## **SPRING 2025**

# ILR CLASS CATALOG



Institute for Learning in Retirement Institute f

I INSTITUTE FOR
L LEARNING IN
R RETIREMENT

## WELCOME TO THE ILR for the SPRING SEMESTER of 2025

To be enrolled in classes/trips, you have to:

- Fill out a Registration Form
- Fill out a Select Classes/Trips Form
- Pay your membership dues and class fees

Forms in Eletronic Format are available online, on the ILR website: www.ilretirement.org

Forms in Print format are available at the ILR office. Forms in PDF format are available on the website

For more information: contact the ILR staff at info@ilretirement.org

After receiving your membership dues, the ILR staff wil enroll you in classes and trips on a space available basis at the time of your enrollment. Enrollment in classes/trips is done on first come first served basis.

As registered members, you will receive the following:

- A confirmation of classes you are enrolled in
- Your ILR account balance
- The ILR Membership Card for Spring 2025

ENJOY!

## QUICK GUIDE OF CLASSES/TRIPS

## **CLASSES**

In-person classes are held at Fowler Building (F). Online classes are held on Zoom (Z)

Animals. A Closer Look at Animal Behavior (F). Karen Martin

Art Class (F). Bill Simon

Awe! Finding and Savoring Awe (F). Laurel Patterson

Bible Women (F). Verna Call

Book Club (F). Debbie Bell & Janet Leise

Book Writing. We Should Write a Book Someday (F). Howard Glass

Business: Second Chances (F). Ruth Leo

Cary Grant - Legendary Leading Man (F & Z). Steve Cicero

Cherry Trees. National Cherry Blossom Festival (F & Z). Janet Leise

CIT. What is Crisis Intervention Training? (F). Richard Wozniak

Civil War Medicine (F). James Carnes

Coasters and Corndogs (F & Z). Steve Cicero

Collision of Political/Economic Theory and Personal Security (F). Robert Kochems

Creative Writing: Unleash Your Imagination (F). Antonia Thomas

Dr. Frank W. Preston and Preston Park (F & Z). Polly Shaw

Drone Geographical Mapping (F). Jack Livingston

Drumming for Everyone (F). Janet Leise

English -Tracing the Fascinating Language History (F). Ruth Cole

English Odyssey (F & Z). Verna Call

Faces in Fiber (F). Cindy Andes

Films of Cary Grant (F). Dale Doran

Finding My Passion Later in Life (F). Linda Rettstatt

First Atlantic Crossing by Air (F). Cliff Brown

Functional Fitness (F). Ryan Stack

Games. Are You Game? (F). Dale Doran

Great American Voices--The Males (F). Phil Atteberry

Historic Mansions of Butler (F) Bill May

Irish Brigade in the Civil War (F). James Carnes

Irish Music. St. Patrick's Day Music (F). Janet Leise

Italy. A Taste of Italy (F). Ron Fodor

JFK Assassination (F). Tom Pearcy

JWB. "In the Footsteps of John Wilkes Booth-160th Remembrance of the Lincoln Assassination" (F). Bill May

Marquis de Lafayette: An Amazing Life (F & Z). Tom Call

Medicare - What You Need to Know (F). Jeffrey Johnstone

Mexican Adventure: Puerto Vallarta (F & Z). Janet Leise & Sherri Schleiter

Moon Mammoth Site (F). Eric Scuoteguazza

NAMI: Its Significance in the Lives of Those Affected by Mental Health Conditions (F). Jim Clendaniel

PA Dept of Corrections (DOC) Explained (F). Brad Jester

Photography - Art of Seeing in Black and White (F). Sherri Schleiter

POA. I'm Not Dead Yet! Durable Power of Attorney, Living Wills and Advanced Healthcare Directives (F). John Golden

Sayings. Interpreting Unusual Sayings and Practices (F). Ruth Leo Soaring Spirit: Birds and the Human Psyche (F). Dave Kwasnick

Special Olympics (F). Janet Leise

SRU. Historical Tour of SRU's Campus (F). Robert Watson

Stress Management Through Vagus Nerve Awareness (F). Curtis Green

Two Century Quilts: Restoring Vintage guilts (F). Barbara Frohne

Ukraine Refugees. From Ukraine to Ambridge WWII Refugee Orysia Hladio's Story (F). Orysia Hladio

Ukulele. So You Want to Learn to Play the Ukulele, Good! (F). Andy Johnson & Peggy Johnson & Janet Leise

Writing. Guided Writers' Workshop (F). Dorie Schleiden

#### **BONUS CLASSES AND SOCIAL ACTIVITIES**

Excel - A Step by Step Review and Tips (F) (Bonus Class). Delia Draghiciu PowerPoint for Teaching Presentations (F) (Bonus Class). Delia Draghiciu Ice Cream Social. Kathy Flood & Deb Bell & Rich Thornhill

## TRIPS/TOURS

Annual Membership Meeting and Picnic. Kathy Flood & Debbie Bell

ADBC. National American Defenders of Bataan and Corregidor Museum, W.V. Janet leise

Aviary. A Trip to The National Aviary, Pittsburgh, PA. Kathy Flood

Bach Choir. Margaret De Luca

Bike Ride on Armstrong Trail. Rich Thornhill

Bike on Spillway Trail. Jared McGary

Blackwood Arts Tour. Andy Johnson

Brunch Munch and Conversations. Sherri Schleiter

Cathedral of Learning, Visit Nationality Rooms & Heinz Chapel. Martha Manzato

Days for Girls. Janet Leise

Fish Fry Frenzy. Sherri Schleiter

Flower Show at Phipps Conservatory. Kathy Flood

Franklin Walking Architectural House Tour. Ruth Leo

Grove City George Junior Republic Tour. Ruth Leo

Grove City Historical Society Tour. Ruth Leo

Harmony Museum Tour. Gregory Sferra

Hepburn Style, and Her Designers - Kent University Museum. Dale Doran & Cindy Andes

Hike at Preston Park. Rich Thornhill

Keystone Safari. Margaret De Luca

Lemieux Sports Complex. Gregory Sferra

Lunch Out. Teresa O'Malley & Henry Anna

Maple - Experience Maple Sugaring: A Sweet Talk. Ruth Leo & Miranda Crotsley

Maple - All Things Maple at Munnell Run Farm. Kelcy Marini

Merrick Art Gallery Tour. Andy Johnson

Nature in Spring- Wildflower Walk with Natalie Simon. Ruth Leo

Opera. Madam Butterfly. Dale Doran

Opera. Woman with Closed Eyes. Dale Doran

Pickleball 101+. Gregory Sferra & Denny Hemphill

Preston Park Tour. Antony Stagno & Polly Shaw

Relic Crusade. Janet Leise

Steamfitters' Technology Center in Harmony, PA. Gail Blakeley

Steam Show - Portersville. Janet Leise

Storm Harbor Tour. Janet Leise

Wildflowers Walk- Wolf Creek Narrows, Kelar Smith

Wine & Lunch. Kathy Flood

## CLASSES ● MARCH 10 – JUNE 4 ●

#### Animals' Behavior - A Closer Look at Animal Behavior. Karen Martin

Join veterinarian Karen Martin to explore how behaviors of animals are often misunderstood. Should you encourage the racoon that eats the cat food on the side porch? Has your dog found a new trick as he scoots across the floor on his seat? You are on a trip to Alaska and see a small deer that looks like he is misshapen. Should you go to help?

Tue. Mar. 11. 12:00 - 1:30 PM In-person

Fees: Member \$0.00; Non-Member - \$15.00

## Art Class. Bill Simon

## **5 SESSIONS OR MORE**

Wed. Mar.12 - May.21

10:00 AM - 1:00 PM



Instruction on the principles of color, design and perspective.

In-person

Max: 16

Fees: Regular & Sustaining Member \$0.00; Non-Member \$25.00

## Awe! Finding and Savoring Awe. Laurel Patterson

Have you ever witnessed something that caused your mouth to drop open, or gave you goosebumps? Awe is not just experienced with wonders of nature. It can be found in so many places and ways - for example, at a football game, a dance club, or even at a bus stop. Seeing something that causes us wonder or admiration does more for us than provide a few minutes of awe. Finding and savoring awe actually brings about changes, which when experienced on a regular basis, awe can contribute to our physical health and mental well-being. And, what could be a drawback to noticing and appreciating the moving and wondrous things that happen around us every day? Join us as we discuss the benefits of awe and possible ways to find and savor it.

Tue. May 20; 12:00 - 1:00 PM In-person

Fees: Member \$0.00; Non-Member \$15.00

## Bible Women. Verna Call

This Bible study discussion will delve into the stories of women of the Old Testament and their impact on our faith. Some were heroic and righteous figures while others were wicked and immoral. In a period when women were often ignored and powerless, these women had the courage to make a difference in the lives of their families and faith communities. They can inspire and encourage us all in the times we live.

Tue. Mar. 11; 25, Apr. 8, 22; 2:00 - 3:00 PM In-person

Fees: Member \$0.00; Non-Member \$15.00

#### Book Club. Debbie Bell & Janet Leise

Love to read? Here's your chance to discuss a wide variety of books with other bibliophiles. We read fiction, non-fiction, memoirs, biographies, and histories to name a few, and you get to choose the selections for the following semester! Spring Semester selections include: March - West With Giraffes by Lynda Rutledge; April - Old Girls Behaving Badly by Kate Galley; May - Killers Of The Flower Moon: The Osage Murders and the Birth of the FBI by David Grann.

