7:00pm	5:30 – 7:00pm**	5:30 – 7:00pm*	5:30 – 7:00pm	--	
--	7:15 – 8:45pm				--	

- \* Black belt class – first Thursday of each month.
- Brown belt class – second Thursday of each month.
- \*\* Green belt emphasis – third Wednesday of each month

Domo arigato gozaimasu to all the Black Belts and assistant instructors for juggling work, karate and family to keep these classes going. (A special congratulations to the many deshi who celebrated parenthood as an added privilege/responsibility over the past six months!) And domo arigato to the students who make up the loyal following for each instructor. You are why we are here.

None of this would be possible, of course, without the unswerving dedication and hours of work from Hanshi Robert Scaglione. Please accept our humble gratitude for the priceless gift of Ueshiro Shorin-Ryu you have bestowed on us.

Domo arigato gozaimasu, Hanshi,

Kyoshi Michael Mackay  
 Hachi-Dan, Ueshiro Midtown Karate Dojo  
[www.MidtownKarateDojo.com](http://www.MidtownKarateDojo.com)





## **The High School for Leadership & Public Service Karate Club**

Onegai Shimasu Hanshi, Kyoshi, Sensei, and fellow deshi,

This summer I initiated a series of karate class at St. Barts Summer Camp for children ages 5 - 14. The traditional Shorin-Ryu Karate USA classes, as passed down from Master Ueshiro, were held in two sessions during the afternoons five days a week. Victoria Baughman, San-Kyu, served as assistant instructor. The children were true warriors embracing vigorous workouts for the seven weeks. It was a wonderful experience working with so many students with beginner's mind. On August 11 Kyoshi Mackay conducted a culmination class, demonstration and celebration with a large group of parent spectators.

I would like to thank all the people at the St. Barts Camp for agreeing to join forces and bring the Art of Shorin-Ryu to so many young bodies and minds. Most especially, I would like to thank Kyoshi Mackay who made this venture possible by letting us use the dojo space during summer camp.



Due to popular demand, I have started a children's class for the fall to be held on Tuesdays from 4:15 – 5:15. As always, "moving forward."

Domo Arigato Gozaimasu,  
Sensei Neff  
San-Dan, Ueshiro Midtown Karate Dojo  
The High School for Leadership & Public Service Ueshiro Karate Club



## **Ueshiro Shorin-Ryu Federal Reserve Bank of NY Karate Club**



Onegai Shimasu Hanshi, Kyoshi, Sensei, Senpai and fellow deshi.

How quickly time flies - Ueshiro Shorin-Ryu Federal Reserve Bank of New York Karate Club celebrated its 1-year anniversary!

It has been a very busy six months since our last newsletter. In May, USR-FRBNY Karate Club hosted an open house at the FedNY Headquarters where deshi from around the NYC area attended, to train with the Fed Club students and be part of the clubs first tip test held at this facility.

With Kyoshi Mackay and Sensei Reymond leading the workout, the group trained basic techniques, kata and performed weapons demonstration.

At the conclusion of the workout, the tip-test was conducted, with Arun Nachimuthu, Jenny Eng, Mary Tao and Michael Newman receiving their first green tip and Ash Venkatraman successfully achieved Go-Kyu, second green tip.

The club is looking forward to continued training and preparation for future advancements!

With Joy and vigor!  
Domo Arigato Gozaimasu,  
Sensei John Bottega



## **Ueshiro Downtown Manhattan Shorin-Ryu Karate Dojo**

Fellow Deshi, Sensei, Kyoshi and Hanshi

On October 4 , 2010 the Downtown Ueshiro Shorin Ryu Karate Dojo will open under the direction of Sensei Kevin Reymond. Classes will be held at Tribeca Health & Fitness at 107 Chambers Street, New York, New York. The class schedule will initially be as follows

Monday	6:00 - 7:00pm
Wednesday	7:15 - 8:15 am
Thursday	6:00 - 7:30 pm

I look foward to everyone visiting and training with me at this new location. I am excited about the opportunity of introducing Shorin Ryu Karate to downtown Manhattan and working closely with Sensei John Bottega's dojo at the Federal Reserve and Kyoshi Mackay at Midtown. I would like to thank Hanshi, Kyoshi Baker, Kyoshi Seeger, Kyoshi Mackay and Kyoshi Kaplan for their support in this effort.

