COLLEGE GROUP

WTBA EVALUATION



GRADE REMARKS WARMUP DRILLS SKIPS, STEP OVER, **KEREOKE, LINES, QUICK STEP DEFENSIVE FOOTWORK** SLIDES, CONES, BLOCKOUT **ZIZ ZAG, FIGHT OVER SCREENS** DRIBBLING **CROSS, BETWEEN BEHIND, SPIN, COMBINE BALL HANDLING** SLAP BALL ON FLOOR SPIN, SPIDER, V-DRIBBLE **SHOOTING** FORM, PARTNER, NOAH, COMPETITION **ATTACKING RIM CHAIR MOVES CATCH & ATTACK OFFENSIVE MOVES** SIDE STEP, DROP STEP PULL THROUGH, STEP AROUND GRADE WTBA © Copyright 2007

INSTRUCTOR

COACH RATLIFF