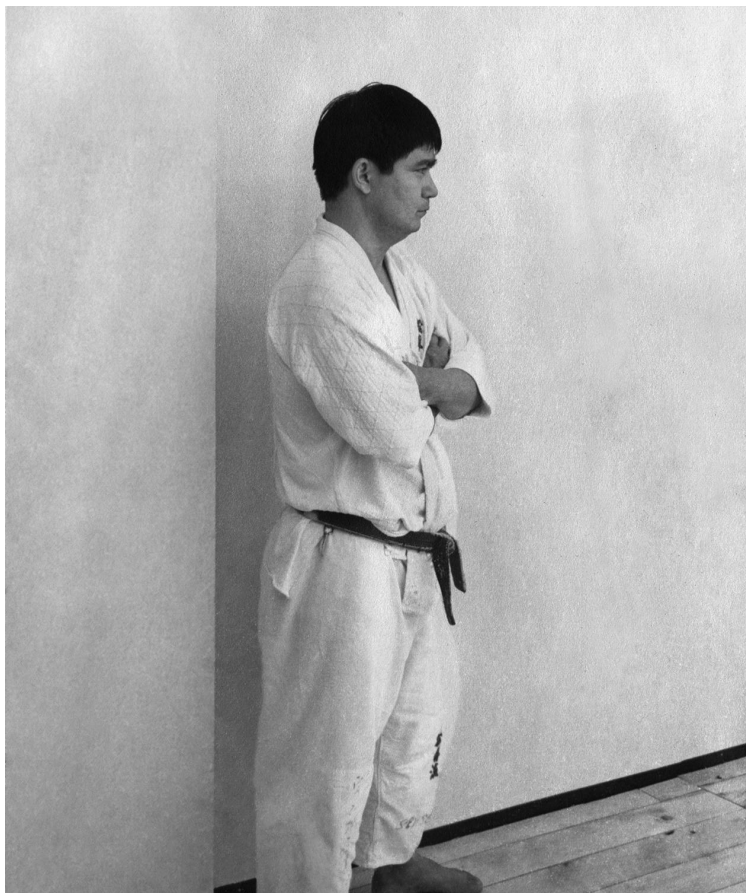


# Fall 2021 Newsletter

## Ueshiro Shorin-Ryu Karate USA

Under the direction of Hanshi Robert Scaglione  
Founded by Grandmaster Ansei Ueshiro



### **Mission Statement:**

To propagate the art of Ueshiro Shorin-Ryu Karate USA, its kata and techniques as handed down by our founder, Grandmaster Ansei Ueshiro. To preserve and protect the history, traditions, methods and integrity of USRKUSA. To develop students to their maximum potential in body, mind and spirit, through courtesy, propriety, self-discipline and the ecstasy of hard work, fostered by our dojo – the sacred training halls – of Ueshiro Shorin-Ryu Karate USA.

## Greetings From Hanshi

Onegai-shimasu, Kyoshi, Shihan, Sensei, Sempai and all USRKUSA Deshi,

To honor the 20th anniversary of the September 11, 2001 terrorist attacks, and the thousands of lives lost during that fateful day, the Florida schools held a combined workout at the Viera Lakeside Pavilion under the direction of Hanshi Robert Scaglione, a retired New York City Police Officer.

Organized by Sensei Carla Eddy of Ueshiro Merritt Island Dojo, the class was held in remembrance of 9/11, in particular the first responders who heeded the call to service. As we trained in our dojo, we embodied “warrior spirit” and reminded ourselves how karate could bring a sense of unity during troubled times. 20 years ago as news of the attacks unfolded, large groups of karateka headed to the various dojo worldwide to work kata and support their brethren, to find a sense of normalcy amid a devastating event.

Hanshi Robert Scaglione told about Master Ueshiro’s love for New York and the United States and how the

day he received U.S. citizenship was the happiest day of his life. Master Ueshiro was deeply saddened by the 9/11 attack. He passed away just eight months after the attack on May 7, 2002.





After the workout on Saturday, September 11, 2021, Hanshi inspired a group of us to visit the World Trade Center Memorial site nearby at the Avenue Viera Mall. The memorial site has remnants of the World Trade Center and was interred at the Avenue Viera on May 27, 2017.

Some students learned something new — they were unaware of the memorial's existence. The group paid their respects to lives lost in the September 11 attacks, laying flowers on a 7-foot-long, steel I-beam from the World Trade Center. This year, the Avenue Viera staked 3,000 mini American flags in the ground at the memorial.

Domo arigato gozaimasu,  
Hanshi Robert Scaglione



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# Ueshiro Midtown Karate

*Kyoshi Michael Mackay, Shihan, Ku-Dan*

## News

Onegai shimasu, Hanshi and Karate-ka of Ueshiro Shorin-Ryu USA,

The Midtown (“Hombu” – Headquarters) Dojo continues its 44 year streak of premier karate training in the heart of New York City. As the St. Bart’s Athletic Center slowly reopens, we’ve taken full advantage of the mild weather these past six months. Central Park continues to be our main workout space with supplemental in-person classes at Dag Hammarskjöld Plaza and virtual classes via Zoom.

## Rank Promotions



August 15 – Central Park, New York. Students advancing in rank:

- Joe Anderson – Ik-Kyu (Midtown)
- Jesse Gao – San-kyu (Downtown)



## Events



Annual Kobudo workout, Rumsey Field, Central Park, April 22. Kyoshi David Baker, Kyoshi Michael Mackay, and Sensei (now “Kyoshi”) Kevin Reymond presiding.





Final Rumsey Field workout before Summer Stage re-opening, May 16.





Karate camp for Midtown-East children, May 19 – June 23.



Memorial Day training - One year-anniversary of in-person classes at Dag Hammarskjöld Plaza, May 31, with Sensei Ron Ballin and Ed Roche.



Training during Tropical Storm Ida at the Bethesda Terrace, September 1.





Florida Workout Weekend and Black Belt Test, July 16 – 19, Hanshi Robert Scaglione presiding.



Beach workout in Maine, August 18, Kyoshi Mackay and Sempai John Draghi.





911 Memorial Workout at “The Falconer of Central Park” statue, September 12, 2021; participants from the Midtown, Easton, Bay Ridge, Pelham Manor and Penn State Dojo.

## Closing

All are welcome to attend our classes in idyllic Central Park or the historic Hammarskjöld Plaza (near the UN). We’re open for business five days a week (schedule below). Domo arigato gozaimasu to Hanshi Robert Scaglione for leading us through these challenging times, and to Grand Master Ansei Ueshiro for inspiring us with his legacy of warrior spirit.

