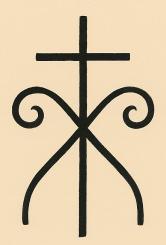
## Sigil of Steady Work

"I move forward with purpose and calm. My work is steady. My hands are capabe."



May your hands find the rhythm your heart has sought.

— Baba Yaga

## To Activate:

- 1. Light a candle.
- 2. Speak the intention aloud (or whisper it into your palm).
- 3. Trace the sigil with your finger-breath, or a sprig of rosemary.
- 4. Place it where it will be seen.. until it is no longer needed.

Use with: moon water, clay, twine, oil, carved into stone, eiched in wax...