

MYSTIC IN THE MATRIX



DIGITAL RITUAL PACKET



by Rilee Astraea



**LISTEN
TO THE
VOICE OF
YOUR
SOUL**





WELCOME, SEEKER

My name is Rilee, but I go by “Mystic in the Matrix”. I’m a poetic author, artist, and storytelling coach that believes creativity is catalytic. Part artist, part analyst, I bridge spirit and strategy so that you can rewrite your limiting narratives and bring your own magic back into the matrix.

Through storytelling, shadow work, and artistic activities, my creative coaching program helps you unmask, unprogram, and remember who you are before the world told you who to be.

I believe creativity heals and art is alchemy. Whether you’re a visionary already walking the path, or soul-seeking professional longing for more, my work promises to meet you in the in-between, where everything exists because nothing was ever truly there to stop you.

Take a peek behind the veil with this digital ritual kit, my gift to you as a first step into your becoming.

Enjoy!





EXPLORATION PROMPTS

Reflect on a Recent Conflict: Consider a recent disagreement or argument. What emotions surfaced within you? Contemplate how these emotions may be echoes of past experiences or unresolved issues, inviting healing and release.

Identify Your Triggers: Observe the situations or behaviors from others that provoke strong emotional reactions in you. Delve into the beliefs or memories that fuel these responses, seeking understanding and compassion.

Explore Your Fears: Identify a fear you tend to avoid. Reflect on how this fear might be confining you and envision the journey towards embracing it with courage and openness.

Unpack a Judgment: Consider a judgment you frequently pass on others. Reflect on how this judgment might mirror an aspect of yourself that you find challenging to accept, offering an opportunity for self-compassion.

Discover Hidden Desires: Recall a passion or interest you've suppressed. Reflect on the reasons for hiding it and envision how embracing this aspect of yourself could bring greater fulfillment and joy into your life.



AFFIRMATION BOARD



THE STORY CONTINUES...

If this sparked something inside of you, *it isn't a coincidence.*

Answer the calling by applying to work with me today. Whether you are going through a big life change, a career pivot, or just seeking something deeper within yourself...

I'm here for the in-between.



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