

WTBA



NAME: _____ DATE: _____

***KNOW where you are in BASKETBALL**

***Be HONEST with Yourself**

What ROLE do you normally play at your school? Are you :

- ___ Defensive player
- ___ 3 Pt. Shooter
- ___ A Driver
- ___ Ball Handler
- ___ Assist Guy
- ___ Rebounder
- ___ Ball Mover
- ___ 6th Man
- ___ Undefined Role

DISCIPLINE YOURSELF TO:

Get up early—what time? _____

Give up something for 21 days.

(sweets, sodas, etc.) What-_____

Write a **POSITIVE** note to a different person for 21 days.

Make a list!

**INSTRUCTOR
COACH RATLIFF**