Good Puppy Week 6 Exercises

Loose Lease Walking – Exploring Loose Leash Walk and Explore Video

This week is more practice with Loose Leash Walking. Keep working on walking forward and rewarding for position with slack leash. Add random turns to your walks, using the Let's Go cue to keep dog in position. Let dog sniff and exploring while leash walking.

In class, you worked on loose leash walking and exploring obstacles.

Steps:

- Give your dog the cue, "let's go" and begin walking forward
- Take a few steps together before marking. Mix up how often you mark and treat (2 steps click/treat, 6 steps click/treat, 4 steps click/treat) to keep your dog guessing and their attention on you.
- Prepare to turn with your dog. Give your cue, "let's go" and turn to go another direction.
- Mark as your dog waits while you turn into them. Continue walking forward.
- Let dog sniff and explore objects, use "let's go" cue to move in another direction.
- Distraction happens:
- Use your attention noise
- Make other noises
- Use Let's Go
- Most important, do not tug on the leash
- Add sits and downs and build duration while dogs look around other distractions by marking and rewarding

Leave-It Generalized Leave-It Generalized Video

The goal of this exercise is to continue to work with the dog to ignore objects in response to the word leave-it.

Quick Steps:

- Grab a sock, shoe, etc.
- Present and say leave-it.
- Mark the moment of the pause, back-away or look away and reward from your other hand.
- Add the mark for the eye contact.
- Add lowing to the floor and when successful add eye contact back in.
- Add placing on the floor, then dropping, etc. etc.

Detailed Steps:

- With a new object behind your back, say leave-it and present at your waist level
- When dog backs away, looks to you, or does not move forward, mark and reward with a treat
- With a object in your hand within dog's range and at dog's nose level say Leave-it

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- When dog backs away, looks to you, or does not move forward, mark and reward with a treat
- Continue steps until placing item on floor then dropping item onto floor
- Generalize with other objects

Next

- When dog is reliable with the new item, after marking toss the treat away
- As your dog is coming back toward the time, say leave-it, mark and toss away again
- Pick-up the item and as your dog is coming back, say leave-it and drop the item, mark and toss again

Next

- Drop the item then say leave-it, mark and toss
- Add new items and continue generalizing
- If your dog goes for the object, simply pick it up and re-start

Mark Points

- When your dog looks at you
- When dog backs away from object
- When dog doesn't move forward

Stay & Find-It Game Introduction to Game Video

The goal of this exercise is to add a fun game of find-it to stay. Dogs self-control improves.

Steps

- Cue stay on dog's mat.
- Place a treat behind an object.
- Cue find-it .
- With stay reliability add more treats in new locations so when released dog moves from place to place sniffing and finding treats.
- Add distance and more treats which will add duration of the stay.

*Note: Most important if your dog releases themselves remove the treat and or object treat is under or behind so dog is removal of reward then cue dog to stay back on the target spot. Dog does not receive a treat for going back.

End Goal Example Video

Practicing with Recalls and Wait/Stay Recall Plus Wait/Stay Video

- With your dog in a Wait/Stay position, walk away from your dog.
- Turn away from your dog, pause, mark and return to your dog to treat.
- Take a few steps away and repeat.

*Note if your dog is not successful and moves to you then make it similar. Shorten the duration, decrease the turn, etc.

- Now practice fun recalls.
    - Say come in a happy voice, jump and run!

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  - Say get it and toss a treat or ball as dog arrives in front of you.
  - Toss treats in front of your feet for a fun game of sniff it out (great if in the grass).
  - Reward by tossing between your legs and saying under.
  - Use your hand target.
  - Congratulate your dog as they are moving to you happily.
- Most important make it fun! Distraction Environment Video

At Home Polite Greetings Exercises

Listed are two exercises to help teach your dog to calmly say "hello." Teaching Four on the Floor and Polite Greetings are pretty much the same thing. Each provides exercises for teaching calm greetings.

Doggie Ping Pong: Here is one training game everyone in your household can play with your dog.

- Each person stands in opposite ends of a room with treats in hand.
- Then each person takes a turn calling your dog.
- While your dog is still several feet away, the caller places a few treats on the floor, just in front of the caller's feet.
- More treats may be placed in front of the caller's feet to continue rewarding your dog for maintaining Four on the Floor.
- When your dog finishes eating the treats, the next person immediately calls her and repeats the treat-by-the-feet game.
- Make sure to place the treat when your dog is approaching and while still several feet away to help orient her to keep Four on the Floor.
- Begin to switch back and forth from adding treats into hands (low so dog's head stays level) and treating from hands in front of you and on the floor.
- Release your dog from this game, or any time you're reinforcing a behavior with treats, with a signal or word such as "Free."

Your 6-week foundation class may be over, however, remember your puppy still needs to continuing socialization with other dog, people, sights, environments, sounds etc. on a very frequent basis to prevent fear. A dog that can be around all the above and in a good state of mind or coping is a socialized dog.

Congratulations on starting your dog off with a good foundation.
Have fun practicing and if you want the next level;
check out Clever Paws Graduate Class.

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