



Dear clients,

In continued response to the global awareness of COVID-19 cases, we will continue to implement extra precautionary measures to insure the safety, health and wellness of everyone.

Our practice Integrative Healing will be open as an essential business providing holistic occupational therapy wellness services starting May 11th, 2020.

**Here are the things you can expect when you come see us for 1:1
Therapy sessions.**

- 1) You will be asked if you are feeling ill or have symptoms of illness, been caring for someone who is sick, have travelled internationally or been on cruise / airplane or been in contact with someone tested positive with COVID-19.
- 2) Every person entering the healing space will be thermo-scanned for fever.
- 3) Hand wipes/ sanitizer will be provided upon entrance.
- 4) The NEW COVID-19 Treatment Consent Form MUST be signed effectively.
- 5) Therapists MUST wear a mask to PROACTIVELY prevent any asymptomatic spread of virus. Patients are encouraged to wear a mask during sessions.
- 6) NEW clean sheets and pillow covers are used for every client (as we normally do).
- 7) Wash hands with soap and water, at least 20-30 seconds after restroom use. Take a fresh, clean hand towel to dry hands.
- 8) Therapists MUST wash hands before and after client/patient care (as we normally do).
- 9) Therapists MUST use sanitizer spray to clean hands before touching the client's neck and face for treatment. Clean gloves MUST be used when providing intra-oral work (as we normally do).
- 10) Everyone MUST cover their mouth when sneezing or coughing.
- 11) AVOID touching your eyes, nose and mouth.
- 12) Parent clients with children: It is BEST to find a babysitter and keep children at home.

- 13) Under age patients with an accompanying driver: ONLY CLIENTS/PATIENTS are allowed to enter the healing space. Accompanying person MUST return and stay in the car until the therapy session is done.
- 14) Therapy tools are disinfected and cleaned after each use.
- 15) Therapy sessions are staggered allowing us to clean, disinfect and minimize the number of people present inside the healing space.
- 16) Where possible, provide separate entrances for all clients. Side entry available for Integrative Healing.
- 17) Contactless payment to limit contact.
- 18) Increase the percentage of outdoor air that circulates into the system by opening doors to allow air to circulate in between clients.
- 19) Routinely clean and disinfect all frequently touched surfaces in the workplace, such as massage table, handrails, and doorknobs.

Rest assured, we are doing everything we can to comply with the CDC health guidelines and staying proactive while providing everyone the BEST CARE possible. Please use sanitizing / disinfectant wipes provided in therapy room, table counters and stations by the restrooms to wipe door handles, working surfaces and props / tools. This is an individual and a group effort to keep us all safe and healthy. Together, we can make it all better. Thank you for your cooperation.

Mayra Olivares Becerra, OTR/L, Integrative Healing

(Disclaimer: We reserve the rights to proactively review, change and update our clinic policy, practice and procedures on daily basis as situations are rapidly changing due to COVID-19 cases)