- Kyoshi Michael Mackay

Shihan, Ueshiro Midtown Karate Dojo



# Ueshiro Viera Shorin-Ryu Karate Dojo

*Hanshi Robert Scaglione, Shihan*

## Rank Promotions

August 2021, Ueshiro Viera held Kyu Test Part 1. Promoted to Yon-Kyu:

- Mark Ryan
- Oliver Ryan
- Benjamin Ryan





Part 2 saw the following deshi promoted:

- James Sanders to San-Kyu
- Paige Sanders to Go-Kyu

Board of Judges, Participating Dan and Kyu Members- shown in photo below:





Also, we are proud to announce the promotion of:

- Sensei Youjian Nistorenko- San-Dan
- Sempai Rob Weaver- Ni-Dan
- Justin Thompson-Sho-Dan Ho
- Tara Lee Hunter-Ik-Kyu

## **Closing**

"Keep training!"

Sincerely,

-Hanshi

Classes Tu & Th 5:30pm Sat 10am

Viera Rec Center

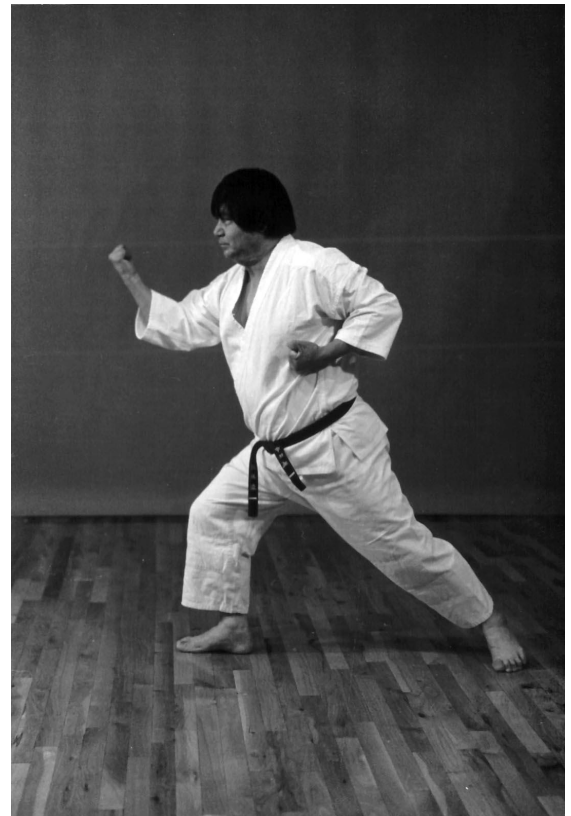
# Pine Forest Karate School

*Kyoshi David Seeger, Shihan, Ku-Dan*

## News



We are excited to announce that the KataGuide App and our USRK55 App have been updated for Android and iPhone. Android on sale now, iPhone later this month. If you already have the apps, they will keep working as before. If you would like to donate to help offset the cost of our apps and Shorinryu.com website, please click this link and donate any amount: <https://www.goview360.com/donate-usrkusa>



## Rank Promotions



## Closing

Looking forward to training with all Black Belts at our 59th Annual Black Belt Workout Nov. 6th.

TIME TO RAMP IT UP

Domo arigato gozaimasu,

Kyoshi Seeger

Class times: M 3:00 T-W-TH 6:30p Sun 10a /

160 Washington Spring Road. Palisades, NY 10964

Motobu@aol.com /Shihan, Kyoshi Seeger 917-593-6455



# Ueshiro Okinawan Karate Family Club

State College, PA

*Kyoshi Matt Kaplan, Shihan, Hachi-Dan*

## News

Onegai shimasu Hanshi, Kyoshi, Renshi, Shihan, and USRKUSA members,

Inasmuch as our karate masters were both traditionalists and innovators, our dojo has sought to emulate our shinden and to demonstrate the principle of shiki – being resolute, despite changing circumstances and challenges all around us. We were determined to make things work, shifting our karate from Zoom in the early spring to outdoors for the late spring and summer, and now aiming as far into the fall and winter as we can. Some of the elements that we've appreciated in the process follow.



## **Building Up Teamwork**

Teamwork and flexibility have been key to making sure our classes have been covered given summer travel schedules and ongoing local COVID-19 restrictions. We continue to build deshi leadership skills by taking charge for warmups, basics, and/or small group work. Evidence of this is a new initiative the teens in our dojo recently set in motion. They are training once a week after school at a nearby park. Without mirrors, we've relied on partners to look critically at our form. Working basics and kata together, we've honed our observation skills and our provision of constructive feedback to one another.

## **Being Ready for Anything**

Using otherwise unused outdoor spaces tucked behind the tennis courts, on the hillside under the oak trees, and a grassy area at the far corner of a church parking lot, we have continued our classes four times a week. This has not always been easy, as the weather did not always cooperate. Moreover, it necessitated being prepared (super-hot sun? bring hats, sunglasses, sunscreen, bug spray, extra water; looking like rain? bring extra layers, and make sure to have safe havens from lightning available).

We have needed to innovate and get creative on the fly, shifting to an empty pavilion when an unanticipated thunderstorm emerged then, taking advantage of our new setting, using the picnic benches therein to kick over and assure our kicks were getting high enough to clear them. Similarly, we aimed to supplement our kihon, kata, yakusoku kumite, and bunkai practice by using striking pads rigged on tree trunks to practice basic seiken tsuki, mae geri, shuto uke, and adapting to deshi's level and extent of training for more advanced uchi and uke, all carefully supervised by black belts. We had deshi start light, working on mai, solidly hitting the intended target (jodan, chudan, or gedan), and aiming to eliminate elbow-protruding punches.

Based on deshi questions about defending against weapons, we used short sticks to imagine being attacked in bunkai by an opponent with a sharp weapon, and then practiced evading techniques such as with shifting stances and responding strikes. Building rootedness and speed, we used our toes to root down and grab the grass, then when kicking we tracked where our kick went (did the grass fly upward or fly outward?)

## **Focusing Attention**

We found our community-based shared spaces offered visibility to curious observers with whom we shared dojo and class information. Sensei Barb Schaefer's favorite sighting was a young female soccer player heading to her game holding her mother's hand, but craning her neck so as to look back wide-eyed and watch our women & girls' class as she headed all the way across the field. Clearly, we caught her attention and interest, so perhaps she's a future deshi in the making.

