

Daily Cord-Cutting Meditations to Remove Parasitic Attachments

Energetic cords are subtle threads of connection that form whenever we interact with people, systems, or even thought-forms.

Not all cords are harmful — some are natural bonds of love, family, and soul connection. But parasitic cords — often created through trauma, manipulation, psychic attack, or covert programming — act as siphons, draining life-force and keeping individuals bound in cycles of control.

For those targeted by projects like MK-ULTRA, Atlas, or other interference grids, these cords can be used to transmit programming, siphon energy, or maintain surveillance.

Daily cord-cutting is therefore both **spiritual hygiene** and **sovereignty reclamation**.

How to Practice Daily Cord-Cutting

1. Create Sacred Space

- Sit or lie down in a quiet place.
- Call in the **Violet Flame** to surround you, cleansing and transmuting lower frequencies.
- Invite your higher self, your galactic guides, and Archangel Michael to stand with you.

2. Scan Your Energy Field

- With your inner vision, sense your body and aura.
- Notice any heaviness, tension, or places where you feel “hooked” — these may be cords or attachments.

3. Identify and Discern

- Acknowledge cords of love and service (family, soul family) — these don’t need cutting, only gentle balancing.
- Focus on cords that feel draining, invasive, or heavy. These are parasitic cords, often linked to programming, trauma, or psychic interference.

4. Cutting the Cords

- Visualize a **sword of light** or a **flame of violet fire** in your hand.

- With intention, sweep this tool around your body, cutting cords from every angle — front, back, sides, above, and below.
- As you cut, affirm:
“By the Law of One, I release all cords, hooks, and attachments not aligned with my highest good. Only love remains.”

5. Sealing and Healing

- Imagine golden liquid light flowing into the places where cords were removed, sealing and healing any openings.
- Place your hands on your heart and affirm:
“I call all my energy back to me, cleansed and restored. I am whole. I am sovereign. I am one with the Infinite Creator.”

6. Protection & Renewal

- Surround yourself with a crystalline shield of mirrored light or violet flame.
- State:
“I am protected by the Law of One. No parasitic force, entity, or program may attach to me. I stand free, sovereign, and aligned with Source.”

When to Practice Cord-Cutting

- **Daily** — as part of morning or evening energetic hygiene.
- **After** draining conversations, arguments, or encounters.
- **After** meditation, dreamwork, or galactic journeying (to ensure nothing unwanted remains attached).
- **Whenever** you feel heaviness, fatigue, or intrusive thoughts that aren’t your own.

Law of One Perspective

From the Law of One, parasitic cords are distortions — energies that have forgotten their unity with the Infinite Creator and feed off separation. By cutting cords with love and transmuting them, you not only free yourself but also return those fragments to the possibility of remembrance.

“In releasing what does not belong to me, I honor both myself and the other as expressions of the One Infinite Creator.”