Tue. Mar. 18, May 13; 12:00 - 1.30 PM Apr. 8: 12:30 - 2:00 PM In-person

## Book Writing - We Should Write a Book Someday. Howard Glass

Why write? Because technology is slowly leaching some valuable skills from us. Becoming dependent on technology is dehumanizing. We instinctively know this. Each one retaining a once essential skill is one way to resist it. The "Back to the Land" movement, with off-grid living, organic farming, and reconnecting with others, are all examples. The presentation will move on with "How to write" and "What to write". Do you have already a plan for writing?

Mon. Mar. 31, 12:00 - 1:30 PM In-person

Fees: Member \$0.00; Non-Member \$15.00

#### **Business: Second Chances. Ruth Leo**

After having a career in one field, is it possible to have a second chance at creating another career? Three panelists will talk about their businesses and both the challenges and rewards they have experienced along the way. Our panelists will be Claudia Porter (Create with Claudia), Amy Nelson (Home Transformations: Stage and Design) and Gary Warriner (The Final Yard Sale). They will share the motivation for the start of their businesses, special training they may have had and how they determined their ideas would work.

Wed. Mar. 12; 2:00 - 4:00 PM In-person

Minimum: 6-`8, Fees: Member \$0.00; Non-Member \$15.00

## Cary Grant - Legendary Leading Man. Steve Cicero

Widely considered one of the greatest actors of all time, Cary Grant worked with an astonishing line up of top-notch directors and co-stars during his thirty-year film career. His style and intelligence were frequently on display in a wide range of movies. This program will explore his personal life, along with the professional and business success of this fascinating celebrity. The class will serve as an introduction to the film series, but it is open to all members of the ILR.

Mon. Mar. 10; 12:00 - 1:30 PM In-person

Tue. Mar 11; 7:00 - 8:30 PM Online

Fees: Member \$0.00; Non-Member \$15.00

Fees: Member \$0.00; Non-Member \$15.00

Fees: Member \$0.00; Non-Member \$15.00

## Cherry Trees. National Cherry Blossom Festival. Janet Leise

Let's welcome Spring by exploring the history behind and the enduring beauty of Washington DC's annual Cherry Blossom Festival.

Mon. Mar. 24; 12:00- 1:30 PM

In-person

Tue. Mar. 25; 7:00 - 8:30 PM

Online

## CIT. What is Crisis Intervention Training? Richard Wozniak

Crisis Intervention Training/CIT is an innovative program of first responders crisis intervention training involving community health care and Advocacy partnerships based on a nationally recognized model developed by the Memphis, TN Police Dept. The emphasis is on mental health knowledge, crisis resolution skills and access to community services. Multiple community professionals met in the development of CIT.

Wed.. Mar. 12. 12:00 - 1:30 PM In-person

Fees: Member \$0.00; Non-Member \$15.00

#### Civil War Medicine. James Carnes

Civil War Medicine delves into the medical practices of the Civil War, especially in the beginning of the war. The methods were crude and caused more deaths and maiming in the war than any weapon. As the war progressed, better methods of treating the wounded were developed which would help in later wars right through to today.

Tue. Apr. 15: 1:00 - 2:30 PM

In-person

Fees: Member \$0.00; Non-Member \$15.00

## Coasters and Corndogs. Steve Cicero

Amusement Parks. How did these iconic places from our childhood come into being? Why did so many, such as Alameda Park, Luna Park, and West View, disappear? How do the survivors, like Kennywood and Idlewild, remain relevant in the modern world of cable television and smart phones.

Mon. Apr. 7; 12:00-1:30 PM

In-person

Tue. Apr. 8; 7:00 - 8:30 PM

Online

## Collision of Political/Economic Theory and Personal Security. Robert Kochems

The class will attempt to explore the relationships between politics, economics and our personal needs like security. This is not intended to be a depth study of these large topic areas but the beginnings of a discussion for the further development of these relationships

Thu.Mar.27, Apr. 3, 10; 12:00-2:00

In-person

Fees: Member \$0.00; Non-Member \$15.00

## Creative Writing: Unleash Your Imagination. Antonia Thomas

## **5 SESSIONS OR MORE**



This class will start small with haiku, a Japanese poetry form, move to 6-sentence short stories, and progress to traditional and/or experimental short stories. The end goal will be a final well-developed short story. We will explore various ways students can expand their imaginations. There will be an emphasis on standard grammar and spelling-but room for less standard development, especially with regard to dialogue-and experimental fiction, if students choose that path. Sentence and paragraph development, editing ones own work and suggested edits for classmates' work will be part of the class, as will critique of one another's work.

Thu. Mar. 13 - May 15; 2:00 - 4:00 PM In-person

Fees: Regular/Sustaining Member \$0.00; Non-Member \$25.00

## Dr. Frank W. Preston and Preston Park. Polly Shaw

Dr. Frank W. Preston was regarded by his peers to be a true genius. By profession he was a glass technologist. In that capacity, he founded Preston Laboratories in Meridian, PA. His avocation was ornithology and geology, which led to becoming the "Father of Moraine State Park". We'll explore his upbringing in Leicester, UK, and his move to the United States with his life here and groundbreaking work. Historic photos of Preston Park will be shared in preparation for the companion trip to Preston Park. Be sure to register for that separately.

Wed. May 14; 2:00 - 4:00 PM

In-person

Wed. June 4; 9:30 - 11:00 AM

Online

Minimum: 5 Fees: Member \$0.00; Non-Member \$15.00

## **Drone Geographical Mapping. Jack Livingston**

Drone mapping refers to the use of unmanned aerial vehicles (UAVs) to collect aerial data and generate maps, models, and other types of visual representations of a worksite. Drone Mapping is a form of photogrammetry or measuring from images. Participants will fly several types of drones used in mapping and inspection.

Wed. May 21; 1:30 - 3:00 PM

In-person

Minimum: 6, Max: 18

Minimum: 3, Max: 20

Fees: Member \$0.00; Non-Member \$15.00

## **Drumming for Everyone. Janet Leise**

Let's explore rhythm and making music together in a safe, healthy and fun group. No previous musical experience or talent is needed. Percussion instruments and hand drums will be provided, but you can bring your own. Each drum circle will include beginner instructions and will be appropriate for returning participants as well. Tue. May 6, 13, 20; 2:00 - 3:30 PM

In-person

## English - Tracing the Fascinating Language History. Ruth Cole

Shakespeare didn't speak Old English, but the earliest residents of the British Isles did. The Norman Conquest brought the French and Middle English while Shakespeare was Early Modern. Trace all of this and more -- grammar, words, dialects -- in a fascinating sequence. Consider your own language inheritance with its roots.

Mon. May 19; Part I. 10:00-11:30 AM, Part II. 1:30 - 3:00 PM In-person

Fees: Member \$0.00; Non-Member \$15.00

## English Odyssey. Verna Call

Join a three-part class on travel in England. This English Odyssey will provide an eventful, adventurous, and photographic experience for all who attend. This class covers periods from 10,000 years ago at Stonehenge, to 2,000 years ago at Roman Baths, to 1,000 years ago at Norman Castles, to 500 years ago at Shakespeare's home, to present day towns, coasts, and lakes. Learn about our English heritage and traditions as we take a trip of discovery.

Mon. Apr. 28; May 5, 12; 2:00 - 4:00 PM

In-person

Tue. May 6, 13,20; 9:30 - 11:00 AM

Online

Fees: Member \$0.00; Non-Member \$15.00

## Faces in Fiber. Cindy Andes

This class will introduce participants to possibilities of creating small whimsical wall hangings and other fiber art forms of people and animals. The instructor will show a number of pieces of her work, and then give participants time to begin creation of work of their own... Basic fabric pieces will be provided to start the process...(Creations will not be finished in class...but hopefully displayed during the ILR fall of 2025.)

Mon. Apr. 21; 10:00 - 12:00 PM In-person

Fees: Member \$0.00; Non-Member \$15.00

## Films of Cary Grant. Dale Doran

**5 OR MORE SESSIONS** 



Cary Grant was an English and American actor who lived from 1904 to 1986. He was known for his Mid-Atlantic accent, debonair demeanor and sense of comic timing. We will enjoy several of his movies during the time of these classes. Included will information about him and the movies in which he stars.

Wed. Apr. 2 - May 21; 1:00 - 4:00 PM

In-person

Minimum: 3

Fees: Regular/Sustaining Member \$0.00; Non-Member \$25.00

## Finding my Passion Later in Life. Linda Rettstatt

Following a career as a social worker and clinical counselor, with encouragement from friends, Linda wrote her first book in 2007 and has written over 50 more. She will share her journey in writing and publishing and answer questions from the class. She writes fiction for women as well as stories of strength, love, humor, and hope. Linda will bring several books with her for your perusal.

Tue. Apr. 29; 2:00 - 4:00 PM

In-person

Note: possible purchase of Linda's books after class.

Fees: Member \$0.00; Non-Member \$15.00

#### First Atlantic Crossing by Air. Cliff Brown

Learn about the 1919 competition between the US and Britain to be the first to cross the Atlantic Ocean by air from the Island of Newfoundland. Every manner of air calamities greeted the competitors. One American and one British plane succeeded in crossing. Could each claim they won the race? The presentation will be enhanced by visual images and Power Point slides.

