

Meet Karla J. Noland – Award-Winning Author, Speaker & Certified Life Coach

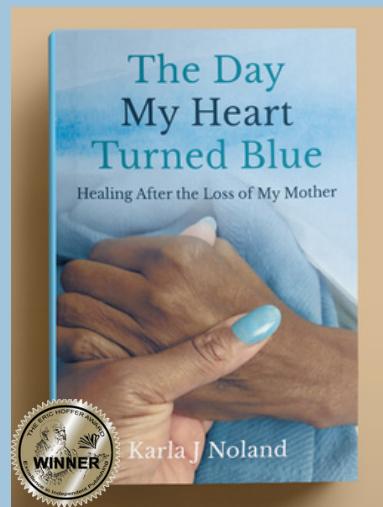
Helping others heal after life's storms and live with purpose and resilience



Karla J. Noland is a wife, working mom, award-winning author, speaker, and certified Life Coach. As the founder of Reveal Heal Thrive LLC, she empowers trauma survivors to move beyond simply surviving life's storms and instead embrace healing, growth, and thriving.

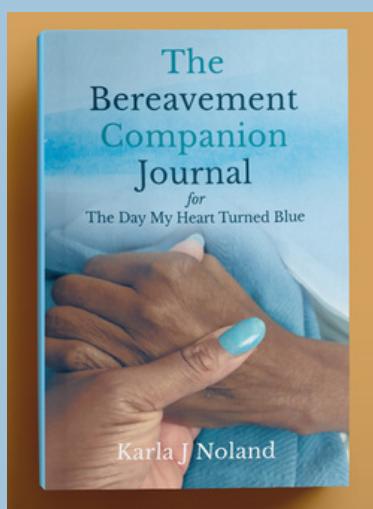
Her work is grounded in spirituality, creativity, personal growth, and purpose. A YouVersion Bible App Content Partner with over 60,000 global readers, Karla integrates faith and practical tools to help others release shame, build resilience, and walk freely in God's love.

📍 Durham, North Carolina
🌐 RevealHealThrive.com

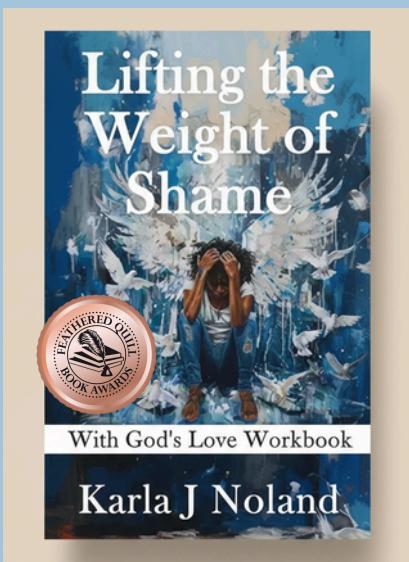


Winner of the 2022
Eric Hoffer Spiritual
Book Award

A heartfelt story of love, loss, and renewal after her mother's passing.



A guided journal to help you process grief, reflect, and honor your loved one's memory.



Inspired by her YouVersion devotional with 18,000+ readers, this workbook helps you move from simply reading God's Word to personally applying it for lasting transformation.

Available worldwide everywhere books are sold and at RevealHealThrive.com/books

TOPICS KARLA LOVES TO DISCUSS 🎤

- Mental Health
- Shame, Guilt & Grief
- Building Resilience & Faith After Trauma
- Personal Development

✉️ Book Karla for your next podcast:

🌐 <https://revealhealthrive.com/contact-me>

📱 Instagram | Facebook | LinkedIn: @RevealHealThrive