

TAGS Athletic Gym Registration

| Athletes Name: | | DOB: | |
|--|--|--|--|
| Workout Shirt Siz | re (Adult/Youth-Size): | | |
| Group: | U11/U13 \$1000 + GST | \$1400 + GST | U18/Jr \$1800 + GST |
| Parent Name: | | Phone #: | |
| Email #: | | | |
| Emergency Contact: | | Relation: | |
| Emerg Con #: | | | |
| | | ransactions April 30th, May 30th tagsathleticgym@gmail.com or | |
| Method of Payment: | Cheque | ETransfer | Cash |
| | Post Dated Cheques | | |
| | TAG | GS Athletic Gym Liability Wa | iver |
| workou Gym us pictures employd for accid and all d accident or dama | ing any photos taken of me without charge. I understates/representatives of TAG dent, injury, loss, or damage laims, damages, actions, leat, injury, loss, or damage to ge may have been caused by | e/my son/my daughter at ca and and agree that TAGS At S Athletic Gym, or hired b ge, however caused. I hereb cosses, and expenses which b myself/my child, notwiths | arther consent to TAGS Athletic tamp for marketing and promotional thletic Gym, any y it will not be held responsible y release the said parties from any may arise as a result of the standing that the said injury, loss, gligence of TAGS Athletic Gym, |
| | ead and fully understand the Participent Signature | nis waiver. | |
| Date (D | ay/Month/Year) | | |



| Section 1: General Health | | |
|---|----------|--|
| Please carefully read and answer the following questions honestly | | |
| 1) Has your doctor ever told you that you have high blood pressure or a heart condition? | Yes / No | |
| 2) Do you have or experienced chest pain? While at rest, during daily activities, or during physical activity? | Yes / No | |
| 3) Do you lose balance due to dizziness? Have you lost conciousness in the last twelve months? Please answer NO if your dizziness was associated with heavy breathing and/or vigrous physical activity. | Yes / No | |
| 4) Have you ever been diagnosed with another chronic medical condition? | | |
| 5) Are you taking any prescribed medication for medical conditions? | Yes / No | |
| 6) Do you have a joint or bone problem that could become worse with physical activity? Please answer NO if you have had these problems in the past, but it does not limit your current physical ability | Yes / No | |
| 7) Has your doctor ever told you that you should only do medically supervised physical activity? | Yes / No | |

If you answered "NO" to all of these questions you are cleared to participate in physical activity

If you answered "YES" to any of the above questions seek physician to get medical clearance and list below in more specific detail.

| Additional Comment/Notes | | |
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History of Injuries/Imbalances

| 1) Previous severe injuries? (Breaks/Separations/Sprains/Surgeries) | | | |
|--|--|--|--|
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| | | | |
| 2) Current Aches/Pains or General Tightness/Soreness in specific area lasting longer than a month? | | | |
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| | | | |
| 3) What is the Type of Pain? Ex. (Dull, Sharp, Shooting, Pins & Needles, Throbbing, Burning) | | | |
| 3b) What provokes it? Ex. (Certain Movemtents ,Physical Activity, Jumping, Running, Sprinting, Twisting) | | | |
| 3c) Shade in which parts of the body it affects: | | | |
| | | | |
| 4d) What is the severity of the pain at its worst? (Scale 1-10) | | | |
| 4e) When did it happen OR How long has it been happening for? | | | |