Mon. Mar. 17; 12:00 - 1:30 PM In-person

## **Functional Fitness. Ryan Stack**

Functional fitness prepares the body for real-life movements and activities. It trains your muscles to work together and prepares them for daily tasks by simulating common movements used at home, work, or sports. Movements such as squatting, reaching, pulling, and lifting will be made easier with functional fitness integrated into your exercise routine and can be accomplished at home or in a fitness center.

Tue. Mar. 18; 12:00 - 1:30 PM In-person

Minimum: 6, Max: 30

Fees: Member \$0.00; Non-Member \$15.00

## Games. Are You Game? Dale Doran

#### **5 OR MORE SESSIONS**



Are you game? Then this class is for you. Come and have fun as a variety of games will be presented for your entertainment - board, card, dice, domino, tile. Learn about new games and revisit old favorites. You won't be 'board'! For more information about this activity, contact the class instructor.

Mon. Apr. 14, 21, 28, May 5, 12; 12:00 – 2:00 PM

Minimum: 3, Max: 25

In-person

Fees: Regular/ Sustaining Member: \$0.00; Non-Member \$25.00

## **Great American Voices--The Males. Phil Atteberry**

The class will explore the careers and music of four popular American male singers. Included will be Bing Crosby, Frank Sinatra, Nat King Cole and Bobby Darin. The course will explore how their work and careers both reflected and helped shape American popular culture in the early and mid-20th century. The class will combine lecture, discussion and lots of audio and video clips.

Tue. Apr. 8, 15, 22, 29; 11:00 -12:30

In-person

Fees: Member \$0.00; Non-Member \$15.00

## Historic Mansions of Butler. Bill May

Join local historian and storyteller Bill May for his "Historic Mansions of Butler"

The 60 minute PowerPoint presentation will take attendees on a virtual tour of 20 homes of Butler's historic neighborhood of North McKean, East Fulton, and East Pearl Streets. Participants will hear fascinating stories and see photos behind these beautifully persevered homes including Elm Court as well as their connections to Abraham Lincoln, Mark Twain and John D. Rockefeller, the Civil War and the Underground Railroad. The story of a local murder will also be featured!

Wed. Apr. 30; 11:30 AM- 12:30PM In-person

Minimum: 20,

Fees: Member \$0.00; Non-Member \$15.00

## Irish Brigade in the Civil War. James Carnes

The Irish Brigade was an infantry brigade, consisting predominately of Irish Americans, who served in the Union Army. Mr. Carnes will discuss the reason for forming the Brigade, its leaders, especially General Meagher, and the history of their fighting in the Civil War, especially the Battle of Gettysburg.

Tue. Mar. 18; 2:00 - 3:30 PM

In-person

Fees: Member \$0.00; Non-Member \$15.00

## Irish Music. St. Patrick's Day Music. Janet Leise

St. Patrick's Day!!! Let's celebrate the rich culture of Ireland. This class will be part history of Irish songs and part sing-a-long. Enrollment is open to singers and non-singers alike. Lyric sheets will be provided. Bring along a favorite St. Patrick's Day snack and/or nonalcoholic beverage to share. Wearin' of the green is encouraged!!

Mon. Mar. 17; 2:00 - 3:30 PM In-person

Max: 30

## Italy. A Taste of Italy. Ron Fodor

Italy offers landscapes that will take your breath away, rich history and delicious food. A trip to Italy is nothing short of unforgettable. From the majesty of Rome to the magic of Venice, to the artistry of Florence and beyond, Italy delivers an experience like no other.

Tue. Apr. 1; 2:00 -3:30 PM In-person

Minimum: 6, Max: 30

Fees: Member \$0.00; Non-Member \$15.00

## JFK Assassination. Tom Pearcy

It has been 62 years since November 22, 1963 when President John F. Kennedy was assassinated in Dallas, Texas. Despite the time lapse, Americans are still fascinated by the incident. The controversies and speculation surrounding who conducted the shooting and why has perpetuated interest. This class will consist of two principle components. First, examining the assassination--events preceding it, what happened in Dallas that day, and what happened afterward. Was this the work of a 'lone gunman' as Senator Arlen Specter and the Warren Report contend, or was it a coup D'Etat where political forces acted to accomplish something they might not have achieved at the ballot box? Second, this class will be an exercise in historiography--how scholars do history. How can two authors, viewing the same act and using the same basic materials, arrive at diametrically-opposed conclusions? SRU history professor Dr. Thomas Pearcy will share his knowledge and experience on the subject.

Thu. May 15; 1:30 - 3:00 PM In-person

Minimum: 6, Max: 30

Fees: Member \$0.00; Non-Member \$15.00

## JWB. In the Footsteps of John Wilkes Booth—160th Remembrance of the Lincoln Assassination. Bill May

Historian and storyteller Bill May presents a PowerPoint presentation telling the story of the Lincoln Assassination of April 14, 1865. Highlights of the talk include John Wilkes Booth's time spent in western Pennsylvania and how it changed the course of American history and the story of a local Butler resident who played a surprising role in the escape of John Wilkes Booth.

Mon. Apr. 14; 12:00- 1:30 PM

In-person

Minimum: 20 Fees: Member \$0.00; Non-Member \$15.00

## Marquis de Lafayette: An Amazing Life. Tom Call

The Marquis de Lafayette participated in three revolutions. Sometimes he led military battles. Sometimes he led by his oratory and his writings. Once he was imprisoned and his property seized. Amidst those tumultuous events, Lafayette never wavered in his guiding principle: dedication to and a belief in the ideals of liberty and freedom. We know Lafayette as an American hero, but he was born a wealthy, titled French aristocratic. Join us as we examine the remarkable life of "The Hero of Two Worlds."

Mon. Apr.7; 2:00-3:30 PM

In-person

Tue. Apr. 1; 9:30 - 11:00 AM

Online

## Medicare - What You Need to Know. Jeffery Johnstone

Consumer advocates note that people who are Medicare eligible get a much better deal if they know the facts. Learn about the Medicare and Medicare Advantage programs, supplement plans and how to choose the correct Medicare plan. Topics include the four parts of Medicare (Parts A-D); enrollment periods and how to enroll. This course will help participants currently receiving Medicare as well as those preparing for the future.

Tue, April 1; 12:00 - 2:00 PM In-person

Minimum: 6, Max: 30

Fees: Member \$0.00; Non-Member \$15.00

## Mexican Adventure: Puerto Vallarta. Janet Leise & Sherri Schleiter

Let's explore the rich history, culture, geography and adventure of Puerto Vallarta, Jalisco, Mexico.

Mon. Mar. 10; 2:00-3:30 PM

In-person

Fees: Member \$0.00; Non-Member \$15.00 Mon. Apr. 7; 7:00-8:30 PM

Online

#### Moon Mammoth Site. Eric Scuoteguazza

A "mammoth" discovery was made in the depths of Lake Pleasant in Erie County. During this presentation, we will discuss a rare find – the remains of a Woolly Mammoth that had been hunted and partially butchered by humans 14,000 years ago. The presentation will also provide insights to the earliest known inhabitants of North America and the implications of this fortunate and significant archaeological discovery.

Wed. Mar.26; 12:00-1:30 PM In-person

Fees: Member \$0.00; Non-Member - \$15.00

## NAMI: Its Significance in the Lives of Those Affected by Mental Health Conditions. Jim Clendaniel

NAMI is the largest grassroots mental health organization. It focuses on improving the lives of those affected by mental illness, both for the mentally ill and those who love and support them. I will share my experiences and describe how NAMI has positively influenced my family members lives. Through this process, I will describe my journey as a caregiver and as a NAMI volunteer along with sharing relevant information about mental illness in America.

Wed. Apr. 23; 11:30-12:30 PM In-person

Max: 30

Fees: Member \$0.00; Non-Member \$15.00

## PA Dept of Corrections (DOC) Explained. Brad Jester

Lieutenant Brad Jester from the PA Department of Corrections will discuss how the department functions as well as the types of facilities within it. He will answer questions about the facilities and inmates. One of the prisons is a regional prison in Mercer, PA. If you know of persons who may be interested in working in corrections, invite them to the class as Lt. Jester is a Specialist in Recruitment and Retention. If you have questions, send them to Ruth Leo at RLEO@zoominternet.net before March 30th, 2025.

Tue, May 5; 10:00 AM - 12:00 PM In-person

Minimum: 6,

Fees: Member \$0.00; Non-Member \$15.00

## Photography - Art of Seeing in Black and White. Sherri Schleiter

Art of seeing in Black and White photography: Develop an eye for seeing in black and white to create images. Learn about well-known black and white photographers and techniques used by these photographers. Explore reasons to choose black and white images. No camera needed for class.

Mon. Mar. 31; 2:00 - 3:30 PM In-person

Fees: Member \$0.00; Non-Member \$15.00

## POA. I'm Not Dead Yet! Durable Power of Attorney, Living Wills and Advanced Healthcare Directives. John Golden

This class will be incredibly valuable to help you make informed decisions on how to designate a trusted person to make legal, financial, and/or healthcare decisions on your behalf if you become unable to do so. Some topics include: Durable general power of attorney (POA); healthcare POA; springing POA Living Wills; •What to include (e.g., treatment preferences, organ donation, and resuscitation instructions, surrogates); • Advanced Healthcare Directives; How to specify preferences for end-of-life care, pain management, and resuscitation; • What steps are necessary to ensure validity of documents in Pennsylvania; • Tips for discussing these decisions with family members, caregivers, and healthcare providers.