Our outdoor spaces offered plenty of distractions. We built up our gan awareness to avoid bees underfoot in the clover and to practice focusing our minds while filtering out random tennis balls flying by, youth football whistles, soccer cheers, ultimate frisbee games, weekly church services, dog walkers, bike riders, sword fighters, approaching thunderstorms, and even a nearby marriage proposal!

## **Celebrating Events & Promotions**

Another community-based outreach effort occurred this summer when Sempai Anne Burgevin was invited to teach an introductory class in the local library's summer reading program. When 15 kids and their parents showed up to train on Zoom, Anne appreciated this golden opportunity to share her excitement and knowledge about karate with the community. She even found a way to connect literacy with karate.

Several of our dojo members were able to attend the Florida Workout in July. We greatly appreciated the efforts of the host dojos and senior leaders to provide a spirited opportunity to train together. Arigato! Our August promotion went well. Congratulations to out to Danielle Crowe & Wesley Shaffer\* (Ro-kyu), Jolie Oakman\* & Rene Oakman (Go-kyu), Maren Eubanks\*, Gabe Geiger\* & William Shaffer\* (Yon-kyu), and Graham Drew\* (Ni-kyu) [\* youth candidates].

Domo arigato gozaimasu,

Sensei Barb Schaefer, San-dan Instructor

Sempai Anne Burgevin, Ni-dan Instructor

Kyoshi Matt Kaplan, Shihan



# Ueshiro Northern Virginia Karate Club

*Kyoshi Salvatore Scaglione, Hachi-Dan*  
*Sensei Lisa Markowitz, Shihan, Roku-Dan*

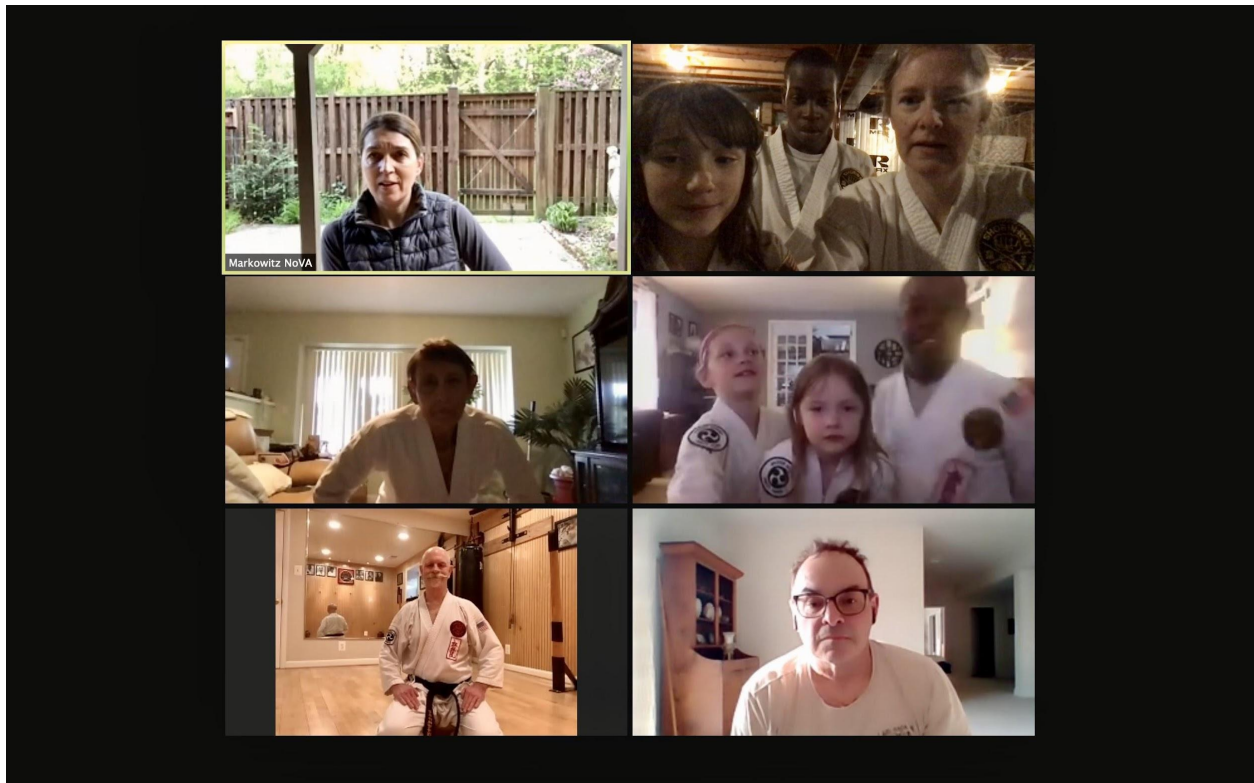


## News

Onegai-shimasu Hanshi, Kyoshi, Sensei, Sempai and all Deshi of USRKUSA,

The Ueshiro Northern Virginia (NoVA) Karate Dojo continues to move forward in the 59th Year of USRKUSA, the Year of the Ox, marking several key milestones throughout the spring and summer.

**April 19 and 22:** We celebrated Grand Master Ueshiro's 88th birthday in true USRKUSA style with two katathons. In the first, led by Kyoshi Sal, we performed 88 Fukyugata San, the last 8 in true Master Ueshiro sprint style, where we tried to emulate some of his immense speed and power. In the second, we did an 8 by 8 style katathon with a group of junior deshi from the Penn State dojo, dedicating 8 full speed Fukyugata Ichi and 8 full speed Fukyugata San in honor of Master Ueshiro at the beginning of the class.





**July 16-18:** Kyoshi Sal and Sensei Lisa headed down to Florida for the annual workout celebrating 59 years of USRKUSA. It was great to finally be able to push the COVID-19 troubles of the past year and a half aside and train in person again, reconnecting with familiar faces and bonding with new ones. The workouts did not disappoint, as we embraced the joy and ecstasy of sweat and hard work in the hot Florida sun, true USRKUSA style!







What made the trip all the more special was Sensei Lisa being tested for Roku-Dan alongside the other warriors who were testing for black belts that day. The day was a great honor and one that will be forever cherished and etched in her catalog of USRKUSA memorable events.





**August:** August marked a major milestone--the Ueshiro NoVA club reconvened in-person training at our Centreville dojo! That was probably the earliest that Sensei Lisa has ever got to a class, and there was something quite comforting and ritualistic about setting up the dojo that day. The nuances and comradery of in-person training were not lost on anyone.





