

Discover Level

Short, introductory courses designed for beginners exploring new healing practices and self-care tools.

1. **Crystal Connections** – Discover the power of crystals for wellness and balance. An opportunity to bring crystals into all areas of life for healing, manifesting and inner development. Includes foundational energy awareness and meditation.
 2. **Introduction to Chakra Energy Healing** – Learn the basics of chakra energy work. Incorporate mantra, mudra, colour, crystals and aura light body cleansing.
 3. **Introduction to Angel & Oracle Cards for Personal Guidance** – Use angel cards for insights and personal guidance. Connect to the Angelic realm.
 4. **Introduction to Runes, Signs and Sigils** – Explore Norse runes, signs and sigils as tools for intention setting. Delve deeper into how these symbols effect our everyday lives.
 5. **Introduction to Working with Crystal Grids for Manifesting** – Learn to create crystal grids for manifestation. Work with the law of one and law of attraction to bring more abundance into all areas of your life.
 6. **Introduction to Meditation and Mindfulness** - Develop foundational skills in meditation and mindfulness practices. Explore different styles of meditation and how to connect to nature's gifts.
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Empower Level

Intermediate courses aimed at building knowledge and empowering students in practical healing techniques.

1. **Reiki Levels 1 to 3** – Progress through foundational to advanced Reiki practices.
2. **Reiki & Crystals for practitioners** – CPD short course
3. **Introduction to Violet Flame Energy Work** – Begin working with the Violet Flame for healing and transformation.
4. **Elemental Crystal Studies** – Connect with crystals through elemental energy.
5. **Angel & Unicorn Reiki** – Use Reiki with angelic and unicorn energies for gentle healing.
6. **Fusion Reiki** – Learn a blended Reiki system for versatile healing working with a sacred symbol for empowerment, distance healing and energy clearing.

7. **Chakra Wellness Empowerment Course** – Dive deeper into chakra wellness and self-empowerment working with visualization tools, colour therapy and crystals and more.
 8. **Violet Flame Chakra Awakening & Violet Flame Rescue Healing Course** – Awaken a new energy centre to allow you to access the Violet Flame Rescue flames.
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Advanced Level

Specialized courses for seasoned practitioners looking to deepen their healing expertise and spiritual connections.

1. **Violet Flame Reiki Levels 1 to 4** – Master the Violet Flame Reiki system for transformative healing. Work with up to 40 sacred symbol keys to unlock healing and inner transformation and deep transmutation.
 2. **Elemental Crystal Dragon Healing** – Work with dragon energies for powerful elemental healing. Connect into shamanic practices working with sacred breath.
 3. **Psychic Development** – Develop and refine your psychic abilities for intuitive work. Empower your psychic protection practices and build confidence to tune into your Clair senses for remote viewing and healing.
 4. **Merlin Mist of Avalon Energy Healing** – Connect with the mystical energy of Avalon for healing and transformation. Working with sacred Celtic tools and Earth energies. Engage your inner alchemist.
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Galactic Gateway Level

Specialized courses for lightworkers looking to deepen their knowledge of galactic topics and ascension.

1. **Starseed Healing & Ascension** – Explore Galactic history and connect to your star race lineage. Open up your awareness with energy activations, quantum crystal meditation, coaching and more.
2. **Interstellar Intuition: Channelling Galactic Wisdom** – An introduction to advanced psychic skills that deepen your intuition and connection to galactic energies.
 - Working with an extended chakra alignment.
 - Incorporating advanced shielding techniques
 - Access the akashic records at a Cosmic level.
 - Work with sacred galactic symbols and light language.