FROFROCEPTON

WHAT IT IS
WHAT IT ISN'T
HOW IT HELPS
THE ACTIVITIES YOU CAN ADD TO ENRICH YOUR CHILD'S SENSORY DIET

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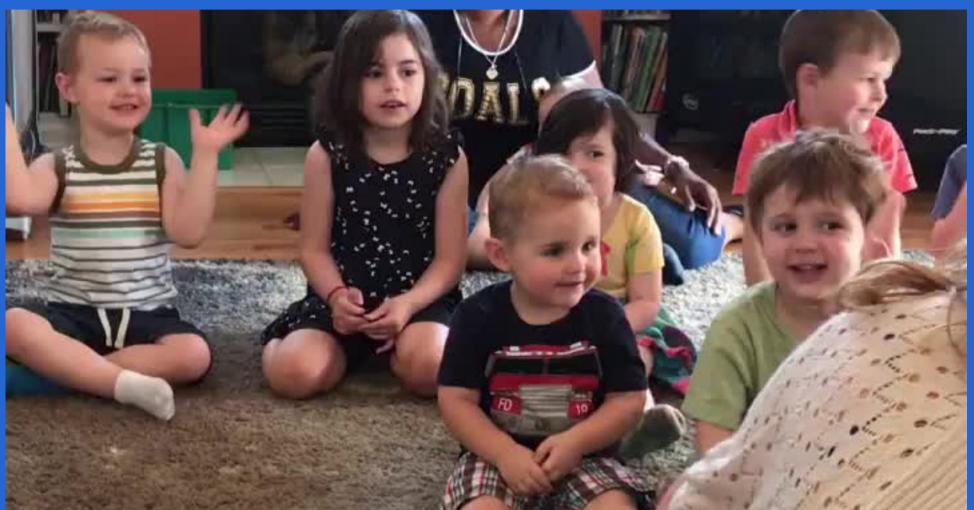


WHAT IS PROPRIOCEPTION?

The awareness of one's self and the perception of spacpe, body position, and location of the body in space.

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WhY is this important?



PROPRIOCEPTION ASSISTS BODIES ADJUSTMENT TO SITUATIONS SUCH AS WRITING, STANDING, SITTING AND CRAWLING BY USING INPUT GATHERED FROM THE OTHER SENSES.

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Why do I need to know this if I don't Work in Childcare? **IF WE ARE AWARE OF THE INPUT OUR** CHILD'S BODY REQUIRES, WE MAY BE **ABLE TO: RECEIVE EARLY INTERVENTION AVOID MISLABELING A PROCESSING ISSUE WITH MISBEHAVIOR 3. AVOID MISDIAGNOSING THEM AS HYPERACTIVE/ADHD** WHEN THE CHILD'S BEHAVIOR COMMUNICATES THAT THEY **MAY BE STRUGGLING WITH SENSORY SENSITIVITIES**

NTURFS

PROPRIOCEPTION SENSITIVITIES

Consult with an Occupational Therapist if you're concerned about sensitivities your child may have.

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PROPRIOGEPTIVE RESISTENT (HYPERSENSITIVITY)

- AVOIDS TOUCHING CERTAIN TEXTURES
- FINICKY
 EATER/TEXURE
 ADVERSE
- DISTRESSED WHEN HAVING HAIR DONE
- SEEMINGLY FEARFUL OF CLOSE
 PROXIMITY TO
 OTHERS



PROPRIOCEPTIVE Geeking (hyposensitivity

- EXCESSIVE ROUGH & TUMBLE PLAY
 BITING
- CRASHING INTO THINGS
- STANDS TOO
 CLOSE/TOUCHING
 W/OUT CONSENT
- ENJOYS JUMPING FROM

HOW DOES SENSORY HYPERSENSITIVITY DIFFER FROM HYPERACTIVITY/ADHD?

