

Anchorhaven Terms and Conditions

Terms and Conditions

Welcome to Anchorhaven. By booking or attending any of our workshops, events, courses, 1:1 holistic therapy, or coaching sessions (in-person or on Zoom), you agree to the following terms and conditions:

General Terms

1. **Eligibility:** All participants must be 18 years or older unless attending a session specifically designed for minors, in which case a parent or guardian must provide written consent.
 2. **Booking Confirmation:** Your booking is only confirmed once payment is received. You will receive a confirmation email with details of the session or event.
 3. **Health Disclaimer:** Anchorhaven's services are complementary and not a substitute for professional medical or psychological treatment. Always consult your healthcare provider before starting any holistic therapy or coaching.
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Workshops, Events, and Courses

1. **Attendance:**
 - Participants must arrive on time for in-person events or log in promptly for online sessions.
 - Late arrivals may not be accommodated, and refunds will not be issued for missed sessions.
2. **Materials:**
 - Any course materials provided are for personal use only and may not be copied, distributed, or shared without prior written consent.
3. **Cancellation and Refund Policy:**
 - Cancellations made by participants must be received at least 48 hours before the event start time to qualify for a refund or rescheduling.
 - If Anchorhaven cancels or reschedules an event, participants will be offered a full refund or the option to transfer to another date.
4. **Code of Conduct:**
 - All participants are expected to maintain respect for facilitators and fellow attendees. Disruptive behaviour may result in removal from the event without refund.
 - We retain the right to refuse to provide services.

1:1 Holistic Therapy and Coaching Sessions

1. Session Etiquette:

- For in-person sessions, arrive at the agreed location 5 minutes before the scheduled time.
- Please do not attend an in-person session if you believe you are unwell or have had a recent treatment with another therapist that could leave your energy out of balance.
- For Zoom sessions, ensure a stable internet connection and a quiet, private space for the duration of the session.

2. Medical History:

- It is your responsibility to provide information about your medical history and state of mental health before the session, event or health starts.
- Please do share information that you believe is relevant to your session.
- Do note that your energy healing session or psychic card reading may not always require a detailed medical history to be recorded. If you feel that this is incorrect, please make the therapist aware that you have information to be shared that is relevant to your session.

3. Cancellations and Rescheduling:

- Cancellations or rescheduling requests must be made at least 24 hours before the session start time.
- Failure to provide notice will result in the full session fee being charged.

4. Confidentiality:

- All sessions are conducted in strict confidence.
- Any information shared during the session will not be disclosed without your consent, except where required by law.

5. Session Outcomes:

- Results may vary. Anchorhaven does not guarantee specific outcomes as personal growth and healing are individual experiences.

6. Aftercare:

- Please hydrate and take rest after all sessions at anchorhaven.
- You are responsible for your health and wellbeing at all times.
- Do consult a qualified medical practitioner if you have any medical needs or concerns.

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Payment Terms

1. Payment Methods:

- Payments must be made in advance via the methods specified on our website.

2. Refunds:

- Refunds will only be issued in accordance with the cancellation policies outlined above.

3. Non-Payment:

- Failure to pay for a booked session, course, or event may result in the cancellation of your booking.
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Liability

1. Personal Responsibility:

- You are responsible for your own well-being during sessions, events and courses.
- You are responsible for your own physical, mental, emotional and spiritual health.
- Please use your own discernment to accept or reject any guidance, information or point of view shared during a session, event or course.
- Julia Cornelius and Anchorhaven accepts no liability for any injury, loss, or damage sustained during participation.

2. Force Majeure:

- Anchorhaven is not liable for cancellations or changes due to circumstances beyond our control, including but not limited to acts of nature, technical issues, or unforeseen events.
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Intellectual Property

1. Content Ownership:

- All content, materials, and intellectual property provided by Julia Cornelius trading as Anchorhaven remain the property of Anchorhaven and may not be reproduced without permission.
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Amendments

1. Policy Updates:

- Anchorhaven reserves the right to update these terms and conditions at any time. Updated terms will be posted on our website.
- By booking or attending an Anchorhaven service, you acknowledge that you have read, understood, and agree to these terms and conditions.

For any questions or concerns, please contact us at info@anchorhaven.co.uk.