**Great Falls:** On the last Saturday of each month, you will find us at Great Falls Park, year round! Nothing beats the fresh air, scenic beauty, and power of the falls to invigorate our training.







**Zoom Classes:** Sensei Lisa and Sensei Shabbir continue to teach classes on a Monday and Thursday via Zoom. They are a great way to supplement in-person training until all dojos are able to resume their in-person training.



## Events

**November 6 Black Belt Workout:** The NoVA Dojo is honored to be hosting the black belt workout at Great Falls Park this November. For those of you who have never attended a workout at Great Falls, you are in for a special treat. Working out against the backdrop and power of the falls is an experience not to be missed. We hope to see you there!

## Closing

Domo arigato Hanshi for your tireless efforts in serving as the gatekeeper for Shorin-Ryu Karate USA and ensuring that it continues to be practiced as it was so generously passed on to us by Grand Master Ueshiro.

Respectfully submitted,

Sensei Lisa Markowitz, Roku-Dan

Shihan, Ueshiro NoVA Karate



# Ueshiro Downtown Shorin Ryu Karate Dojo

*Sensei Kevin Reymond, Denshi Shihan, Hachi-Dan*



“We do one more kata, when we think we can’t do any more”

Hanshi Robert Scaglione

\*\*\*\*\*

## News

Onegai Shimasu Hanshi, Kyoshi, Sensei and Fellow Deshi,

Over the past six months we have (a) conducted Zoom classes every Wednesday and Friday mornings, (b) provided one-on-one training sessions, (c) participated in workouts in Central Park with deshi from the Ueshiro Midtown and Ueshiro Bay Ridge dojos, (d) moderated three meetings of the NYC Metro Area Ueshiro Shorin Ryu Karate Book Club, and (e) issued twenty seven editions of the weekly “Keep Training” emails that included training tips and readings from “Building Warrior Spirit”, (e) travelled to Florida to participate in the system wide training event and (f) launched outdoor in person training class schedule.

In August, we participated in a joint promotion with the Ueshiro Midtown Karate Dojo held in Central Park. Prior to the formal start of the promotion, groups by rank performed many repetitions of kata. Kyoshi Mackay then led the group through a vigorous workout including kihon and kata. Congratulations to all the deshi who earned their next rank and in particular Jesse Gao from our Ueshiro Downtown who earned the rank of yon kyu.

The New York City Metro Area Ueshiro Shorin Ryu Karate Book Club has scheduled its next meeting for October 21, 2021 when we will be discussing, “Mastery” by George Leonard.

Deshi from all dojo are welcome to attend. The meeting will be held by Zoom (log in info to follow) and run from 7:00 to 8:00 pm.

In addition, we are excited to reopen our dojo at 281 Broadway, between Chambers and Reade streets in downtown Manhattan. Our class schedule will start on November 1, 2021. Over the next six months we will redesign our website and marketing materials.



## **Always Moving Forward**

*"Habit gives strength to the body in great exertion, to the mind in great danger, to the judgment against first impressions."*

-General Carl von Clausewitz



## **Closing**

Domo arigato gozaimasu Hanshi for your encouragement and inspiration! We are looking forward to training with you in Virginia in November.

Kyoshi Kevin Reymond, Hachi-dan

Denshi-Shihan, Ueshiro Downtown Shorin Ryu Karate Dojo

Under the direction of Hanshi Robert Scaglione

Dojo Address: 281 Broadway; New York, NY; 646-745-6172; [www.downtownkaratedojo.com](http://www.downtownkaratedojo.com)

### ***Class Schedule***

Monday and Wednesday: 6:00 PM to 7:00 PM (In Person) ***NEW***

Wednesday: 8:00 – 9:00 AM (Zoom)

Friday : 8:00AM – 9:00 AM (Zoom)

Saturday: 9:00 to 10:00 AM (In Person) ***NEW***

# Northampton Ueshiro Karate Dojo

*Sensei Daniel Gobillot, Denshi Shihan, Shichi-Dan*

## News

Onegai shimasu Hanshi, Kyoshi, Sensei, and Sempai of Shorin Ryu USA,

Northampton Ueshiro continues to train through the spring, summer, and fall of 2021. During the halcyon days of mid-June, we found ourselves returning to indoor classes at our beloved dojo over the Mill River as restrictions eased in Massachusetts. We have since continued training on the deck, with additional classes held at our outdoor dojo at the home of our gracious Sensei Magdalene.

Our dojo has been blessed with several new and returning deshi over the course of the last six months. We are grateful for all they bring, including new questions about techniques and their enthusiasm for our art. A hearty “welcome back” to our deshi who have returned after some time away.





## Rank Promotions

Our two newest deshi, Adam Chartier and Clara Shoemaker, tested for Ro-Kyo on Sunday, August 29th. Our dojo was honored to host visitors from Boston and Albany, and appreciated the strong spirit they brought with them. The testing candidates were promoted after a strong showing of kihon techniques, kata, and yakusoku kumite sho. Most importantly, they came to class the next night and started earning their rank without delay.



## Events

In July, New York's dojo's generously hosted me at their rank promotion. The opportunity to train in their idyllic setting in Central Park, among a group of dedicated and spirited fellow karateka remains deeply appreciated. Corrections and notes from senior black belts and kyoshis alike traveled north, and have led to spirited repetitions of Kata Rohai among the black belts in Northampton in the months that have followed.

A joyous day on September 25th brought together deshi past and present for the wedding of Sensei Dan Gobillot and Sempai Singwen Mientka. The ceremony was held outdoors by a meadow of flowers. As on the deck training, "mizu no kokoro" - "a heart like still water" - (kanji at right) could be felt as the sun set behind them and they gave their vows.

Domo arigato Kyoshi Reymond for your timely *Keep Training* email (the *eightieth* installment, which is worth noting in itself), which touched on this same concept as relayed by Miyamoto Musashi. A good reminder that our training is in everything, from a trip to the grocery store to our relationships with others. "Water can be a sparkling hue of emerald green, it can be a single drop or ocean blue. This should be carefully studied." - MM



## Closing

Domo arigato gozaimasu,  
Sempai Austin Hatch



# Ueshiro Merritt Island Karate Dojo

*Sensei Kurt Tezel, Denshi Shihan, Go-Dan*



## News

Onegai Shimasu Hanshi, Kyoshi, Sensei and all Deshi,

The Merritt Island Dojo has big news: a new Shihan! Sensei Trevor Tezel (aka "Sensei Trevor") will be taking the reins as Shihan, effective October 1, 2021. I will continue to train and be an active member of the dojo. I have been travelling a great deal, making it difficult to fulfill the day to day responsibilities of running a dojo.