Tue. March 25; 12:00 - 1:30 In-person

## Sayings - Interpreting Unusual Sayings and Practices. Ruth Leo

Learn what various words mean in our country and elsewhere. If you say "I'll be there with bells on!", what do you mean? Your friend from Australia says that a friend of yours is a "stickibeak". Should you be offended? Do you remember cross-cut saws, 8-track tapes, party-line telephones, and pin curls? Come and share your insights with others. Think about how your profession has changed in 25 to 50 years. Tell us about it.

Thu. May 8; 10:00 AM - 12:00 PM In-person

Fees: Member \$0.00; Non-Member \$15.00

## Soaring Spirit: Birds and the Human Psyche. Dave Kwasnick

The instructor did not provide a description of this presentation. You might remember Dave from the Bird Watchers Store on New Castle Rd. in Slippery Rock, as well as previous semesters at the ILR

Fees: Member \$0.00; Non-Member \$15.00

Fri. May 2; 10:00 AM - 11:30 PM In-person

## Special Olympics. Janet Leise

Special Olympics is the world's largest sports organization for children and adults with intellectual disabilities, providing year-round training and activities to 5 million participants and Unified Sports partners in 172 countries. This presentation will feature presentations by athletes and coaches who participate in Butler County Special Olympic programs. Guests: Tim Spence, Mary Pitzer and 2-3 Special Olympians.

Fees: Member \$0.00; Non-Member \$15.00

Mon. Apr. 28; 11:00 AM - 12:00 PM In-person

## SRU - Historical Tour of SRU's Campus. Robert Watson

Take a Power Point tour recounting the history of Slippery Rock University's beautiful 660-acre campus. From the original upper campus to the lower campus including Storm Harbor Equestrian Center and McFarland Recreational Sports Complex. Learn about the institutions stream of history beginning as a state normal school and the addition of programs and facilities that promoted its growth to a state teachers' college, state college and now a university. The class will include an optional walking tour from the Alumni House through the main campus corridor and lunch (everyone pays for themselves) at Boozle Dinning Hall.

Thu. May 29; 10:00 AM - 1:00 PM In-person

Minimum: 6, Max: 30 Fees: Member \$0.00; Non-Member \$15.00

## Stress Management Through Vagus Nerve Awareness. Curtis Green

Explore the benefits of self-generated sound, breath work, and movement to reduce the negative effects of stress. Learn the keys to unlocking vibrant living.

Tue. May 6; 12:00 - 2:00 PM

Fees: Member \$0.00; Non-Member \$15.00

In-person

#### Two Century Quilts: Restoring Vintage Quilts. Barbara Frohne

Quilting has been of interest for centuries both in providing warmth for one's family members and as an art form. A quilter could design and make a quilt top faster than it could be hand quilted. When a quilter passed on to her eternal rest, often several quilt tops were waiting to be finished. The presenter finds these at yard sales, auctions and thrift stores and finishes them to be displayed or used. It has become her passion. Learn how to restore these quilts through a demonstration.

Wed. Mar. 26; 2:00 - 3:30 PM In-person

Minimum: 6, Fees: Member \$0.00; Non-Member \$15.00

## Ukraine Refugees - From Ukraine to Ambridge WWII Refugee Orysia Hladio's Story. Orysia Hladio

Join Orysia Hladio, and her daughter Patty, for a mother-daughter presentation sharing the trials and tribulations Orysia and her family experienced during their journey as WW II refugees. Orysia is a native of Ukraine who at the age of seven, spent the next five years, along with her parents and siblings, as refugees in Europe, immigrating to America in 1949.

Wed. May 7; 1:15 - 2:45 PM In-person

Minimum: 6, Max: 30

Fees: Member \$0.00; Non-Member \$15.00

## Ukulele - So You Want to Learn to Play the Ukulele, Good! Andy Johnson, Peggy Johnson & Janet Leise

This four-session class will teach you the basics of uke tuning, chords, and strumming. You will learn to play a simple song in the first class. This class is a low pressure/high reward experience. Our three instructors will give you lots of attention as they gently guide you into the realm of the uke. When you sign up please indicate if you are bringing a uke or are in need of a uke. Printed instructions, tuners, and (if needed) ukes will be provided.

Wed. Apr. 16, 23, 30, May 7; 3:00 - 4::00 PM In-person

Minimum: 3, Max: 8-10

Fees: Member \$0.00; Non-Member \$15.00

## Writing - Guided Writers' Workshop. Dorie Schleiden

My buddy Larry named this class! The name says a lot. We will read short excerpts from established writers, then write, share, and edit three class inspired works. Enjoy four fun-filled sessions learning more about yourself and the stories you have to tell. If you have a favorite sweater, ball cap, or worn pair of jeans...if you enjoy cooking and/or eating...if you long to find out which was Johnny Cash's favorite shirt..you already have your writing inspirations. Please join the group!

Mon. Mar. 24 - Apr. 14; 10:00AM - 12:00 PM In-person

Fees: Member \$0.00; Non-Member \$15.00

## Excel - A Step by Step Review and Tips. Delia Draghiciu

In this class you will review how to create a spreadsheet, enter data quickly, apply formulas and format data or spreadsheet. Working with tables, saving, sharing, and printing spreadsheets will be addressed. The participants will be able to create a budget-table, budget planner and tracker, invoice, contacts' agenda, mail merge, and more. Other subjects based on the participants' needs can be addressed. The laptop for presentation runs on Windows 11 and Microsoft 365. Bring your own laptop for practice. Follow-up sessions might be scheduled. This class is offered only to ILR members

BONUS CLASS

Mon. Mar. 11; 18; 10:00 AM - 12:00 PM In-person

Maximum: 10.

## PowerPoint for Teaching Presentations. Delia Draghiciu

This class will review basic knowledge and tools to create a PPP (e.g.: enter text, shapes, pictures, format content, and apply a design). Next, the participants will learn how to add effects to the presentation (such as animation, video & audio, and transitions) and manage settings for a makeover. A guide for presenting and creating effective teaching presentations will be combined with examples and demonstrations. Saving, sharing and printing options are among the topics. The laptop for presentation runs on Windows 11 and Microsoft 365. Participants must bring their own laptops for practice. Follow-up sessions might be scheduled at the end of the class. Presenters with experience are invited to share their tips and wisdom.

Maximum: 10.

Tue. Mar.10, 17; 10:00 AM - 12:00 PM In-person

**BONUS CLASS** 

This class is offered only to ILR members

## Ice Cream Social. Kathy Flood & Debbie Bell & Rich Thornhill



**EARLY DEADLINE!** 

The recently revived Social Committee invites you to an Ice Cream Social to open the Spring 25 semester. Ice cream, toppings, beverages, and most important, social interaction with other members, will be provided. We need you to register for this event so we have enough ice cream! Hope to see you there! Deadline for registration: **March 12.** 

Wed. Mar. 19; 1:00 - 4:00 PM In-person

Fees: Member \$0.00; Non-Member \$0.00

Fees: Member \$0.00; Non-Member \$25.00

#### TRIPS • MARCH 7 - JUNE 13 •

## Annual Membership Meeting. Kathy Flood & Debbie Bell & Rich Thornhill

Join the ILR members for the Spring Membership Meeting and Picnic on Wednesday, June 11, 2025. The event will be held at the Rotary Pavilion at the Slippery Rock Parks and Recrea Center on 320 North Main Street, Slippery Rock, PA 16057. This site is handicapped accessible and has a nearby rest room. Hamburgers, hot dogs, and beverages will be provided. Atendees are invited to bring side dishes/appetizers or desserts. To avoid having too many of either, those whose last name starts with A-O are asked to bring side dish/appetizer and P-Z desserts. Hope to see you there!

Deadline for registration: May 14.

Wed. Jun. 11 12:00 AM - 3:30 PM Slippery Rock

ADBC. National American Defenders of Bataan and Corregidor Museum, W.V. Janet Leise



**EARLY DEADLINE** 

Museum with World War II artifacts, documents, photos concentrated on the American Defense of the Philippines in 1941-1942 and the POW experience of the men captured by the Imperial Japanese Army. The only depository of its kind in the world devoted to the Bataan Death March and the imprisonment of over 66,000 men and women by the Japanese during World War II. The trip will take 2 h. drive one way from Slippery Rock, plus 90 minutes at museum, then lunch before heading home. The fee is for transportation by van, while lunch and donation to the museum is on the participants.

The van will pick you up at the parking lot at the ILR office in Slippery Rock.

Deadline for payment and enrollment: February 21.

Fri. Mar. 7; 9:00 AM - 4:00 PM Wellsburg, W.V.

Minimum: 10, Max: 14.

Fees: Member \$55.00; Non-Member \$70.00

## Aviary. A trip to The National Aviary, Pittsburgh, PA. Kathy Flood



Join the ILR on a trip to the National Aviary! The National Aviary is America's only independent indoor nonprofit zoo dedicated to birds (more info at www.aviary.org). The visit will include admission to the Aviary, the Bird show, and a guided tour of the facility as well as some free time on your own. Transportation will be organized by van from Slippery Rock to the Aviary in Pittsburgh and return. The van driver will depart and return to the parking lot at the ILR office.

The fee includes transportation, admission to and guided tour at the Aviary.

Deadline for payment and enrollment: March 19.

