





- 16 weeks program
- 4 Levels of Violet Flame Reiki
- 40 + Sacred Symbols
- Live online training plus PDF manual, audio and video recorded content.
- Practitioner Training
- Master Teacher Training
- Violet Flame Reiki Lifestyle Training
- Internationally accredited course IAOTH

Anchorhaven Violet Flame Reiki is an adapted version of Violet Flame Reiki channelled by Ivy Moore, via Goddess Quan Yin.

The delivery and application of this course has been adapted and this course has channelled elements.

#### Overview:

The Violet Flame Reiki Mastery Program is an advanced training program designed for individuals who have completed their Reiki Level 1 and Level 2 traditional Reiki certification and are ready to deepen their practice through the transformative energy of Violet Flame Reiki.

This program offers comprehensive training across four levels, each focusing on a unique set of 10 sacred symbols and advanced healing techniques.

Participants will gain the knowledge and skills to harness the power of Violet Flame Reiki for personal healing, professional client healing practices and to teach others.

This 16-week program structure provides a comprehensive and supportive pathway for participants to deepen their understanding of Violet Flame Reiki, master the 40 sacred symbols, and gain the skills needed to teach others.

#### Overview:

This VFR advanced training program is designed for individuals who have completed their Reiki Level 1 and 2 certification and are ready to deepen their practice through the transformative energy of Violet Flame Reiki.

This program offers comprehensive training across four levels, each focusing on a unique set of 10 sacred symbols and advanced healing techniques.

Participants will gain the knowledge and skills to harness the power of Violet Flame Reiki for personal healing, client healing and to teach others.

#### Program Structure:

16 weeks of training, consisting of weekly online sessions (up to 2 hours each) and additional practice assignments.

#### Format:

Hybrid learning with both live online sessions and recorded video and audio delivered via the thinkific platform - allowing you to work through the training at your own pace.

Attunements will be delivered via Chi Ball for you to call in when you are ready plus activations via meditation journeys.

#### Levels:

Level 1: Introduction to Violet Flame Reiki and Goddess Quan Yin The first ten sacred symbols and their applications in healing.

# **Level 2: Deepening Your Practice with Saint Germain**

In-depth exploration of the second set of ten sacred symbols.

Integration of meditation and visualization practices with Violet Flame energy.

# Level 3: Advancing Your Practice with the Angelic Realm

Explore the next 10 sacred symbols and go deeper with intuitive exercises.

# **Level 4: Master Teacher and Reiki Business Mastery**

Explore the final 10 sacred symbols and further spiritual progression. Discuss course creation, training and Reiki business processes.

# Course Milestones - After taking this 16 week program, students will be able to:

- Rebuild their confidence in their Reiki practices with the Violet Flame Reiki guided spiritual lifestyle practices.
- Rebrand their professional Reiki practice as a Violet Flame Reiki Master and bring fresh energy and new skills into their Reiki business.
- Reach new clients who are ready to work with the transformational Violet Flame energies to make real change in their lives.
- Help others to start their own Violet Flame Reiki journey by teaching their own
   VFR courses for Level one to Level four mastery.

#### **Personal Student Milestones:**

By the end of the 16-week Violet Flame Reiki Mastery Program, students will likely feel:

#### 1. Empowered and Confident

- Mastery of the Violet Flame Reiki techniques will instill a deep sense of confidence in their ability to heal themselves and others.
- They will feel empowered to use these advanced tools to assist in their personal growth and in supporting their community.

# 2. Spiritually Uplifted

- Having engaged with the transformational energy of the Violet Flame, students often report a heightened connection to their higher self and the spiritual realms.
- They may feel a sense of alignment with their life purpose and a deeper understanding of their soul's journey.

# 3. Deeply Transformed

- Working consistently with the Violet Flame energy will help transmute lingering negative emotions, karmic patterns, and energetic blockages.
- Students will feel lighter, freer, and more at peace, with a renewed sense of vitality.