The Ueshiro Merritt Island Karate Dojo has classes on Mondays at 6pm, Wednesdays at 7am and 6pm and Fridays at 7am.

In addition to myself, classes are taught by Sensei Trevor Tezel (Shihan/San-Dan) and Sensei Carla Eddy (San-Dan).

Our dojo hosts monthly Ikkyu level classes in addition to advanced classes twice a month led by Sensei Eddy and Sensei Rick Cupoli (San-Dan). These classes pull in students from all six Florida dojos.

## Rank Promotions

Lucas Calero earned the rank of Ro Kyu on August 4!



We also are pleased to announce that Sempai David Koenig was promoted to Sho Dan (1st degree Black Belt) following the Black Belt Test at the Viera Dojo on July 17, 2021 (see arrow for Mr. Koenig).





On Saturday, August 28, 2021, the Ueshiro Merritt Island Karate Dojo conducted its biannual kyu rank testing. Congratulations to the following students on being promoted:

*San-Kyu (Brown Tips)*

Vincent Keenan

Doug Reindl

*Ni-Kyu (Brown Belt)*

Diana Calero

The testing commenced with a formal workout beginning at 9:00 am. After opening stretches and calisthenics, the class demonstrated kihon as described in the 50th Anniversary Journal, and then performed kata.

The board of judges consisted of Sensei Eddy, Sensei Trevor, Sempai Ed Bauder (Sho Dan), Sempai Krystyn Clark (Sho Dan), and Sempai Cheyenne Flynn (Sho Dan), with Denshi/Sensei Kurt Tezel (Rokyu

Dan) presiding. Domo arigato to those who showed up to support the candidates testing, particularly those from other schools. This includes Sensei Matt Reed (San Dan/Shihan, Ueshiro Suntree/Melbourne Karate Dojo), Sempai David Koenig (Sho Dan), Sempai Kevin Wilkinson (Yon-kyu) and Sempai Jace Clark (Go-kyu).

Following the test, candidates performed breaking demonstrations, and all students demonstrated kata with a special emphasis on kobudo (weapons). At the end of the test, ranks were awarded, and Sensei Tezel dedicated the test to the memory of Grand Master Ansei Ueshiro for founding our style of Karate and to Hanshi Robert Scaglione for continuing to propagate the art.



## Events

On April 19, 2021, the Florida Dojo of Ueshiro Shorin-Ryu Karate USA held their annual Katathon in honor of Grand Master Ansei Ueshiro, whose 88th birthday was the following day. Sensei Kurt Tezel,



Denshi Shihan, Ueshiro Merritt Island Karate Dojo, presided. After warm-ups, the group proceeded to complete 100 kata, culminating in repetitions of Master Ueshiro's Fukyugata Sandan.

A year ago, Florida gyms were closed, and the Katathon became a virtual event. Deshi of the Florida schools were excited to gather together again, this time on the outside deck of the Merritt Island Dojo, to draw on the spirit of our fellow karateka. The effort to maintain distance resulted in many moves performed off the concrete surface and into the mulch, shells, and dirt, presenting a great challenge in balance and footwork.

Please enjoy the attached picture of this year's event, which will hang in the Merritt Island Dojo for posterity. The following Ueshiro SRKUSA members participated (from left to right): *Sensei Trevor Tezel, Sempai Caroline Frahm, Sensei Matt Reed, Sensei Kurt Tezel, Sensei Carla Eddy, Sempai Tracy Ridout, Sensei Rick Cupoli, Sempai David Koenig,*



*Sempai Doug Reindl, Sempai Krystyn Clark, Sempai Tony McDonald, Sempai Ken Howell, Sempai Mike Simpson, Sempai Youjian Nistorenko, Sempai Kevin Wilkinson, Sempai Vincent Keenan*

## Closing

We dedicate our newsletter submission to Sensei Pat Marchetti who passed away recently. She was a stellar teacher and karateka and an even better person. She will be greatly missed.



Domo Arigato Gozaimasu,

Denshi/Sensei Tezel, Shihan Ueshiro Merritt Island Karate Dojo

Ueshiro Shorin-Ryu Karate USA

Founded by Master Ansei Ueshiro

Under the Direction of Hanshi Robert Scaglione



# To-Te Ueshiro Karate Dojo

*Sensei Preston Powell, Denshi Shihan, Ro-Kyu-Dan*

## News

Onegai shimasu, Hanshi, Kyoshi, Sensei and all USRKUSA Deshi,

To-Te Ueshiro Karate! ...forward, never backwards!

I would like to thank the Nyack deshi for just doing it against all Odds. This is a snapshot of our 2021 year in photos:





























## Rank Promotions

August 2021 Testing Results:

Powell Sensei promoted to Ro-Kyu Dan

Brian Markiet promoted to San-Dan

David Calligeros promoted to Ni-Dan

Shane Encalada promoted to Orange Belt



Andrew Encalada promoted to San-Kyu

Cindy Mazariego promoted to Ro-Kyu

## Events

General events & event photos, past and upcoming, can go here.

## Closing

Domo Arigato Gozaimasu Hanshi. I can not thank you enough for inspiring me to reach higher and continue the path of Karatedo. The Summer Florida workout and training and testing was such a monumental polishing of mind, body, and spirit. One that I will never forget.

Respectfully,

Powell Sensei

Denshi/Shihan

To-Te Ueshiro Karate

85 Piermont Ave

Nyack, NY 10960

### Classes:

Tue 6-7:15P

Thurs 6-8P

Sat 10-11:15A

preston@to-te.org

917 627 8199

karatenyack.com

# **Boston Chinatown Ueshiro Shorin-Ryu Karate Club**

*Sensei Emiliano Mazlen, Shihan, Yon-Dan*

## **News**

Onegai-shimasu Hanshi, Kyoshi, Sensei, Shihan and fellow Deshi,

We are moving forward and continuing to train. We continue to appreciate the chance to train with Kyoshi, Sensei and deshi from around the country through the Zoom classes. I have been honored to lead Zoom classes on Sunday with fellow deshi of both recent, and long-standing, acquaintance across state and international borders.

Domo arigato gozaimasu to Hanshi for leading us down the Path that Grandmaster Ueshiro laid out for us.