Minimum: 10, Max: 14

Fees: Member \$55.00; Non-Member \$70.00

**EARLY DEADLINE!** 

Fri. Apr. 4; 11:30 AM - 5:30 PM Pittsburgh, PA

## Bach Choir. Margaret De Luca

The Bach Society was formed in 1984 with a small group who got together to sing quality, serious music. The constitution of the Bach Society states that "the purpose of the group is to sing for our own pleasure and the pleasure of others, to contribute culturally to the community and to promote the art of choral music." The group performed for three years under the direction of John Moser of Grove City College.

Fri. May 2; 7:00 - 9:30 PM Slippery Rock, PA

Fees: Member \$0.00; Non-Member \$15.00

## Bike Ride on Armstrong Trail. Rich Thornhill

Bike Ride going south along the Allegheny River out and back 10 miles each way you pick your miles Fees: Member \$0.00; Non-Member \$15.00

We will meet in Ford City, Parking Lot at 100 3 Rd. Ave Ford City, Pa.

Fri. June 13; 11:00 AM - 2:00 PM Ford City, PA

Wed. June 4;

Linesville, PA

11:00 AM - 12:30 PM

Fees: Member \$0.00; Non-Member \$15.00

## Bike on Spillway Trail. Jared McGary

Join the Park Naturalist for a historical 6 mile round trip bike ride along the Spillway Trail. We will be meeting at the Spillway parking lot. Biking the Spillway Trail to Chestnut Street parking lot in Linesville, down to Fries Road, and back to main parking lot at the Spillway. We prefer members to bring their own bike but would be able to accommodate 5 participants. Please have participants bring water, snack, helmet and to be dressed appropriately for the weather.

We will meet at Spillway, 12318 Hartstown Road, Linesville, PA 16424

Minimum: 6, Max: 15

Fees: Member \$0,00; Non-Member - \$15.00

## Blackwood Arts Tour. Andy Johnson & Ben Robertson

Blackwood Arts is an active art and antique musical instrument estate on forty acres near Harrisville. This unique venue features beautiful buildings, extensive gardens, world class art, and the gracious hospitality of the owners, Ben and Don. Refreshments will be served at the end of the tour.

Note: A donation of \$20 is expected, it will be paid at the gate.

Wed. May 28; 9:15 AM - 1:00 PM Harrisville, PA

Minimum: 15, Max: 25 Fees: Member \$0.00; Non-Member \$15.00

## **Brunch Munch and Conversations. Sherri Schleiter**

This class will meet in local area restaurants, coffee shops, etc. for munchies and lively conversations. Locations will include nearby towns like Slippery Rock, Butler, Grove City and other local areas voted on by participants. Cue cards, created by participants will lead discussion topics. Examples are "talk about gardening", "share a family tradition", "discuss an activity you enjoy", Tell us about the ILR classes are you taking. Then time for chit-chat. Participants pay for their munchies. Join us and make new friends! Carpooling arranged by participants.

Fees: Member \$0.00; Non-Member \$15.00

Fri. Apr. 11, 25, May 9, 23;

10:00 AM - 12:00 PM Local restaraunts

## Cathedral of Learning, Visit Nationality Rooms & Heinz Chapel. Martha Manzato

The Cathedral of Learning is the centerpiece of the University of Pittsburgh; it is listed in the National Register of Historic Places. Built on the late Gothic Revival style, the Cathedral rises 42 stories. The interior offers the "National Rooms classrooms, administration offices, a four story event hall, a student food court and gift shop. Heinz Chapel is nondenominational; it was given to UP by the H.J. Heinz family. The chapel's Neo-Gothic style offers stone vaults, high ceilings, repeated arches and extensive use of glass. It hosts approximately 1000 events annually. An easy walk separates the two buildings. A guided tour will be from

Fri. Apr. 25; 9:30 AM - 5:00 PM Oakland, University of Pittsburgh 11:30am to 1:00pm. Following the tour at 1:30pm we may lunch at the restaurant "Porch" which is directly across the street.

We will depart from Fowler Building at 9:30am. Leave Pitt University at 3:00 pm to return to Fowler Building, Slippery Rock. We will meet our site guides at 4200 5th Avenue. The fee includes transportation and admission to the Catheadral of Learning, but not lunch. Participants will pay lunch, separately. Deadline for payment and enrollment: April 9.

Minimum: 10, Max: 14

Fees: Member \$65.00; Non-Member \$80.00

## Days for Girls. Janet Leise & Ruth Mage

Days for Girls is a nonprofit volunteer organization that works to eliminate the stigma and limitations associated with menstruation so that women and girls have improved health, education and livelihoods. To date, we have reached over 3 million women and girls with our life-changing menstrual health solutions. Tour of a local collection and assembly which is located on the George Junior Republic Campus in Grove City.

Thu. Mar. 13; 10:00 AM- 12:00 PM Grove City, PA

Fees: Member \$0.00; Non-Member \$15.00

## Fish Fry Frenzy. Sherri Schleiter

The participants in this activity will meet several times attending local fish fries. Usually, these fish fries are held on Fridays during the Easter Holidays. Times, locations and dates will need to be arranged closer to the events. We will discuss the origins of fish fries and eating fish during this part of the holiday season. We will discuss Lent traditions.

Fri. Mar. 21, 28, Apr. 4; 4:00-6:00 PM Various local events

Fri. Apr. 11;

Fees: Member \$0.00; Non-Member \$15.00

## Flower Show at Phipps Conservatory. Kathy Flood

Join the ILR on a visit to the Spring Flower Show at Phipps Conservatory! For more than 125 years, Phipps has been its city's green oasis, connecting Pittsburghers to the beauty and importance of nature while advancing the role of the public garden in the fields of education, outreach and sustainable innovation. (More information at www.phipps.conservatory.org). The Spring Flower Show always provides the burst of color and fragrance you've been missing all winter long, A guided tour will be included. The fee includes admission to the facility and van transportation. We'll leave from and return to the ILR office in Slippery Rock.

Deadline for payment and enrollment: March 31.

le advancing the information at fragrance you've 11:30 AM - 5:30 PM Pittsburgh, PA

Minimum: 15, Max: 40

Fees: Member \$55.00; Non-Member \$15.00

## Franklin Walking Architectural House Tour. Ruth Leo

Attendees will meet at the Franklin, PA Chamber Office and will go on a walking tour of Victorian Era Houses with a Member of the Rotary for 1.5 hours. Jodi Lewis will be our guide. A brochure will be available. Lunch arrangements will be made for a local restaurant.

Sat. May 3; 10:00 - 11:30 AM Franklin, PA

Following the tour, participants may attend May Mart for plants, trees, vendors etc

Minimum: 6, Max: 12

Fees: Member \$0.00; Non-Member \$15.00

## Grove City George Junior Republic Tour. Ruth Leo & Miley Duong

The attendees will learn the history of a long-standing facility for adjudicated young boys and men, see the facilities by bus tour and entering buildings. We will learn about some new ideas in therapy and expansion of the mission of the facility.

Thu. Apr. 24; 10:00-11:55 Grove City, PA

We will meet behind the Chapel at George Junior Road, Grove City, PA

Minimum: 8, Max: 14 Fees: Member \$0.00; Non-Member \$15.00

## **Grove City Historical Society Tour. Ruth Leo**

The Traveler's Hotel holds the exhibit for the Historical Society. Three floors, accessible by riding chair, hold exhibits of history, heritage and artifacts in more than 12 rooms. We will meet at 111 College Avenue, Grove City.

Minimum: 6, Max: 15

Thu. Apr. 24; 12:30 -2:30 PM

**Grove City, PA** 

Fees: Member \$0.00; Non-Member \$15.00

## Harmony Museum Tour. Gregory Sferra & Katina Koontz

Historic Harmony, Inc. was founded in 1943 and operates the Harmony Museum, which interprets 250 years of rich history. Museum presentations that include George Washington's 1753 Mission, the communal Harmony Society, Mennonites, and the collection of outstanding sporting rifles by 19th century Harmony gunsmith Charles Flowers. Its nine properties include the 1809 main museum building, the1812 Wagner Haus that houses the Museum shop, Rapp's seat and overlook, three log cabins with displays, as well as the Harmony Society cemetery with giant stone revolving door. The restored Mennonite Meetinghouse and Cemetery are individually listed on the National Register of Historic Places.

Fri. May 23; 1:00 - 2;30 PM Harmony, PA

Minimum: 6, Max: 30

Fees: Member \$0.00; Non-Member \$15.00

## Hepburn Style and Her Designers - Kent S.U. Exhibition. Dale Doran & Cindy Andes



**SEE DEADLINE!** 

The Kent State University (KSU) Museum has an exhibit "Katharine Hepburn, Dressed for Stage and Screen". This exhibit will only be there for a short time. It includes Theatre Costumes, Film Costumes, and Clothes for Publicity and Private Life worn by Katharine Hepburn for the purposes mentioned. You will see some of the actual items Katharine Hepburn wore on stage, in films, for publicity and in private. This will include many of the costumes we saw her wearing in the films we viewed in the Fall 2024 semester. The drive is about 1h. 20 min. one way and after visiting the exhibition, we'll have lunch at a nearby eaterie. The fee is for transportation by van, and does not include other expenses. The van will pick you up and drop you off at the parking lot at the ILR office in Slippery Rock. Contact Dale (ddoran@zoominternet.net) or Cindy (andes@pitt.edu\_ for further details.

Thu. Apr. 17; 9:30 AM - 5:00 PM Kent, OH. KSU Museum

Deadline for payment and enrollment: April 1.

