EMOTIONAL INTELLIGENCE AT WORK **Training**

February 4th, 6th, 9th, 23rd, 25th - 2026

Cost: $3000

9:00am to 12:30pm

REGISTER TODAY

Nexus Consulting
E.I. Training & Management Consultancy

E.I. is the ability to recognise and manage emotions in ourselves and in others. The goal is to have the best impact on others, as well as to influence them and manage situations more effectively, at work and at home.

The *E.I. at Work* programme focuses on developing and enhancing the core E.I. Competencies of Self Awareness, Self Control, Empathy and Resilience, to achieve this goal.

VENUE: Online

TARGET GROUP:
Anyone in the organisation

ELEMENTS OF THE PROGRAMME:
- 5-Day Workshop
- Buddy System
- Email Coaching
- Post- Workshop Assignment

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