## **Events**

We were honored to participate in the Northampton Dojo's August testing. Domo arigato gozaimasu to Sensei Gobillot for inviting us to join the event, as well as leading it, and to the other Sensei and deshi of the Northampton Dojo for welcoming us. Congratulations to all who tested.

## **Closing**

We hope to increase in-person training in Boston when conditions improve. We look forward to progressing along the path as we . . .

Keep Training.

Domo arigato gozaimasu to all,

Emiliano Mazlen

857-234-7350 (c)

emazlen@hotmail.com



# Ueshiro Bay Ridge Karate Dojo

*Sensei Robert Neff, Shihan, Yon Dan*

## News

Onegai shimasu Hanshi, Kyoshi, Sensei & fellow Deshi,

We are continuing to move forward one step at a time in Brooklyn. The Bay Ridge Dojo continues to train outdoors, socially distanced when appropriate with classes at Owl's Head Park twice a week. We have also taken our training on the road visiting other dojo(s) as Hanshi suggests.

It has been an honor to join the Midtown, Downtown & Pine Forest Dojo(s) for classes in Central Park, Washington Market Park and Palisades. We feel blessed to have trained with four different Kyoshi(s) this past 6 months. A big domo arigato gozaimasu to Kyoshi Mackay, Kyoshi Baker, Kyoshi Seeger and Kyoshi Raymond for welcoming us and giving us sugar.

## Events

On Sunday, September 12th the Bay Ridge Dojo had the honor to join other local dojo(s) to commemorate and honor those who lost their lives on 9/11 and from related illness due to working near the World Trade Center site after that tragic day. Kyoshi Mackay held an amazing workout and insightful discussion after. It was very special to hear and learn from other deshi's stories of that day.



[Photo Courtesy of Midtown Dojo's Tribute to Sensei Garcia](#)

We discussed and honored Sensei Eddie Garcia who worked to clear the rubble in the months after 9/11. We talked about how he showed true warrior spirit and epitomized his favorite saying, "A big walking knows no gate." He did this through the selfless act of showing up and helping his fellow New Yorker's in their time of need.



## **Closing**

We look forward to training in a traditional dojo, but continue to take advantage of the great outdoors in the heart of Brooklyn. We hope to get back inside our dojo at Bay Ridge Jewish Center soon. Until we are able to move back into our dojo we continue to move forward in Hanshi's childhood backyard following in his footsteps!

Domo arigato gozaimasu, Hanshi,

Sensei Neff, Shihan, Yon-Dan

Bay Ridge Ueshiro Shorin-Ryu Karate U.S.A.

# Easton Connecticut Ueshiro Shorin-Ryu Karate Club

*Sensei Keith Eng, Shihan, Yon-Dan*



Onegai shimasu Hanshi, Kyoshi, Sensei and all USRKUSA Deshi,

We are grateful to Hanshi Robert Scaglione for keeping us focused on the traditions of Shorin-Ryu karate as passed down by Master Ansei Ueshiro. In recent months, members of our club have trained at the Florida event, at the Palisades celebration, and the 9/11 workout in Central Park. We are looking forward to training in Virginia.

Domo arigato gozaimasu,

Adam Dunsby, Yon-Dan

Easton CT Ueshiro Shorin-Ryu Karate Club

**Class schedule:**

Tuesday 5:30 PM – 6:30 PM

Sunday 8:15 AM - 9:30 AM



# Ueshiro West Melbourne Shorin-Ryu Karate Dojo

*Sensei Rick Cupoli, Shihan, San-Dan*

## News

Onegai shimasu Hanshi, Kyoshi, Sensei and Deshi,

The West Melbourne Dojo has been pushing through this COVID-19 season with spirit and power. We have enjoyed the addition of a number of new students to our karate family. Two students started as the direct result of the efforts of one of our newest Sho Dans, Madison Ontiveros. She took the time to share her joy of karate with friends she works with and they decided to give it a try. One of the students, it turns out, used to train with us years ago.



His name is Josh Boggs and held the rank of Ni Kyu when he discontinued. He has started again as a white belt and he is picking things up fast. I expect he will be back to his former rank shortly if he continues to train with his current focus.

We were still to be pleasantly surprised by another reunion. Another family that was very dedicated years back also rejoined us. Shellie Lopez and her family have rejoined and are attending classes. They had discontinued due to some hardships but found their way back. I know that it is very rare for people who discontinue training to pick it up again. Hanshi speaks of many he runs into that share their regret of stopping their training but never restart. Here, West Melbourne is graced with two former karateka to rejoin our ranks.



At the start of this year we were fresh out of new students. Now we have several that are starting at white belt and we are very excited. The mission is continuing as we press forward with joy and vigor. The rewards are high for those who reach out to others with the joy of karate. Keep training!



## **Rank Promotions**

We have not had candidates to move forward in their kyu rank for some time. I am pleased to share that we have finally broken this trend. At the August test period we were able to promote a new student, Jadon Ridgley, to Ro Kyu and expect this student will be a candidate for Go Kyu at our October promotion as well.

We have been fortunate to have a number of students remain with us for several years. As a result we had a number of Ik Kyu students in our group. Several of them were promoted to the rank of Sho Dan at the July Dan test. These were Madison Ontiveros, Erin Ketchum, Shoham Shah and Aarav Panchal. Promoted to Ni Dan was Miranda Aiken who serves as my assistant instructor at the dojo.

## **Closing**

Domo Arigato,

Sensei Rick Cupoli

San Dan

Shihan West Melbourne Dojo

# Ueshiro Suntree Shorin-Ryu Karate Dojo

*Sempai Matt Reed Shihan, Ni-Dan*

## News

Onegai-shimasu, Hanshi, Kyoshi, Shihan, Senseis and all USRKUSA deshi,

“To be of service to others.” Let this motivate us to practice karate and to help our karate brethren.

In year 2 of the COVID-19 pandemic, the Ueshiro Suntree/Melbourne Karate Dojo has found some sort of normal. In addition to training at the Wickham Park Community Center, most of our students train with Sensei Rick Cupoli, San-dan and Shihan of Ueshiro West Melbourne Dojo; Sensei Kurt Tezel, Roku-dan, and Sensei Trevor Tezel, San-dan and Shihan at the Ueshiro Merritt Island Dojo; and with Hanshi Robert Scaglione, Ju-dan and Shihan of the Ueshiro Viera Dojo.

We’ve said it before, and we’ll say it again — we at Suntree are beyond blessed to be so close in proximity to our Florida dojos, our seasoned senseis and, of course, Hanshi.