Minimum: 10, Max: 14

Fees: Member \$55.00; Non-Member \$70.00

## Hike at Preston Park. Rich Thornhill

Will meet in Parking Lot. 2-3 mile hike

Fri. June 6; 11:00 AM - 1:00 PM

Fees: Member \$0.00; Non-Member \$15.00 Butler PA, Preston Park

## Keystone Safari. Margaret De Luca

Meet at zoo at 10am for a walking tour. If you cannot walk the distance, a driving tour is available. Animal food may be purchased and may be hand fed to the animals. Lunch at Margarita King at noon.

Fri. May 16 10:00 AM- 2:00 PM

**Grove City, PA** 

Fees: Member \$15.00; Non-Member \$30.00

## Lemieux Sports Complex. Gregory Sferra & Danielle Huttinger

The UPMC Lemieux Sports Complex is the primary practice and training facility for the Pittsburgh Penguins as well as a comprehensive outpatient facility for UPMC Sports Medicine. This first-of-its-kind facility in the Pittsburgh region is a true partnership between two world-class organizations, and features 185,000 square feet of total space dedicated to treating, training and inspiring athletes at every level. The tour will focus on the hockey side of the facility. We will meet at Lemieux Sports Complex, in the lobby.

Thu. Mar. 27; 1:30 - 2:30 PM Cranberry Twp. PA

Minimum: 6, Max: 20

## Lunch Out. Teresa O'Malley & Henry Anna

## **5 SESSIONS OR MORE**



You will experience diverse ethnic dishes at popular eateries in Western PA neighborhoods. You will pay for your own lunch and will be contacted by email. We can carpool.

Fees: Member \$0.00; Non-Member \$25.00

Thu. Mar. 20; Apr. 3, 17, May 1, 15, June 5; 11:30 AM - 1:30 PM

Various Places

## Maple. Experience Maple Sugaring: A Sweet Talk. Ruth Leo & Miranda Crotsley

Join the Education Director and other ILR members at Jennings to learn about the history and culture of maple-sugaring in Western PA. We will become familiar with techniques of tapping trees throughout history and the process of making maple sugar. Jennings Nature Educational Center.

Fri. Mar. 14; 10:00-12:00 Slippery Rock

Minimum: 6, Max: 30

Fees: Member \$0.00; Non-Member \$15.00

## Maple. All Things Maple at Munnell Run Farm. Kelcy Marini & Martha Manzato

Munnell Run Farm is a 163-acre educational facility located in Mercer. It was once a part of the Mercer County Home and Hospital, which has since been divided into multiple properties, including the county Career Center and a nursing home. Many of the Home's historic buildings are still scattered around Munnell Run Farm and have since been repurposed, including the slaughterhouse-turned-trout-nursery and dairy-barn-turned-sugar-shack. Staff of the Mercer County Conservation District now manage the Farm, including its sugar shack and maple production. Join us to see our wood-fired evaporator, explore the farm, and learn about all things maple. A \$5.00 fee will be paid at the gate.

Fri. Mar. 14, 2:00 -4:00 PM Mercer, PA

Minimum: 5, Max: 20

Fees: Member \$5.00; Non-Member - \$15.00

## Merrick Art Gallery Tour. Andy Johnson

Be part of ILR history by joining us on the first ever tour of the Merrick Gallery. This gallery has had historic importance in western Pennsylvania for three centuries and continues to shine with its beautiful building, vast art collection, and a newly discovered tunnel once used in the Underground Rail Way. We will meet in the ILR parking lot at 9:30 AM and travel to Brown's Country Kitchen for a bite. We will arrive at the Merrick noonish in time for a guided tour including a cute gift shop. Meet in the ILR parking lot at 9:30 AM, or at Brown's Country Kitchen at 10 AM. If you want to meet at the Merrick then it will be noonish.

Wed. June 4; 9:30 AM - 3:00 PM New Brighton, PA

Note: A \$20.00 donation is expected, and payable on site.

Minimum: 10, Max: 25

Fees: Member \$0.00; Non-Member \$15.00

## Nature in Spring-Wildflower Walk with Natalie Simon. Ruth Leo & Natalie Simon

We will enjoy the spring wildflowers blooming along Hell's Run during a mile stroll on an easy trail at the Hell's Hollow area. The map will indicate how to get to Hell's Hollow if coming from the old mill through the covered bridge. As the resident biologist at the park, Natalie Simon will be able to answer most of your questions about flora and fauna there.

Fri. Apr. 18; 10:00 AM - 12:00 PM Portersville, PA

Hell's Hollow parking Lot 1436 Shaffer Road, Portersville, PA 16051 or Fowler Building for carpooling

Max: 10-12

Fees: Member \$0.00; Non-Member \$15.00

## Opera - Madam Butterfly. Dale Doran

In this groundbreaking new production created by an all Japanese and Japanese-American creative team, the story is transported to a fantastical realm where reality and dreams intersect. Pinkerton puts on a VR headset and transports us into a vibrant virtual reality playground where he has ultimate control. As his avatar, a U.S. Navy Lieutenant, he can seduce and marry his fantasy girl and abandon her just as easily. But to Bio-Cio San,

Sun. Mar. 30; 11:00 AM- 5:00 PM Pittsburgh, PA The Benedum Center this is no game and the love and betrayal she feels is all too real. Enveloped in Puccini's stunning music, this visually beautiful production is the perfect match. Pittsburgh Opera is proud to partner with Cincinnati Opera, Detroit Opera, and Utah Opera to co-produce this reinvention of Puccini's classic, uncovering new and resonant meaning for all audiences to enjoy. Antony Walker conducts; Original production conceived and directed by Matthew Ozawa; Associate Stage Director, Melanie Backing.

We will meet at the ILR parking lot for carpooling, or at the Bendedum Center otherwise.

Deadline for payment and enrollment: March 7.

Minimum: 3, Max: Fees: Member \$43.00; Non-Member \$58

## Opera - Woman With Closed Eyes. Dale Doran

When Mona finds a mysterious suitcase filled with stolen masterpieces, she must grapple with a choice to save these priceless paintings or save her son- the thief. Burning the paintings would destroy the evidence of her son's crime, but one of the paintings-Lucien Freud's "Woman With Eyes Closed:-looks just like her own mother, a painter who died when Mona was still young. The uncanny resemblance unlocks long-buried memories that fuel the fires of three different possible endings. This world premiere opera from award-winning composer Jennifer Hidden (Cold Mountain) is inspired by a real-life art heist, and confronts the question "what is the true value of a work of art?" This opera needs to be seen at least twice; each night of the production has the possibility of a completely new ending! Antony Walker conducts; Kristine McIntyre directs. Commissioned by Opera Philadelphia. We will meet at the ILR parking lot or at the Bitz Opera Factory. The venue is in Strip District. Deadline for payment and enrollment: April 1.

Sat. May 3; 2:00 AM-6:00 PM Pittsburgh, PA

Minimum: 3, Fees: Member \$43.00; Non-Member \$58.00

## Pickleball 101+. Gregory Sferra & Denny Hemphill

This class will further expand on the game of pickleball. The instructor will expand on the basics of Pickleball play, scoring, and strategies. The class will be conducted at the pickleball/tennis courts located on Keister Road weather permitting. In the event of inclement weather, the class will be conducted in the Aebersold Student Recreation Center (ARC). Participants should come dressed to play wearing athletic apparel and shoes. Paddles and balls will be provided.

Tue. Apr.22; 2:00 - 4:00 PM SRU ARC

Minimum: 4, Max: 12 Fees: Member \$0.00; Non-Member \$15.00

## Preston Park Tour. Anthony Stagno & Polly Shaw

Prepare for this tour by attending either the in-person class program or the online class by Zoom, the day before, "Dr. Frank W. Preston and Preston Park". Register to join this activity, led by Friends of Preston Park Executive Director, Anthony Stagno, who will take you on a 2-3 hour walking tour of buildings and grounds of Preston Park, 215. E. Eberhart Road, Butler, PA.

Thu. June 5; 10:00 AM - 1:00 PM Butler, PA

Meet in the parking lot at Preston Park, near the Rest Rooms.

Minimum: 10, Max: -Fees: Member \$0.00; Non-Member \$15.00

## Relic Crusade. Janet Leise & Hermit David

The Relic Crusade has erected a Shrine to the Saints in Saint Michael the Archangel Greek Ukrainian Catholic Church. Located in Lyndora, Pennsylvania, this is the largest collection of Relics in an Eastern Rite Church. Note: Optional donation. Reservations for groups of 10 or more

Sat. Apr. 5; 10:00 - 11:30 AM Lyndora, PA

## Steamfitters' Technology Center in Harmony, PA. Gail Blakeley & Thomas Doran

We will tour the Steamfitters' Technology Center that provides advanced training from skilled industry professionals for those pursuing a career in building and maintaining piping systems in a variety of industrial and residential facilities. We will see the extensive supply of equipment needed for training in these careers. This state of the art facility aids steamfitters as they have five years of training to fabricate, install and service all types of hot water and steam piping systems. Lunch will be served to participants at the Events Center at the facility. We will meet at Steamfitters before 11 in the parking lot of Steamfitters 230 Wise Rd. Harmony PA.