# 4. Connected to Universal Energies

- They will feel attuned to the frequencies of Ascended Masters like Saint Germain, unlocking new levels of intuition, guidance, and wisdom.
- A sense of oneness with the universe and a greater connection to divine energy will often emerge.

# 5. Equipped with Practical Tools

- Students will feel prepared to incorporate Violet Flame Reiki into their personal and professional healing practices.
- They will have practical knowledge of advanced energy techniques and a toolkit of methods to assist themselves and others.

#### 6. Grounded in Mastery

- As Violet Flame Reiki Masters, they'll feel grounded in their role as healers and spiritual leaders, ready to share their knowledge with authenticity and compassion.
- The structured approach of the program provides them with a sense of accomplishment and readiness to teach, if they choose.

# 7. Inspired for the Future

- Many will feel inspired to explore further spiritual studies, deepen their Reiki practice, or embark on new paths of service and creativity.
- The program often catalyzes a sense of excitement about what's next on their spiritual journey.

Ultimately, students will leave the Violet Flame Reiki Mastery program not just with new skills but with a profound transformation, a sense of clarity, and the tools to continue evolving in alignment with their highest potential.

Support: Ongoing guidance is available and support in the dedicated Facebook and WhatsApp groups plus the Anchorhaven Reiki Master Teacher Development Program - a series of Continual Professional development workshops.

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# FAQ = Frequently Asked Questions

# 1. Can I spread the cost of the course?

Yes, a deposit is required and then 4 installments.

- 2. Why do I need to have some prior Reiki experience?
- This course was originally only shared with Reiki Masters due to the high vibrational energy and large number of symbols.
- 3. I don't have Reiki experience, but I do work with the Violet Flame is that ok? Yes, you are welcome to join this course if you feel the call the work with the Violet Flame energies of transmutation and transformation.
- 4. I am not available on a Tuesday evening, is there another option?

Yes, the live coaching session on a Tuesday will be recorded.

- You are welcome to stay behind on one of my weekly wellness groups to ask questions for the VFR course or use the community chat at learn.anchorhaven.co.uk
- 5. How is this course different to other Violet Flame Reiki Courses?
- I developed this course with Quan Yin and Saint Germain because I knew that my course needed to have a different delivery style compared to how I learned VFR. My attunement's are prepared via chi ball and the student can call it in, within the deep meditations.
- The VFR Mastery program is a hybrid learning course with elements of in-person, recorded and online learning to match the students different learning styles.
- 6. I don't think I will teach the course, do I still need to do level 4?
- The final 10 symbols are shared in level 4 along with practices for further spiritual development.
- The master teacher element is also good for those wishing to build their vocal confidence or writing skills. It has many benefits.
- 7. My question is not listed, can I speak to Julia directly?
- Yes, please call Julia on 07799960933 or send an email to info@anchorhaven.co.uk



Are you ready to start a journey of Violet Flame Reiki Mastery?

The first live coaching call is on Tuesday 11th February and you will also have access to the week one content available to work through at learn.anchorhaven.co.uk

Each week new content will be released plus further resources to build up your Violet Flame Reiki manuals.

If you are joining after February 2025, all the previous modules will be available on the learning portal for you to work through at your own pace. Each module will include videos, audio and PDF information.

#### Daily Practical Exercises:

We are creating a new Reiki Lifestyle and this takes daily practice.

Over the 16 week program, dedicate a few minutes each morning and night to work with VFR and recite the mantra to Goddess Quan Yin.

Select one symbol a day to work with. 40 symbols = 40 days over the 4 months. Practice drawing the symbols on paper, in the air, with your mind and also journal with the symbol to communicate.

Self healing with VFR - call on the energy often and you will soon feel the powerful opportunity for transformation and ease that the Violet Flame brings.

Violet Flame Guardians - there are many guides and patrons of the violet flame, do you own research and call on them to support your journey.

Most important of all, have fun Julia xx