## Rank Promotions

Since our last newsletter submission, three of our members moved up in rank:

- Sempai Michael Simpson was promoted to Ro-kyu in late April.
- Sempai Jace Clark was promoted to Go-kyu in August.
- Sempai Jennifer Sangalang was promoted to San-dan in July during the Florida Black Belt Weekend.



In both of his tip tests this summer, Sempai Jace was our only candidate for promotion and showed a great amount of spirit performing his kata and other test requirements.

In addition to training at their home dojo, Jace and his mother, Sempai Krystyn Clark, Sho-dan, regularly visit Hanshi in Viera as well as the West Melbourne dojo. Their dedication to training showed in Jace's performance.

## **In memoriam**

On July 29, Sensei Pat Marchetti died after struggling with ovarian cancer. Many of us in Suntree, especially Sensei Matt Reed, trained with Sensei Pat and her husband, Sensei Ron Marchetti, over the years. She was our highest female rank in Florida and served as a role model to the women and young girls training at Ueshiro Shorin-Ryu Karate USA.

Her loss was felt worldwide, and she will be remembered not only for her excellent teaching skills, but for her willingness to help her fellow karate students — to help them grow and be the best they could be. Domo arigato, Sensei Pat, we miss you very much.

## **Milestone**

On Oct. 13, Sempai Lloyd Brownhill, Sho-dan, one of our most memorable — and popular — students, will celebrate his 80th birthday. Sempai Lloyd achieved the rank of Black Belt at age 76. He truly embodies the lessons learned in the essay about the aging karate student by Stephen R. Donaldson. Happy early birthday, Sempai Lloyd!

## Closing

We would be remiss not to mention an early Happy Birthday greeting to Hanshi Robert Scaglione, whose birthday is Oct. 14. Happy early birthday, Hanshi!



Our class schedule is from 7 to 8:15 p.m. Wednesdays and noon to 1:30 p.m. Sundays at the Wickham Park Community Center, 2815 Leisure Way, Melbourne. If you're working with a weapon, come train with us! Sensei Matt trains with the kama, Sensei Jennifer has nunchucks, Sempai Kevin Hutchenson trains with the Sai, and Sempai Krystyn practices the bo. Sempai Lloyd studies the tuifa.



For more information about the Ueshiro Suntree/Melbourne Dojo, call Sensei Matt Reed at 321-213-3124 or email [rpd197@yahoo.com](mailto:rpd197@yahoo.com).

Domo arigato, Hanshi, for your continued inspiration and guidance.

Respectfully submitted,

Sensei Matt Reed, San-dan, Shihan

Ueshiro Suntree/Melbourne Karate Dojo

Sensei Jennifer Sangalang, San-dan

Ueshiro Suntree/Melbourne Karate Dojo

# Ueshiro Okinawan Karate Club of Pelham Manor

*Sempai Brian Heese, Shihan, Ni-Dan*

## News

The Okinawa Karate Club of Pelham Manor continues to train. We train each Monday at 6:00pm under the guidance of Kyoshi Mackay and Sempai Brian Heese. The following deshi diligently train with us each week: Olivia Vikman (San-kyu) and Arya Gauba (Yon-kyu).

## Closing

Domo arigato to Hanshi for leading this community of warriors. Even though Ueshiro Shorin-Ryu Karate is known to always be moving forward, we also take the time to reflect on our forward progress. With that in mind I am sharing below some older pictures from our dojo when Sensei Dan Nichuals conducted the first tip test for the Pelham Manor dojo in August 2001. Sensei Dan started the Pelham Manor dojo and his spirit continues to dominate long after his untimely death in 2006.





# Ueshiro Northfield Shorin-Ryu Karate Dojo

*Sensei Steve Hatle Shihan, San-Dan*

## News

Onegai shimasu Hanshi, Kyoshi, Sensei, and all Deshi!

Fall is in the air! Morning temps are in the 40's and evening temps in the 70's. It's the best time of the year to be in Minnesota.

The greater Northfield dojo has been incredibly fortunate this summer, and we have been blessed with one of the hottest June on record, which enabled us to train for the temps of Florida in July. We started out the summer with our very own beach workout. Although Lake Byllsby is no match for Cocoa Beach, a great time was had by all.

June flowed into July, with limited rain, and continued outdoor training throughout the summer. In July, 6 Deshi made the trip to Florida, Sempai Suzanna and David Huyck made their first trip to experience the outstanding hospitality we always enjoy when visiting the Sunshine State!



This Fall our fortune continued as Carleton college resumed in person classes. The Carleton Karate Club classes are packed with a waiting list - 28 new Deshi on the deck! The Northfield dojo moved indoors in September utilizing the Middle School auxiliary gym. We are currently having 3 classes per week: Monday and Wednesday evenings and on Saturday morning. We continue to follow the standard workout as given to us in the 50th Anniversary Journal, minus the close contact drills and kumite. Our Black and Brown belts have stepped up to lead classes and work with our newer students on training and technique.

## Rank Promotions

### June

- Cailin Huyck Orr - Ro-Kyu

### July

- Sensei Steve Hatle - San-Dan
- Sempai Scott Sijan - Ni-Dan
- Sempai Guy Lawrence - Ni-Dan



### August

- Eliza O'Cooper - Ro-Kyu
- Kristen O'Connell - Ro-Kyu
- Cailin Huyck Orr - Go-Kyu
- Susanna Huyck - Ik-Kyu
- David Huyck - Ik-Kyu
- Brent Pellinen - Ik-Kyu





## **Closing**

Domo arigato to the Kyoshi and Sensei that have dedicated their time to teaching the Zoom classes. Many of us find them to be very valuable, and key to keeping up our training during the pandemic.

Domo arigato to Master Ansei Ueshiro and Hanshi Scaglione for bringing us the gift of karate and helping it to continue to move forward despite our current circumstances!

Domo arigato gozaimasu,

Sensei Steve Hatle

San-Dan/Shihan

Ueshiro Northfield Shorin-Ryu Karate Dojo of Minnesota

# Ueshiro Shorin-Ryu Nashville Family Karate Club

*Sensei Sean M. Paus, Shihan, San-Dan*

## News

Onegaishimasu Hanshi, Kyoshi, Sensei, Shihan, and Deshi of Ueshiro Shorin-Ryu Karate USA,

Nashville continues to move forward through the challenges of the global pandemic.