Harmony, PA

Minimum: 5, Max: 15

Fees: Member \$0.00; Non-Member \$15.00

#### Steam Show - Portersville, Janet Leise & Wanda Write

The Portersville Steam Show and the grounds are maintained by the N.W. PA. Steam Engine & Old Equipment Association. The goals of the organization are to preserve, display and demonstrate equipment of the past. We feature antique gas, steam-powered, and old agricultural methods. Activities featured include: Craft and food vendors, tractor pulls, print making shop, small train ride, and entertainment TBD.

**Sat. May 17**; 10:00 AM - 1:00 PM Portersville, PA

Fri. Apr. 11;

11:00-11:55

Fees: Member \$0.00; Non-Member \$15.00

## Storm Harbor Tour. Janet Leise

Our main focus is to provide weekly therapeutic riding lessons for individuals with disabilities. We also provide therapeutic opportunities by teaching some of our riders how to groom, tack and take care of the horses.

Fri. May 9; 11:30 AM- 12:30 PM

Fees: Member \$0.00; Non-Member \$15.00

Slippery Rock

#### Wild Flowers Walk on Wolf Creek Narrows. Kelar Smith

In early May, take a walk along Wolf Creek to see the spring wildflower blooms at their peak. Learn how to identify plants by their flowers, leaves and growth habit. We will also discuss some medicinal properties and folklore of plants. The relatively flat trail along the creek is teeming with colorful flora diversity. Those who are more adventurous can do the entire 1.5 mile loop up a steep hill to witness a carpet of blooming trillium as far as the eye can see. Location: Slippery Rock, Wolf Creek Narrows Natural Area.

Thu. May 1; 1:00 PM - 3:00 PM Slippery Rock

We'll meet at the parking lot at the west side of the bridge over Wolf Creek.

Note: Parking is limited so carpooling is encouraged.

Maximum: 15

Fees: Member \$0.00; Non-Member \$15.00

## Wine & Lunch. Kathy Flood

Join us for wine tasting followed by lunch at local wineries. Particiants pay for tasting and lunch.

Thu. Mar.13, Apr. 10, May 8, June12;

11:30-1:30

Fees: Member \$0.00, Non-Member \$15.00 Various destinations

## INSTRUCTORS/FACILITATORS' BIOGRAPHY

#### Cynthia Andes

Cindy Andes lives in Titusville, Pennsylvania and retired from the University of Pittsburgh at Titusville as an Assistant Professor of Humanities and English. Among the courses she taught, were "Words & Images", "Women & Literature," and later during the spring term, "Art & Architecture in Germany & the Czech Republic." Cindy has been a traditional watercolor painter for over 50 years, and in more recent years, a mixed media artist in many mediums. She grew up spending summers at the Jersey shore, where she continues to connect with the community.

#### Henry Anna

Hank is Professor Emeritus of Political Science and Public Administration at SRU, having retired in 1998. A native of Cambria County, PA, Hank has traveled extensively and has so far visited 47 US states and more than 25 countries on 5 continents. He enjoys reading and volunteer work, including Rotary.

#### Phillip Atteberry

Phil has taught English and popular music for over thirty years at PITT and the Chautauqua Institute. He has a Ph.D. from Washington University. His passion for music and show business was passed down to him from his grandparents and great-grandparents who were singers and vaudevillians.

#### Debbie Bell

Debbie and her family moved to Slippery Rock in 1983. Debbie is a retired elementary teacher from Slippery Rock Area School District. The ILR has provided her with opportunity to forge new friendships, to explore new areas of interest, and to participate in trips and other experiences. Some of her interests include reading, knitting, boating, biking, and traveling.

#### Gail Blakeley

A retired school teacher, Gail has done a variety of classes for the ILR, including wild mushroom identification, a workshop on natural dyes, and diaries of women pioneers. She also leads ILR trips. She enjoys the fine arts, traveling, and reading.

#### Cliff Brown

Cliff Brown is a retired history teacher who has taught in the US, Canada and Papua New Guinea. He works parttime in theater production at Grove City College. He has published books, educational posters, games, coins and stamp albums related to Newfoundland.

## Tom Call

Tom Call has a Master's Degree in history from Notre Dame of Maryland University. He believes that we should remember the extraordinary lives and deeds of American heroes.

## Verna Call

Verna is a retired ordained minister in the United Church of Christ with a Doctorate of Ministry from Lancaster Theological Seminary. She is an avid reader of European and religious history. She is also an avid photographer and traveler, having toured almost 50 countries on all 7 continents. Verna has created photo album diaries and shares her trip experiences with organizations throughout this area.

## James Carnes

James holds a BA in History and an MS in Political Science from Edinboro College. He taught high school history for 35 years and was an adjunct professor at Grove City College for 16 years. James has been presenting History programs for the past 15 years.

#### Steve Cicero

Steve is a former history instructor in Butler Area School District. He is active with a number of historical organizations in Western PA as a part-time teacher or volunteer, as well as with several retired educator groups. In addition, he is always looking for ways to promote local history and historical sites through presentations and tours.

## Jim Clendaniel

Jim is a recently retired healthcare worker with almost 40 years' experience in Podiatric Cardiology management. He has 2 immediate family members living with mental health issues. He has been a NAMI volunteer as a Family Support Group Facilitator and a Family-to-Family class Teacher.

## Ruth Cole

With her bachelor's and master's degrees from the College of Wooster plus three years of graduate work, Ruth is a Shakespearean from master's thesis through publishing through years of teaching the Bard, including a high school senior elective for twenty-five years. She has taught and lectured at Chautauqua, New York; Road Scholars; and ILR.

#### Miranda Crotsley

Miranda is the program coordinator at Jennings. She has worked for state parks for 11 years, including time as chief of outdoor recreation programming and coordinator at Presque Isle.

## Margaret De Luca

She had a wonderful childhood in a small town in Michigan and was taught that she could do anything. Not an academic but a great worker Bee, she thought she would take her act to Atlanta in her 20s to see what life had for for. She worked in all aspects of the restaurant business. then moved on to Travel Agency Accounting for 19 years. She played for years in theater, off and on stage. She make recycled yard art and several other crafts.

#### Dale Doran

Dale worked in her hometown of Philadelphia for private industry, then as a civil servant for ATF and the U.S. Air Force before moving to complete her degree at SRU. This was followed by 39 years teaching students with autism, learning and behavior challenges.

#### Delia Draghiciu

Delia graduated with a B.A. in Philosophy/Psychology from the University of Bucharest, Romania. She has master studies in Health Promotion and a PhD in Psychology (research in Health Psychology) from the University of Bergen, Norway. She has used and taught various software applications, including PowerPoint and Excel for more than 20 years. She used PowerPoint presentations mostly for teaching and participation at numerous international research conferences around the world.

#### Kathy Flood

Kathy retired after 30 years of practice as a Physical Medicine and Rehabilitation physician, primarily at the Veterans Health Administration. Kathy now fills her time with volunteer work at the BC3 Literacy Program as a GED tutor, and some travel. She is currently the chair of the Social Committee at the ILR.

#### Ron Fodor

Ron is a retired Slippery Rock Mayor, and Butler County Conservation Manager for 34 years. Over the years he volunteered for about 25 organizations.

## Barbara Frohne

Barb is a life-long PA resident; graduate of IUP; retired teacher. Involved in quilting for some time but seriously involved since early 2000s with encouragement from ILR participants.

#### **Howard Glass**

Howard Glass served in the US Air Force and learned many mechanical skills. He has had a long career as a heavy equipment operator and a truck driver. He serves on several volunteer community and church committees that reach out to those in need. He writes books.

## John Golden

Dr. Golden teaches law and finance at Slippery Rock University where he also serves as the university's Entrepreneur-in-Residence. He is the Managing Director of the Sustainable Enterprise Accelerator (SEA) at Slippery Rock, which assists new start-ups and existing businesses with sustainable growth opportunities. Dr. Golden serves on several boards of directors, profit and non-profit. He is the owner of Golden Intergroup, Inc. a private sustainable business consulting firm. He also practices law in the USA and internationally, specializing in commercial law.

## Curtis Green

He has been a massage therapist for 22 years and also a physical therapist assistant. He has been an EMT in Butler and Las Vegas and has taught emergency first responder training since 2001. He and his wife own The Green Center for Massage and Wellness. Also, they own a family farm in Butler and have 4 young children.

#### Orysia Hladio

Orysia is a native of Ukraine and daughter Patty is the SRU's former Director of Financial Aid.

#### Lieutenant Brad Jester

He is a Recruitment and Retention Specialist with the Department of Corrections. He is very conversant about the facilities in the department. He travels about the state, but his home base is Elizabethtown, PA.

#### **Andy Johnson**

Andy has a BA in Philosophy and English, a Master's in Counseling Psychology, and graduate work in World Religions. He misses teaching "Intro to Philosophy and Ethics" at BC3. He enjoys publishing his poetry, and is Executive Director of "Spoken Word Projects." Andy is currently finishing his third children's book and continues to work on publishing his poetry while helping others to do the same.

#### Jeffrey Johnstone

Jeffrey is Chief Executive Officer / Agency Principal at Senior Healthcare Specialists, L.L.C. Partner with Insurance Agencies and Professionals to educate their clients to understand Medicare programs.

Jeffrey has been a Medicare broker for over 30 years.

#### Robert Kochems

Bob is the retired DA of Mercer County with 38 years' experience in the criminal justice system as a prosecutor and defense attorney. He also has 30 years' experience doing general 'people' law (family, elder, estate, and real estate). Bob's passion is seeking ways to improve the justice system for the average person.

