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Reference Section

Notable Researchers in Pathological Demand Avoidance (PDA)

1. Elizabeth Newson, PhD

- **Contribution:** Coined the term Pathological Demand Avoidance in the 1980s.
- **Significance:** Her foundational work at the Child Development Research Unit at the University of Nottingham established PDA as a distinct profile within the autism spectrum.

2. Phil Christie

- **Contribution:** Co-author of several books and research papers on PDA.
- **Significance:** Worked closely with Elizabeth Newson and has been instrumental in furthering research and clinical understanding of PDA.

3. Ruth Fidler

- **Contribution:** Co-author and practitioner specializing in PDA.
- **Significance:** Known for her work in developing educational strategies and interventions for children with PDA.

4. Margaret Duncan

- **Contribution:** Researcher and author focusing on PDA.
- **Significance:** Her work includes studies on the experiences of families and individuals with PDA, contributing to a broader understanding of its impact.

5. Judy Eaton, PhD

- **Contribution:** Clinical psychologist and author.
- **Significance:** Author of "A Guide to Mental Health Issues in Girls and Young Women on the Autism Spectrum," which includes discussions on PDA.

6. **Dr. Vincent Egan**

- **Contribution:** Researcher in clinical psychology.
- **Significance:** Has conducted empirical research into the characteristics and assessment of PDA.

7. **Dr. Judy Gould**

- **Contribution:** Clinical psychologist and researcher.
- **Significance:** Involved in developing diagnostic criteria and assessment tools for PDA.

8. **Dr. Wenn Lawson**

- **Contribution:** Psychologist and author with lived experience of autism and PDA.
- **Significance:** Provides insights into PDA from both a professional and personal perspective.

9. **Dr. Hilary Dyer**

- **Contribution:** Educational psychologist and researcher.
- **Significance:** Has published works on the educational needs and strategies for children with PDA.

10. **Dr. Jo Clarke**

- **Contribution:** Clinical psychologist and researcher.
- **Significance:** Known for her work on the assessment and intervention strategies for PDA.

11. **Dr. Luke Beardon**

- **Contribution:** Senior lecturer in autism.
- **Significance:** Provides training and resources on PDA and its management within educational settings.

12. **Diane Gould**

- **Contribution:** Social Worker, Specialist in PDA
- **Significance:** Founded the PDA Society of North America. Recently coauthored a book with Ruth Fidler

Podcasters

1. Autism Matters Podcast

- **Host:** Autism Matters Team
- **Description:** Covers a wide range of topics related to autism, including PDA, featuring interviews with experts and advocates.

2. Autism Stories

- **Host:** Doug Blecher
- **Description:** Features interviews with individuals on the autism spectrum, including those with PDA, sharing personal stories and insights.

3. The PDA Dad Podcast

- **Host:** Paul Isaacs
- **Description:** Focuses on sharing experiences and strategies for parenting children with PDA.

4. Two Sides of the Spectrum

- **Host:** Meg Proctor
- **Description:** Discusses various aspects of autism, including PDA, with experts and individuals on the spectrum.

Websites

1. Autism Parenting Magazine

- **URL:** www.autismparentingmagazine.com
- **Description:** Features articles on various aspects of autism, including PDA, providing practical advice and support for parents.

2. The National Autistic Society (NAS)

- **URL:** www.autism.org.uk
- **Description:** Offers a wealth of resources on autism, including specific sections on PDA.

3. PDA Resource

- **URL:** www.pdaresource.com
- **Description:** A comprehensive resource site offering information, strategies, and support for understanding and managing PDA.

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Dr. Jennifer Huffman, Neurodivergent Neuropsychologist

www.neurodivergentneuropsychology.com

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4. PDA Society

- **URL:** www.pdasociety.org.uk
- **Description:** Provides resources, support, and information for individuals with PDA, their families, and professionals.

5. PDA Society of North America

- **URL:** www.pdanorthamerica.org
- **Description:** Provides resources, support, and information for individuals with PDA, their families, and professionals.

6. PDA Space

- **URL:** www.pdaspace.org
- **Description:** Dedicated to providing support, resources, and information for individuals with PDA, their families, and professionals.

TikTokers

1. @autism_irl

- **Description:** Shares real-life experiences of living with autism, including PDA, providing a platform for awareness and advocacy.

2. @autisticats

- **Description:** A collective of autistic individuals who share their experiences and knowledge, including content on PDA.

3. @neurodivergent_insights

- **Description:** Focuses on various neurodivergent conditions, including PDA, offering educational content and personal insights.

4. @pda_girl

- **Description:** Provides insights into living with PDA, sharing personal stories and coping strategies.

5. @thepdaparent

- **Description:** Shares personal experiences, tips, and strategies for parenting children with PDA.

Additional Notable Figures

1. Kristy Forbes

- **Profession:** Autism & Neurodiversity Support Specialist
- **Background:** An autistic adult with lived experience of PDA and a parent to autistic children, some of whom have PDA profiles.
- **Contributions:** Founder of **InTune Pathways**, providing support, consultancy, mentoring, and educational services for neurodivergent individuals and their families.
- **Website:** [InTune Pathways](#)

2. Yvonne Newbold, MBE

- **Profession:** Author, Speaker, and Parent Advocate
- **Background:** Parent of children with complex additional needs, including PDA.
- **Contributions:** Author of "The Special Parent's Handbook," conducts workshops and training, and advocates for better support and understanding of families dealing with PDA.
- **Website:** [Yvonne Newbold](#)

3. Kieran Rose

- **Profession:** Writer, Trainer, and Consultant
- **Background:** An autistic adult with PDA and a parent of children with PDA.
- **Contributions:** Runs "The Autistic Advocate" blog, provides training and consultancy, and promotes acceptance and understanding of neurodiversity.
- **Website:** [The Autistic Advocate](#)

4. Eliza Fricker

- **Profession:** Illustrator, Author, and Advocate
- **Background:** Parent of a child with PDA.
- **Contributions:** Author and illustrator of "The Family Experience of PDA" series, which provides an accessible and relatable look at life with PDA. Shares personal experiences and insights through her blog and social media platforms, offering support and community for other families.
- **Website:** [Missing the Mark](#)