Create a List of Reinforcers

Learn what is reinforcing for your dog and create a list of the reinforcers that motivate your dog. Reinforcers come in different forms. They can be meal times, treats, toys, different types of exercises, different people, etc. You need to learn what motivates your dog so you can use it to your advantage. Knowing what your dog will "work for" in different types of environments will be very valuable as you progress in teaching your dog new and different skills.

Fill out the following table and continually add to it as you get to know your dog more and learn from her what motivates her in different environments. You can use this to your advantage.
Examples: Cheese, specific treats, hot dogs, squeaker toys, ball, stuffed toy, playing tug, going for walk, ride in car, etc.

Foods	Toys	Interactions

Fill out a list of behaviors you want to end and what the current reinforcer is and how it can be ignored. What are your ideas on reinforcing a different behavior instead?

Unwanted Behavior	Current Reinforcer (Positive or Negative)	How to Ignore	What behavior to reward to change the current behavior
Example: Jumping after exciting the crate.	Opening the crate when your dog is excited.	Wait until your dog is slightly less excited then start to open the door. (Ignore by not talking.) Slightly open door and close calmly if she excites again. Welcome out when calmer.	Your dog learned to be calm to exit the crate.

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