


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 SCHOOL CLOSED 	2 AM SNACK Greek Yogurt, Blueberries, & Oats Parfait LUNCH Turkey Chili, Corn Bread, Brown Rice, Mixed Fresh Fruit VEGETARIAN LUNCH Bean Chili, Corn Bread, Brown Rice, & Mixed Fruit PM SNACK Goldfish	3 AM SNACK WG Bagel w/ Cream Cheese & Fresh Fruit LUNCH Baked Chicken Tenders, Baked Sweet Potato Fries, Corn, Mixed Fresh Fruit VEGETARIAN LUNCH Mozzarella Sticks PM SNACK Strawberries, Cabot Cheddar, & Whole Grain Crackers	4 AM SNACK Mini Whole Grain Pita Pocket w/ Sun butter and Jelly& Fresh Fruit LUNCH Macaroni & Cheese, Peas, Mixed Fresh Fruit PM SNACK Rice Cakes, Sun butter & Banana Pizza	5 AM SNACK Yumi Bar LUNCH Pizza, Salad, Mixed Fresh Fruit PM SNACK Apples, Cabot Cheddar, & Whole Grain Crackers
8 AM SNACK Cheerios LUNCH Spiral Pasta w/ Meat Sauce, Salad, Bread, Mixed Fresh Fruit VEGETARIAN LUNCH Spiral Pasta w/Beans PM SNACK Pretzels & Hummus	9 AM SNACK Apples, Cabot Cheddar, & Whole Grain Crackers LUNCH Tomato Soup & Baked Cheese Sandwich, Mixed Fresh Fruit PM SNACK Rice Cakes, Sun butter & Banana Pizza	10 AM SNACK WG Bagel w/ Jelly & Fresh Fruit LUNCH Grilled Chicken, Mashed Potatoes, Green Beans, Mixed Fresh Fruit VEGETARIAN LUNCH Cheese Ravioli w/ Marinara PM SNACK Hummus, Cucumbers, & Mini Whole Grain Pita	11 AM SNACK Greek Yogurt, Blueberries, & Oats Parfait LUNCH Chicken Quesadilla, Chips & Salsa, Cucumbers, Mixed Fresh Fruit VEGETARIAN LUNCH Veggie Quesadilla PM SNACK Whole Grain Crackers, Cream Cheese, & Raisins	12 AM SNACK Yumi Bar LUNCH Pizza, Salad, Mixed Fresh Fruit PM SNACK Pirate Booty & Fresh Fruit
15 AM SNACK Kix LUNCH Chicken and Vegetable Stir Fry, Brown Rice, Mixed Fresh Fruit VEGETARIAN LUNCH Cheese Ravioli w/ Marinara PM SNACK Chickpea Puffs & Pears	16 AM SNACK Greek Yogurt, Blueberries, & Oats Parfait LUNCH Pizza, Salad, Mixed Fresh Fruit PM SNACK Pirate Booty & Fresh Fruit	17 AM SNACK WG Bagel w/ Cream Cheese LUNCH Grilled Chicken Ceasar on WG Wrap, Cucumbers, Mixed Fresh Fruit VEGETARIAN LUNCH Mozzarella Sticks PM SNACK Pretzels & Hummus	18 AM SNACK Mini Whole Grain Pita Pocket w/ Sun butter and Jelly& Fresh Fruit LUNCH Cheese Ravioli w/ Marinara, Salad, Bread, Fruit PM SNACK Carrots, Peppers, & Ranch Dip	19 AM SNACK Yumi Bar LUNCH French Toast Sticks, Turkey Sausage, Apple Sauce PM SNACK Mozzarella Cheese, Tomatoes, Whole Grain Crackers
22 AM SNACK Cheerios LUNCH Bow Tie Pasta with Broccoli in a Garlic/EVOO sauce, Salad, Bread, Mixed Fresh Fruit PM SNACK Whole Grain Crackers, Cream Cheese, & Raisins	23 AM SNACK Apples, Cabot Cheddar, & Whole Grain Crackers LUNCH Fish Sticks, Brown Rice, Peas, Mixed Fresh Fruit VEGETARIAN LUNCH Mozzarella Sticks PM SNACK Carrots, Peppers, & Ranch Dip	24 AM SNACK WG Bagel w/ Cream Cheese LUNCH Baked Chicken Tenders, Baked Sweet Potato Fries, Corn, Mixed Fresh Fruit VEGETARIAN LUNCH Cheese Ravioli w/ Marinara PM SNACK Chickpea Puffs & Pears	25 AM SNACK Greek Yogurt, Blueberries, & Oats Parfait LUNCH Chicken Teriyaki, Jasmine Rice, Broccoli, Mixed Fresh Fruit VEGETARIAN LUNCH Veggie Burger PM SNACK Pirate Booty	26 AM SNACK Yumi Bar LUNCH Pizza, Salad, Mixed Fresh Fruit PM SNACK Hummus, Cucumbers, & Mini Whole Grain Pita
29 AM SNACK Kix LUNCH Spaghetti w/ Turkey Meatballs, Salad, Bread, Mixed Fresh Fruit VEGETARIAN LUNCH Spaghetti w/Beans PM SNACK Rice Cakes, Sun butter & Banana Pizza	30 AM SNACK Mini Whole Grain Pita Pocket w/ Sun butter and Jelly& Fresh Fruit LUNCH Grilled Chicken, Mashed Potatoes, Green Beans, Mixed Fresh Fruit PM SNACK Goldfish & Fresh Fruit	27	28	29 *Milk & Water served with every meal*