Good Puppy Week 1

Training Tips



- Quiet room to teach new behavior
- 1 session equals 2 to 3 reps
- 10 pieces of dog food or small treats equals 1 rep
- Use marker sound only
- When adding cue word only say the word once

Anchor the Mat

Feed your dog once a day week one on the mat.



Video Link

Goal: Creates a love for the mat.

- Toss mat onto the ground day one, place 1 piece of kibble on the mat corner so dog walks onto mat with all four feet
- Place 1 piece of kibble down at a time to keep dog's feet on the mat
- Toss last piece off and say go get-it
- Pick-up mat, move mat and start over for another rep
- Repeat until out of meal's food

- Note: Your dog should start to see the mat and immediately walk onto the mat and wait for you to place the food. Standing, offering to sit or offering to lay down all count to receive food this week.

Load the Marker Sound

Mark Noise: clicker, happy “Yes” or “Yip”



Video Link

Loading the clicker associate's dog’s movement with the mark sound and that the sound predicts food.

- Mark as dog moves toward you
- Take treat out 1 to 3 seconds after mark and toss away saying “go find-it”
- As dog moves back, mark and treat again with a go find-it
- Repeat for 2 to 3 reps

Catching a Behavior

Mark Noise: clicker, happy “Yes” or “Yip”



Video Link

Teaching a dog to think about what to do to get the marking noise which predicts food.

- Start with previous exercise
- Mark as dog moves toward you
- Treat, sending dog away to a tossed treat saying “find-it”
- Pause as dog returns for new offered behavior
- Look at floor and mark the moment dog offers putting behind down on ground
- Toss a treat with “find-it”
- Repeat for 2 to 3 reps
- Dogs reliable add word sit