



■ Myth vs. Fact Sheet

Myth: Cannabis has no medical benefits.

Fact: Cannabis has been used for centuries to manage pain, nausea, and appetite. FDA has approved cannabis-derived medications.

Myth: All cannabis products make you high.

Fact: CBD products and some low-THC options do not cause intoxication.

Myth: Eating an edible works faster than smoking.

Fact: Smoking/vaping works within minutes; edibles take 30–90 minutes.

Myth: Medical cannabis is legal everywhere.

Fact: Laws vary by state; Mississippi allows medical use with restrictions.

Myth: You can't overdose on cannabis.

Fact: Overconsumption can cause paranoia, nausea, and anxiety, especially with edibles.

Myth: Cannabis affects everyone the same way.

Fact: Effects vary by body chemistry, method, and dose.

Myth: Driving after cannabis use is safe if you feel okay.

Fact: Cannabis impairs reaction time and judgment; driving is unsafe and illegal.

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