Arigato  
Sensei Reymond



## **Ueshiro Pine Forest Karate School Palisades NY**

I am very proud of all of you and I am looking forward to training with all the Black Belts in December. Thank you Hanshi and from all of us we wish you a very Happy Birthday!

**Kyoshi Seeger**



### **Bracken Sensei, Yon Dan**

Since my first class right after graduating from college; I remember Kyoshi Seeger immediately recruiting me and having me on the deck learning Fukyugata Ichi twenty years ago. It has been

a great experience and I look forward to the next twenty years of training. This has been made possible because of Grandmaster Ansei Ueshiro and Hanshi Scaglione to which I am very grateful.

Respectfully,  
Bracken Sensei

### **Potter Sensei, Yon Dan**

So the journey continues. The start began at Person To Person Karate, the "old" Third Avenue Dojo. The journey continues today at Ueshiro Pine Forest Karate School. Under the auspices of Grand Master Ansei Ueshiro the start of my journey was made possible. My heartfelt thanks to Master Ueshiro. The driving force of my journey and for so many others can only be given to one person - Hanshi Scaglione. Hanshi.....Thank-you for your continued friendship and encouragement throughout these many years. Finally, there is the present journey. Today that journey is shared with Kyoshi Seeger. The path of this journey is well lighted and the term "martial art" resonates with a deeper understanding of our Shorin-Ryu style "martial art" karate. Few of us share this journey with Kyoshi Seeger. I am privileged to be one of the few that does. Thank-you Kyoshi Seeger for this present journey and for allowing me the opportunity to share with you this path for the next many, many years.

Onegai-Shimasu Hanshi, Kyoshi and Sensei,  
Potter Sensei

### **Lax Sensei, San Dan**

I began my training at the midtown Karate Dojo under the direction of Kyoshi Baker. Thank you Kyoshi Baker for your directions, training, and starting me on my path to a rich and rewarding life with Shorin-Ryu Karate. As I persevered, trained and moved up in rank to Ni Kyu, I began to train under the guidance of Kyoshi Mackey. I would like to thank and honor Kyoshi Mackey for years of his tutelage and lifting me up the ranks through Ni-Dan. When Kyoshi Mackey became Shihan of the new Ueshiro Midtown Karate Dojo, I followed my Sensei up the block to 50th street assisted in the move and I continue to follow his teachings today. As changes and challenges were brought upon me and my family and we moved from NYC to suburbia, I have the distinct honor and privilege to train with Kyoshi Seeger which I continue today. Thank you Kyoshi Seeger for your guidance and teachings and having all of us at the Pine Forest Karate school follow your path. You keep pushing us further in the realms of Kata, bunkai and pre-arranged and offer us the exploration of understanding the techniques and its purpose. You have us think of the hidden strategy and tactics implicit within each Kata. I look forward for many years of training with you. I would like to thank Hanshi Scaglione for his leadership and training through all my years as a deshi and look forward to his continuous instructions and helping me with my lifetime marathon of Karate. However, all of this would not be made possible without Grand Master Ansei Ueshiro making his journey to propagate the art of Shorin-Ryu Karate. Domo Arigato Master Ueshiro, to whom I am so grateful.

Respectfully  
Lax Sensei

### **Ueshiro Pine Forest Karate School Palisades New York**

#### **BUNKAI - BREAKING & BRUNCH**

**The Pinan Katas - Sunday Nov. 7 at 10am**

Ni-kyu and up. RSVP to: [motobu@aol.com](mailto:motobu@aol.com)

\$20 includes; No less than 10 boards and Brunch.

Free brick if you RSVP by Oct 24.

Break Boards with Open Hand Chest Block or full refund.





## **To-te Ueshiro Karate Dojo**

Onegai-Shimasu Hanshi, Kyoshi, Shihan, Sensei & Deshi:

The "To-Te Ueshiro Karate Club" is moving forward in Rockland County, Nyack, NY.