#### Dave Kwasnick

Dave is the owner of The Birdwatcher's Store in Slippery Rock, PA. A life-long nature enthusiast, his many interests include birding (of course!), kayaking, backpacking, paddle-boarding, and skiing. He is a firm believer that the outdoors are the grounding antidote to today's increasingly frenetic world.

#### Janet Leise

Janet is a graduate of Slippery Rock High School. She completed her BS and MEd from SRU. She taught students with special needs in Pennsylvania and Ohio. She retired after 33 years of teaching in 2017. Janet loves to travel, and has visited 6 continents and many islands. She enjoys photography, dance and reading. She plays several instruments, including flute, guitar, autoharp and percussion. She volunteers at her church and Community Care Connections, an agency which helps people who have special needs. Janet is a certified Drum Circle Facilitator.

#### Ruth Leo

Ruth is a professor emerita at SRU where she taught in the Department of Nursing for 24 years. Ruth has worked as a registered nurse, a pediatric nurse practitioner, nursing faculty member, and parish nurse. She enjoys family activities, travel, health-care-related community service, serving as a deacon at church, and learning new things.

#### Dr. Jack Livingston

Dr. Livingston is an Associate Professor in SRU's Geography, Geology and Environmental Science department. He has research interests in Biogeography, Soils, Caribbean Area and Africa and completed Ph.D. from the University of Kansas in 2001.

#### Martha Manzato

a Butler native, graduated from Clarion College with a degree in English. Adventure called Martha to teach in St. Thomas, U.S.Virgin Islands. She moved to Miami. Florida, earned a Master in English and enjoyed teaching students from many different countries in that metropolitan city. Upon retirement, she and her husband moved to Butler for family activity and opportunity for travel. They enjoyed ILR activities; he taught an Italian class and today Martha is learning how ILR prepares and presents programs.

## Kelcy Marini

Kelcy joined the Mercer County Conservation District in October 2021 as their Environmental Education Coordinator. She got her BA in environmental studies from Allegheny College and her master's in sustainability from Chatham University. She enjoys camping, kayaking, and educating others about the environment.

## Karen Martin

Dr. Martin is a veterinarian. She has been employed as Veterinary Medical Field Officer for Pennsylvania Department of Agriculture since 1993. She investigates, performs surveillance for, and works to control outbreaks of dangerous, transmissible diseases over a 10 county region of northwestern Pennsylvania.

## Jared McGary

Jared is the Environmental Educator at Pymatuning State Park. This is his eleven's season as an Environmental Educator and he loves doing what he does. He graduated from Slippery Rock with a Park and Recreation degree in 2010.

## Teresa O'Malley

Teresa is the mother of two and grandmother of seven. She is employed at the Seneca Valley SD as a substitute for paraprofessionals working with children with special needs and children with autism. She is a life member of the Evans City Ladies' Fireman's Auxiliary and member of the Rubber Dolls Stamping Club.

## Bill May

Bill is a retired teacher from Lakeview SD. He is the founder of the Butler County Civil War Roundtable and is an avid historian of the Civil War and local history topics. Bill is a speaker and tour guide of the popular 'Butler Ghost Walks' and 'Historic Mansions of Butler' walking tours.

## McGary, Jared

Jared is the Environmental Educator at Pymatuning State Park. This is his twelve season as an Environmental Educator and he loves doing what I do. He graduated from Slippery Rock with a Park and Recreation degree in 2010.

#### Patterson, Laurel

As a retiree, Laurel enjoys spending some of her time writing and speaking, especially on topics related to ecopsychology, which is the study of the relationship between human beings and nature. She is an alumna of Slippery Rock University, with a Bachelor's degree in Professional Studies, focusing on communication and the environment. She is a lifetime member of The Honor Society of Phi Kappa Phi. Laurel strives to connect nature and research to living well.

#### Tom Pearcy

Dr. Pearcy is a SRU history professor with an established record of scholarly excellence including a half-dozen research monographs published by university presses in the US and Panama, a coauthored US History textbook, and more than one dozen articles published in professional journals. He completed a BA (Political Science) and an MA (American History) at Purdue University and earned a Ph.D. (Latin American History) from the University of Miami in Coral Gables. Dr. Pearcy joined the SRU faculty in 1998.

#### Linda Rettstatt

Linda Rettstatt, who has returned to SW PA in her retirement, is the author of 40 plus novels, novellas and short stories.

#### Dorie Schleiden

Dorie is a 1974 graduate of Slippery Rock University. She taught, worked, and raised a family in the South Hills and Evans City before relocating to this area in 2007. Her retirement passion is writing. She has been a correspondent for The Newsweekly and The Butler County News. Her essay "Seeing in the Dark" appears in the 2022 edition of "Shoofly Literary Magazine". She has recently direct published her first novel, "Galleries", and a collection of children's stories, "Grownups Love Stories Too", through Amazon Books.

#### Sherri Schleiter

Sherri worked in Social Services in Fairbanks, Alaska. With the University of Alaska earned an MA in Northern Studies and Visual Art, MA in Special Education and a BA in Political Science, and a BA in Journalism. Earned a MA in Library Science and Technology with Clarion University, PA. Worked for U.S. Peace Corps, Zaire Africa in Aquaculture. Enjoys photography (especially black and white fine arts) and travelling.

#### Eric Scuotequazza

Eric is a Registered Professional Archaeologist and has spent much of his 35-year-long career on adventures throughout the US, as well as the Caribbean and the Canadian Arctic. He began his career at Gannon University working with cultural resources management firms and conducting fieldwork for the Carnegie Museum of Natural History. While at Gannon, he earned degrees in anthropology and geology, and later earned a master's degree in anthropology at Ball State University and a master's degree in business administration from Point Park University. Eric's focus has often been on the regulatory aspect of understanding our nation's past.

#### Greg Sferra

Greg received both his Master's and Bachelor of Science degrees from Slippery Rock University (SRU) and later served as SRU's first Campus Recreation Director overseeing the construction and opening of the Aebersold Student Recreation Center. He is a board member of the Slippery Rock Alumni Association. He currently serves the Institute for Learning in Retirement as the curriculum committee chair.

## **Polly Shaw**

Polly Shaw is retired from the Seneca Valley School District. A local state park volunteer for more than 25 years, Polly is the author of "Moraine State Park" and is currently writing "McConnells Mill State Park" for Arcadia Publishing. She has presented many programs on local topics of historical interest.

## Natalie Simon

Natalie is an Environmental Education Specialist at Moraine SP Complex, which includes McConnell's Mill and Moraine SP. She has a biology degree from GCC and an education degree from SRU.

## William Simon

As an apprentice to his father Edwin, William Simon was ushered into the family business of hand lettering granite and other forms of stone. By the middle 1980s he was creating carved and sandblasted signs, embellished with gold leaf and pictorial painting. While working in Pittsburgh for Lamar Advertising as a billboard painter, he decided to leave the applied arts and ended up graduating in 2014 from the Pennsylvania Academy of the Fine Arts. Currently, he resides outside of New Wilmington and works in and out of his studio creating portraits, still-lives, and landscapes, all from direct observation.

#### Kellar Smith

Kellar has a Bachelor's Degree in Biology from Grove City College. An avid gardener, he has been in awe of the beauty of wildflowers since childhood where he and his mother would take field and woodland walks collecting plant specimens to identify and study.

#### Ryan Stack

As SRU's Campus Recreation's Assistant Director of Wellness and the Russell Wright Fitness Center, Ryan is responsible for conducting fitness orientations, personal training and scheduling group fitness classes. He received his master's degree in health and physical activity/exercise physiology from the University of Pittsburgh and a Bachelor of Science in Biology with a Minor in Exercise Science from Grove City College.

#### Anthony Stagno

Anthony is Executive Director of Friends of Preston Park Foundation. Established in 2019, Friends of Preston Park Foundation's mission is to help preserve the past, protect the present, and enhance the future of Preston Park, located in Butler, PA.

#### **Antonia Thomas**

Her career is varied: writer, editor and publisher for newspapers, magazines and books; ad agency creative director; product development professional; public relations specialist for theater and higher education; grants writer; overseas and higher education teaching, including aboard US Navy ships at sea. She has a BA in art history and studio art from Baldwin-Wallace University and an MA in English from Slippery Rock University.

## Rich Thornhill

Rich worked for the USPS for 40 years before retiring. He enjoys biking, kayaking, and hiking, and spending time at his cabin in the National Forest. He is active in the ILR, taking classes and currently serves as vice president. Rich also leads trips for the Butler Outdoor Club. He has one daughter, one son, one granddaughter, and two great-grandsons.

#### Robert Watson

Dr. Watson is a long time Slippery Rock University administrator formerly serving as the Vice President of Student Affairs. A Slippery Rock native and SRU Alumnus he is extremely knowledgeable of the town and university.

#### Richard Wozniak

Certified CIT Coordinator and ALICE Certified for the Center for Community Resources organization.

#### REMINDER!

If you want to:

Make a presentation

Lead a trip

Become a trip co-leader

If you know:

Someone who would make a presentation

Activities suitable to the ILR members

Destinations of interest to the ILR members

If you want to support the ILR work:

Make a donation!

Volunteer your time, experience, and enthusiasm!

Then, you can:

Fill out a proposal or an application. Forms and applications are available on the ILR website, or at the ILR Office. Talk to the ILR board members.

Stay safe and healthy!

Looking forward to seeing you at ILR!