

**FIRST BAPTIST CHURCH OF MARSHALL HEIGHTS**  
**COVID-19 SAFETY ACKNOWLEDGEMENT --**  
**LIABILITY WAIVER AND RELEASE OF ALL TORT AND OTHER CLAIMS**

While participating in events held at or sponsored by the First Baptist Church of Marshall Heights (“FBCMh”), consistent with CDC guidelines, attendees, members, agents, employees, contractors or participants (collectively referred to herein as “Participant”) are encouraged to practice hand hygiene, “socially distance” and wear face coverings over their mouths and noses to reduce the risks of exposure to COVID-19 and its variants. Because COVID-19 and its variants are extremely contagious and are believed to spread mainly from person-to-person contact, FBCMh has put in place measures designed to help reduce the spread of COVID-19 and its variants. However, FBCMh cannot guarantee that its Participants will not become infected with COVID-19. In light of the ongoing spread of COVID-19, individuals who fall within any of the categories below should not engage in FBCMh events or other face to face or in person church, congregational, fundraising or related activities (collectively referred to as the “Event”). **By attending an Event and signing this document, you hereby certify that you do not fall into any of the following categories:**

1. Individuals who currently or within the past fourteen (14) days have experienced any symptoms associated with COVID-19, which include fever, cough, and shortness of breath among others;
  - a. People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. Symptoms may appear 2-14 days after exposure to the virus. Anyone can have mild to severe symptoms. People with these symptoms may have COVID-19:
    - i. Fever or chills
    - ii. Cough
    - iii. Shortness of breath or difficulty breathing
    - iv. Fatigue
    - v. Muscle or body aches
    - vi. Headache
    - vii. New loss of taste or smell
    - viii. Sore throat
    - ix. Congestion or runny nose
    - x. Nausea or vomiting
    - xi. Diarrhea

b. This list does not include all possible symptoms. CDC will continue to update this list as we learn more about COVID-19. Older adults and people who have severe underlying medical conditions like heart or lung disease or diabetes seem to be at higher risk for developing more serious complications from COVID-19 illness.

2. Individuals who have traveled at any point in the past fourteen (14) days either internationally or to a community in the U.S. that has experienced or is experiencing sustained community spread of COVID-19, or its variants; or

3. Individuals who believe that they may have been exposed to a confirmed or suspected case of COVID19 or have been diagnosed with COVID-19 and are not yet cleared as non-contagious by state or local public health authorities or the health care team responsible for their treatment.

#### **DUTY TO SELF-MONITOR:**

Participants agree to self-monitor for signs and symptoms of COVID-19 (symptoms may include fever, cough, and shortness of breath) and, contact FBCMh if he/she experiences symptoms of COVID-19 within 14 days after participating or volunteering with FBCMh.

#### **ACKNOWLEDGEMENT OF BENEFIT:**

I acknowledge that I derive personal satisfaction and a benefit by virtue of my participating with or attending FBCMh, and I knowingly, intelligently and intentionally attend and participate in the Events.

#### **RELEASE AND WAIVER OF ALL CLAIMS:**

I HEREBY FOREVER AND IRREVOCABLY RELEASE, WAIVE AND DISCHARGE ANY AND ALL LIABILITY, CLAIMS, AND DEMANDS OF WHATEVER KIND OR NATURE INCLUDING BUT NOT LIMITED TO PERSONAL INJURY, WRONGFUL DEATH, BREACH OF CONTRACT, OR PROPERTY DAMAGE AGAINST FIRST BAPTIST CHURCH OF MARSHALL HEIGHTS, ITS PASTOR, TRUSTEES, DEACONS, EMPLOYEES, MEMBERS, CHOIR, WORSHIP LEADERS, REPRESENTATIVES, AGENTS AND VOLUNTEERS (THE "RELEASED PARTIES"), EITHER AT LAW OR IN EQUITY, TO THE FULLEST EXTENT PERMISSIBLE BY LAW. THE CLAIMS, CAUSES OF ACTION, AND DEMANDS RELEASED INCLUDE BUT ARE NOT LIMITED TO ANY DAMAGES

OR LOSSES, DEATH, BODILY INJURY, ILLNESS, ECONOMIC LOSSES OR OUT OF POCKET EXPENSES, OR INJURY OR DAMAGE TO PROPERTY, WHICH I, MY HEIRS, ASSIGNEES, NEXT OF KIN, PERSONAL REPRESENTATIVES, OR ESTATE MAY HAVE OR WHICH MAY HEREINAFTER ACCRUE ON MY BEHALF, ARISING OR MAY HEREAFTER ARISE FROM MY ATTENDING ANY EVENT AS A PARTICIPANT.

**ASSUMPTION OF THE RISK:**

I acknowledge and understand the following and I assume any and all associated risks of injury, death or other losses:

1. Participation in any Event includes possible exposure to and illness from infectious diseases including, but not limited to, COVID-19. While particular rules and personal discipline may reduce this risk, the risk of serious illness and death does exist;

2. I knowingly and freely assume all such risks related to illness and infectious diseases, such as COVID-19, even if arising from the negligence, gross negligence, recklessness or fault of the Released Parties; and

3. I hereby knowingly, intentionally and intelligently assume the risk of injury, harm and loss associated with the Event, including any injury, harm and loss caused by the negligence, gross negligence, recklessness or fault or conduct of any kind on the part of the Released Parties.

**MEDICAL ACKNOWLEDGMENT AND RELEASE:**

I acknowledge the health risks associated with the Event, which include, but not are not limited to: transient dizziness, lightheadedness, fainting, nausea, muscle cramping, musculoskeletal injury, joint pains, sprains and strains, heart attack, stroke, or sudden death. I agree that if I experience any of these or any other symptoms during the Event, I will discontinue my participation immediately and seek appropriate medical attention. I DO HEREBY RELEASE AND FOREVER DISCHARGE THE RELEASED PARTIES FROM ANY CLAIM WHATSOEVER WHICH ARISES OR MAY HEREAFTER ARISE ON ACCOUNT OF ANY FIRST AID, TREATMENT, OR SERVICE RENDERED IN CONNECTION WITH MY PARTICIPATION IN THE EVENT. As a Participant, you recognize that your participation, involvement and/or attendance at any FBCMH Event is voluntary and may result in personal injury (including death) or property damage, or both. By being a Participant, you acknowledge and assume all risks and dangers associated with your participation and/or attendance at the Event, and You furthermore agree that:

(a) FBCMH; (b) the property or site owner of the Event, and (c) all past, present and future affiliates, successors, assigns, employees, volunteers, vendors, partners, directors, and officers, of such entities (subsections (a) through (c), collectively, the "Released Parties"), will not be responsible for any personal injury (including death), property damage, or other loss suffered as a result of your participation in, attendance at, or observation of, the Event, regardless if any such injuries or losses are caused by the negligence of any of the Released Parties (collectively, the "Released Claims"). BY BEING AN EVENT PARTICIPANT, YOU ARE DEEMED TO HAVE GIVEN A FULL RELEASE OF LIABILITY TO THE RELEASED PARTIES TO THE FULLEST EXTENT PERMITTED BY LAW.

This Release is made and entered into in the District of Columbia, and it shall in all respects be interpreted, enforced and governed under the laws of the District of Columbia. The language of all parts of this Release shall in all cases be construed as a whole, according to its fair meaning, and not strictly for or against any of the Parties. Should any provision of this Release be declared or be determined by any court to be illegal or invalid, the validity of the remaining parts, terms or provisions shall not be affected thereby and said illegal or invalid part, term or provision shall be deemed not to be a part of this Release.