I would like to announce and congratulate the following deshi that showed great spirit all year and tested this past August 2010 and promoted to the following NEW ranks:

Mike Santoro - Go-Kyu  
Blue Calvo - Ni-Kyu  
Gemini Watanabe - Ni-Kyu  
Colin Tennyson - Ni-Kyu  
Steve Martinez - Ni-Kyu

All are welcome to come up and train with us. We have 6 weekly classes and look forward to having you help us break in our NEW deck.

Thank you Hanshi for your endless leadership on and off the deck.

Respectfully,

Powell Sensei

to-te ueshiro karate club, nyack, ny

"..the art of 'te (karate) is a never ending quest for perfection... of developing the spirit & body to defeat your opponent... (ones self)."



## **Ueshiro Okinawan Karate Family Club State College PA**

Greetings from the Ueshiro Okinawan Karate Family Club in State College, PA.

We have several things to report, including a change of location, an expansion of our student base, student promotions, and our new action committees.

We moved several months ago, from the Mount Nittany Institute of Natural Health to the Windmere Hall (Independent Order of Odd Fellows) building for Sunday classes and a yoga studio in Downtown State College for Thursday night classes. It turns out that this move has been good for our club. With a larger space, we have been able to sign up another 5-6 families, and this put all sorts of additional energy on the deck.

Our August test was also action packed. We now have 15 new students at the rank of Ro-kyu (1 green tip), 1 more student reaching Go-kyu (2 green tips), and 3 who have recently attained the rank of Yon-kyu (green belt). [See photo for a dojo photo at this test.]

We also set up a series of committees as part of our larger effort to harness and utilize student talents to strengthen our karate club, both on and off the deck. Our new committees and committee members are as follows:

- Photography
  - Bu Zhong
  - Delali Agawu
  - Kevin Liang (graphic arts)
- KIKS (Kids Improving in Karate Skills)
  - Barb Schaefer
  - Dana Mitra
  - Kyoshi Kaplan
  - Sensei Robert Neff (High School for Leadership & Public Service Karate Club in NYC)
- Special training/workouts/events
  - Anne Burgevin
  - Angel Zheng
  - Zhander Zheng
  - Ben Kaplan
- Wakai Senshi (Young Warriors)
  - Noah Kaplan

- Barb Schaefer
- Kids Karate Camp – Summer 2011, planning committee
  - Todd Litzinger
  - Kyoshi Kaplan

We are always happy to welcome USRKUSA members. For more information about our club, see: [http://www.shorinryu.com/Flyer\\_state\\_college\\_dojo~2.pdf](http://www.shorinryu.com/Flyer_state_college_dojo~2.pdf).

Best Regards,  
Kyoshi Matt Kaplan, Shihan





## **Ueshiro East Meets West Karate Club of Northern Virginia**

Onegai-shimasu to All,

The Ueshiro Virginia Karate Club continues to move forward as we celebrate our 12th year of Karate in Northern Virginia.

We conducted tip and belt testing on Saturday, August 7th.

Congratulations to the following deshi who are taking the next step along the path:

(2) Green Tips:

-Gordon Leeuwrik

-William Wood

San Kyu:

- Murtaza Rizvi

- Shyahn Frasier

Domo Arigato Grand Master Ansei Ueshiro for bringing this special martial style art to the United States.

Domo Arigato to Hanshi Robert Scaglione for keeping the rich history, and techniques of our style intact, while growing the SRKUSA system to 25 school locations worldwide.

Domo Arigato,

Sensei Joe Knight, Co-Shihan, Ueshiro Virginia Karate Club Centreville VA



## **Ueshiro Hong Kong Karate Club**

Onegai-shimasu Hanshi, Kyoshi, Sensei, Sempai and Deshi,

The Shorin-Ryu family in Hong Kong grew along many dimensions during the past season.

We were fortunate to have a visit from Tamir Sensei for a total of three days of training April 17, 18 and 19. The first evening was a black belt workout, the second day was a large group session for all deshi and the final day focused on generating sweat and maintaining mindfulness. Domo arigato Tamir Sensei for sharing your experiences and karate training with us and domo arigato Hanshi for the wisdom that Tamir Sensei was able to pass on directly from you halfway around the world!

