



■ FAQ Sheet

Top 10 Questions About Cannabis Answered by a Nurse

Q: What is cannabis?

A: Cannabis is a plant with compounds like THC and CBD that interact with the body's endocannabinoid system, affecting mood, sleep, appetite, and pain.

Q: Will cannabis make me high?

A: Not always. Products with THC can cause intoxication, while CBD-dominant products generally do not.

Q: How do I know what dose to take?

A: Follow the rule: Start Low, Go Slow. Begin with the smallest dose (2.5–5 mg THC or a few inhalations) and adjust gradually.

Q: What are the safest ways to use cannabis?

A: Methods vary. Smoking/vaping act fast but may irritate lungs. Edibles last longer but take longer to start. Oils, tinctures, and topicals are popular alternatives.

Q: Can cannabis interact with my medications?

A: Yes. Cannabis can interact with blood thinners, heart medications, and sedatives. Always discuss use with your healthcare provider.

Q: Is medical cannabis legal in Mississippi?

A: Yes. Mississippi has a medical cannabis program with specific qualifying conditions and regulations.

Q: Can I drive after using cannabis?

A: No. Cannabis can impair judgment and reaction time. Driving under the influence is unsafe and illegal.

Q: What side effects should I watch for?

A: Common side effects include dry mouth, red eyes, dizziness, or anxiety. Overconsumption of edibles may cause paranoia or nausea.

Q: How should I store cannabis safely?

A: Keep products in a locked container, away from children and pets, and clearly labeled to avoid accidents.

Q: Where can I learn more?

A: Reliable information comes from licensed medical professionals, nurse consultants, and official state cannabis programs.

■ ebonie@mscannanurse.com | ■ 662-588-8416 | ■ www.MSCANNANURSE.com