Though our space at Cornerstone United Methodist Church is still available, we have held several classes outdoors when possible. We also had several new students join us over the Summer.

## Rank Promotions

In April, we held a tip test, with the following promotions:

- Karas Michael - Go-Kyu
- Kris Ferwiz - Go-Kyu





COVID-19 hit home at the tail end of the Summer with many of the junior students testing positive shortly after the school year started, including Sempai Will Richardson and Sempai Kathryn Richardson. This happened just before our scheduled Kyu level test in August, and we had to postpone testing until we were sure we could meet again safely.

Sensei Sean had plans to visit us in Nashville for the test. However, he was unable to get his flight moved to a later date, so we were unable to train, test, and celebrate with him in person. We held part of our Fall testing on September 18th, with Sensei Sean Paus (San-Dan) and Sempai Elizabeth Richardson (Ik-Kyu) connecting over Zoom for the proceedings. Sempai Chuck Richardson (Ik-Kyu, Center Judge) conducted the test, with Sensei Sean (Left Judge) and Sempai Elizabeth (Right Judge) also serving on the board. We also held tip tests during evening classes the following week.

Our Fall Kyu level promotions consisted of the following:

- William Richardson - Ik-Kyu
- Karas Michael - Yellow belt
- Karas Melek - Go-Kyu
- George Ghally - Ro-Kyu
- Dale Hecht - Yon-Kyu
- Kris Ferwiz - Yellow belt
- Mathew Pasta - Ro-Kyu



## Closing

We still meet regularly with Sensei Sean over Zoom for advanced classes on Tuesday evenings and Saturday mornings (Central Time). We are hoping we will have an opportunity to train with him in person early next year.

Domo Arigato Gozaimasu Hanshi, and Kyoshi for your continued leadership. Domo Arigato Sensei, and Shihan for your commitment to propagating the art. Domo Arigato all Deshi for without you we would not be here.

Domo Arigato Gozaimasu!

Chuck Richardson, Ik-kyu

Elizabeth Richardson, Ik-kyu

Sensei Sean M Paus, San-Dan and Shihan

Ueshiro Shorin-Ryu Nashville Family Karate Club

# Ueshiro Shorin-Ryu New Rochelle Karate Dojo

*Sensei Tzvi Bar-Shai, Shihan, Yon-Dan*

## News

The Ueshiro Shorin Ryu New Rochelle Karate Dojo in continuing its efforts to expand withing the confines of the Knockout Boxing Gym, owned and operated by Sampai Mark Kogan, Ni-kyu. We have a cohort of 4 deshi that despite the pandemic and summer vacation have made efforts to come and train.

Shihan Tzvi Bar-Shai, Yon-Dan flew down to Florida to participate in a fantastic 4-day Black Belt promotion with deshi and Black Belts from around the country. It was a great workout and bonding event for all led by Hanshi and all the Kyoshi.

## Rank Promotions

We are planning on having our first rank promotion for, at least 2 of our deshi this October. They have been working hard and we are looking forward to their continued growth in Shorin Ryu Karate.

## Events

We have been honored by visits of a number of fellow deshi from the area such as Sensei Henri Waelbroeck, San-dan, Sampai Brian Heese, Ni-dan, and the indubitable Sampai Rob (Maestro) Kapilow, Sho-dan, who is also instructing our Friday afternoon class.





## Closing

All in all, with the continued guidance of Kyoshi Seeger,ku-dan, we are looking forward to great things happening at our dojo.

Domo arigato gozaimasu,

Sensei Tzvi Bar-Shai

Yon-Dan

# ba'Kfar Ueshiro Dojo

*Tamir Sensei, Shichi-Dan*

## News

Onegai-shimasu Ueshiro Shorin-Ryu Karate USA Worldwide,

We have been fortunate to train these past months back in our dojo space at the Kfar-Saba Country Club, working to recover from the Corona chapter in our world's history. The July Florida Karate event, which I was fortunate to attend and learn more from Hanshi and Kyoshi[s] and all participating, brought us renewed energies all the way to our dojo in Israel, as I have been able to share and emphasize the teachings from this important event.

We continue our regular schedule of weekly classes Sunday-Tuesday-Thursday 6:30-8:30 PM. We have a good variety of rank levels including white belt, green belts, brown tips, brown belt, and black belt to work tenaciously our various kata.



It's important to note how significant it is to have new dedicated deshi thirsty to learn, such as Sempai Meir, who has not missed any classes several months straight since joining the dojo. He has injected great spirit of renewed learning for us all, as we re-work our most basic kata[s] to fortify our more advanced kata[s]. Please note photo below of Sempai Meir Amarin celebrating his first Green Tip this past August. I encourage all to recruit new deshi by offering a free trial class as a "gift" to your family members, friends, and colleagues to discover our "fountain of youth", which Hanshi has led us to.



## Events

We are all preparing towards the February testing, when we anticipate a significant number of candidates. We are planning this major testing event to take place at mount Masada overlooking the Dead Sea — a special symbolic location to strengthen our warrior spirit.

In the meantime, we are scheduled for a Mediterranean sunset beach workout, together with our brothers from the Ueshiro Herzliya Dojo under Sensei Nir Zamir, marking the end of our 2021 High



Holidays in Israel spanning the month of September (e.g., Rosh Hashanah, Yom Kippur, Sukkot, and Simhat Tora). Also scheduled to join us at the beach will be Sensei Shlomo Dadon, who has recently relocated from Eilat to an area only one hour north of us. Moreover, we are getting ready for our October green tip test, when our tenacious white belt will be testing for his second green tip — Sempai Meir Amarin.

## **Closing**

We plan to have a significant delegation assembled from Israel to visit and train with our Karate brothers and sisters in the USA next year, in celebration of the 60th anniversary of our Ueshiro Shorin-Ryu Karate USA Worldwide.

Domo Arigato Gozaimasu,

Tamir Sensei

Shichi-Dan

Deshi-Shihan

Ueshiro Dojo ba'Kfar

Kfar-Saba, Israel

Under the Direction of Hanshi Robert Scaglione

“The way is called ‘one railway track thousands of miles long.’ We say ‘railway track,’ but actually there is no such thing. Sincerity itself is the railway track. The sights we see from the train will change, but we are always running on the same track. And there is no beginning or end to the track: beginningless and endless track. There is no starting point, no goal, nothing to attain. Just to run on the track is our way. This is the nature of our practice.”

-Shunryu Suzuki

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Domo arigato gozaimasu,  
Sempai Austin Hatch  
Northampton Ueshiro Karate