The annual katathon held in Hong Kong to sponsor visits from Hanshi and Kyoshi Kaplan to propagate the art of Shorin-Ryu Karate in Hong Kong was held on May 21 at Cheung Sha Lower Beach on Lantau Island and was attended by deshi from both clubs in Hong Kong. May 21 was also a public holiday in Hong Kong to celebrate Buddha's Birthday and Sensei Lai took the opportunity to share his poignant thoughts on the subject of Buddhism and karate. In addition, we were able to successfully raise more than USD 5,600 in funds through the katathon. Domo arigato to all the sponsors who supported and contributed!

The following deshi received promotions on August 8, 2010:

Patric April promoted to Ik-kyu  
Rayvel Tang promoted to Ik-kyu

Domo arigato to Sensei, Sempai and all deshi that attended and supported the testing!

In addition to welcoming a number of new white belts on the deck during the past few months, we also welcome back Janet Hsiao, Yon-kyu, to regular training after she had deservedly taken a few months off to give birth to a baby boy. We look forward to continued growth of the Shorin-Ryu family in the future led by Hanshi and supported by Kyoshi, Sensei, Sempai and all Deshi.

Domo Arigato Gozaimasu,  
Tytus Michalski, Shodan  
(On behalf of Lai Sensei)  
Ueshiro Hong Kong Karate Club, China



## **Ueshiro Okinawan Karate Club**

Onegaishimasu Hanshi, Kyoshi, Sensei, Sempai and Deshi,

The Ueshiro Okinawan Club of Hong Kong is moving forward with permanent indoor Saturday classes. The new class is from 5pm to 7pm every Saturday at the Tung Chung Sports Centre at 39 Man Tung road. All Shorin Ryu Karate USA deshi are invited to attend.

We also participated with Sensei Lai's club in the annual Katathon at Lower Cheung Sha Beach in May of this year. Big spirit was shown by deshi of both clubs.

Arigato Hanshi, Kyoshi, Sensei, Sempai and Deshi.

Sensei Kleusch, San-dan  
Shihan, Ueshiro Okinawan Karate Club



## **Ueshiro Eilat Dojo Israel**

Onegai-shimasu Hanshi, Kyoshi, Sensei, and Deshi:

I miss all of you.

I want to see you and train with you.

I miss very much the training with the Black Belts all together.

I hope to arrive for a visit in the US soon to learn from you and become stronger.

Also don't forget to come and visit us in Israel.

We have two dojo[s], one in Eilat and one in Herzlia.

The temperature in Eilat is suitable for training at 50 degrees Celsius  
(122 degrees Fahrenheit).

Shana Tova to everyone!

Domo Arigato Gozaimasu,

Sensei Shlomo Dadon, Go Dan  
Denshi-Shihan Ueshiro Eilat Dojo



## **Ueshiro Herzlia Dojo Israel**

Onegai-shimasu Hanshi, Kyoshi, Sensei, and Deshi:

The Herzlia karate group in Israel has been struggling to keep our practice through the Jewish holiday season that unfortunately interrupted our regular schedule. Fortunately, we go back to the regular class schedule (Sunday and Tuesday evenings) starting tomorrow. We are also continuing with the children class for our deshi's families each Sunday, preceding the adult class.

Our prayers are still with our deshi Ms. Sara Langer, who is demonstrating her strong and consistent karate spirit as she fights her way back from a series of strokes several months ago. We extend our collective best wishes for her full and fast recovery to her husband Liron, also our deshi, and their 2 daughters, Danielle (almost 6 years old, who started training karate recently as well) and her young sister Arielle.

We hope to have Shorin Ryu visitors in Israel, to share our deck with.

Domo Arigato Gozaimasu,

Sensei Nir Zamir, Go Dan  
Denshi-Shihan Ueshiro Herzlia Dojo





***Karate News*** is a semi-annual publication produced in turn by volunteering Shihan of the Shorin-Ryu Karate USA Dojo and Clubs. Current and previous issues of ***Karate News*** can be found at our web site [www.shorinryu.com](http://www.shorinryu.com).

This issue was published by Tamir Sensei, Denshi-Shihan of the Ueshiro Suntree Karate Dojo in Melbourne Florida, and edited by Hanshi Robert Scaglione.