SENSORY SEEKING/SPD-IMPRETS HOW SENSORY INPUT IS PROCESSED. SOME CHILDREN ARE. OVER RESPONSIVE WHILE OTHERS **UNDER RESPONSIVE & RESPONSES CHANGE BASED** ON THE SENSITIVITY: ENVIRONMENT MATTERS

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FDHD-NEUROLOGICAL; ENVRONMENT DDES NOT IMPRET DUTCOME

PROPRIOEEPTION INPLIT FICTIVITIES

1.A TIGHT SQUEEZE /HUG

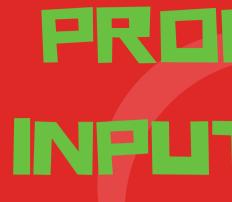
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2. BLOWING BUBBLES

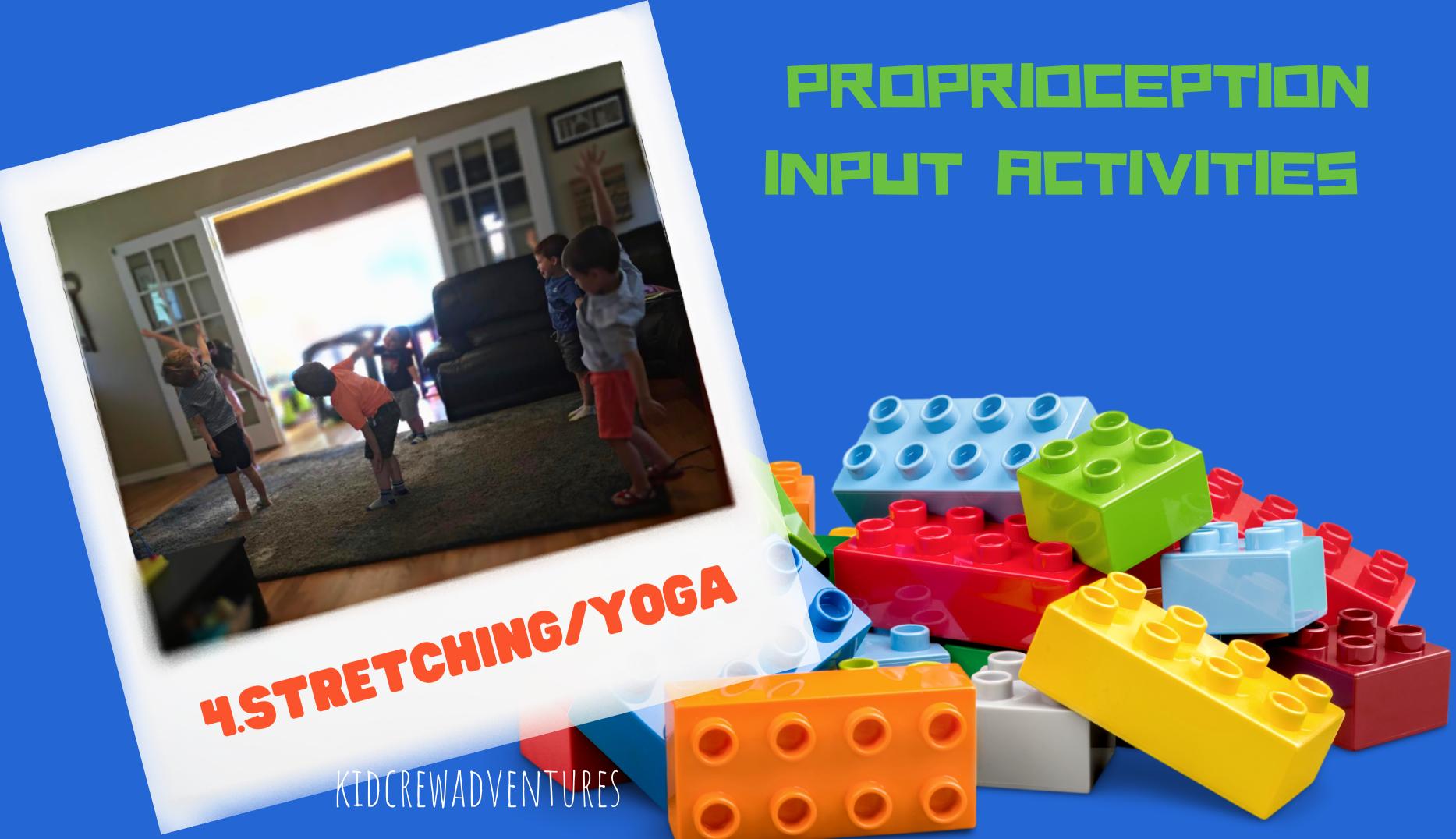




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PROPRIOCEPTION INPLIT RETIVITIES

3.DANCING



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