

June

2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 After School Practices Begin	2	3	4
5	6 Coaches meeting 7pm @MM	7	8	9 Stroke & Turn Clinic 7:30 @MM	10	11
12 Stroke & Turn Clinic 7:30 @MM Sunday lessons begin	13 Morning Practices Begin	14	15	16	17	18
19	20 Dive Judging Clinic 6pm @HSC Lessons begin	21	22	23	24	25 Swim Blast @ FW
26	27 CLOTHING DRIVE FUNDRAISER	28 @ FW	29	30 HSC @ MWD		

AFTER SCHOOL SWIM TEAM PRACTICE

4:30-5:15 PM (10 & UNDER SWIMMERS)

5:15-6:00 PM (11 & OVER SWIMMERS)

No practice on Fridays for after school practices

****Divers will practice opposite their swim practice time**

MORNING AFTER MEET PRACTICE

- BEGINS A HALF HOUR LATER FOR FIRST GROUP ONLY (7:30-9:00 AM)

MORNING SWIM TEAM PRACTICE

7-9 AM (HIGH SCHOOL AGE, INCLUDING SWIMMERS ENTERING 9TH GRADE & COACH'S CHOICE)

9-10:00 AM (AGES 11-14 & 8-10, (COACH'S CHOICE)

10:00-10:45 (UP TO 10)

11:00-11:45 JR SWIM TEAM

DIVE TEAM PRACTICE

8:30-9:30 HS 14U & 12U

9:30-10:15 10U & 8U

Times may be adjusted

COACH'S CLINIC TBA BY INVITE ONLY

***** CHECK IN TIMES FOR MEETS*****

WEEKNIGHT:

SWIMMERS 5:15 PM

DIVERS: 4 PM HOME, 4:30 PM AWAY

SATURDAY:

SWIMMERS 8:15

DIVERS 7AM HOME, 7:30 AM AWAY

July

2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7 MM @ MWD	8	9 @ SW
10 FAMILY DAY	11	12 @ UM	13	14	15	16 ML@MWD
17	18	19 BYE	20	21	22	23
24	25	26	27 B Champs @ HSC	28	29 Dive Champs @ UM (hosted by MWD)	30 A Champs @ ML BANQUET
31						

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