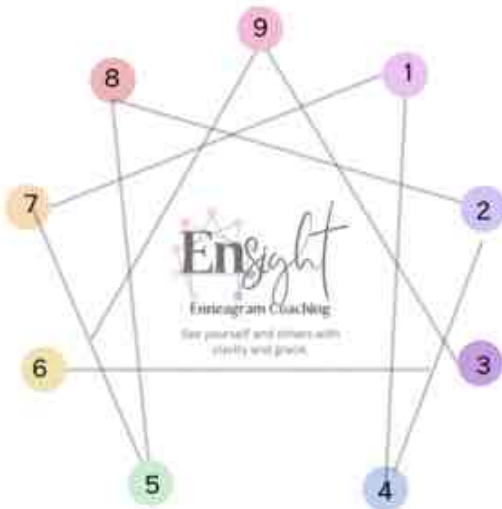


# 9 Types Overview

## Core Motivations



- The Enneagram, derived from "ennea" meaning nine and "gram" meaning diagram, serves as a navigational tool for self-discovery and personal growth. This diagram delineates the nine fundamental personality types, each with unique ways of engaging with the world.
- The Enneagram illuminates why you think, feel, and act the way you do based on your core fears and desires. The Enneagram recognizes that everyone sees the world in their own unique way, and that's how God created them. Understanding why people, including yourself, do things can make you more compassionate, caring, and forgiving.
- The power of the Enneagram, along with the Holy Spirit, is capable of transforming self-defeating behaviors into life-enhancing personal empowerment. It offers a roadmap to harness and redirect patterns that may hinder personal growth.
- The gift of the Enneagram is that it helps you build strong and lasting connections with others. Through the journey of self-discovery, this tool empowers you to cultivate and sustain enriching relationships with others, with God, and, ultimately, with yourself.



### TYPE 1: MORAL PERFECTIONIST

**Core Fear:** being wrong, bad, evil, inappropriate, or corruptible

**Core Desire:** to have integrity, to be right, virtuous, and the good boy/girl (deteriorates into critical perfectionism)

**Self-Image:** I am accurate, thorough, diligent, responsible, moral, correct, just, in control, and fair.

**Core Weakness:** Resentment - this is anger that has been repressed, leading to continual frustration and dissatisfaction with themselves and with others and the world.

**Core Longing:** You are good.



### TYPE 2: SUPPORTIVE ADVISOR

**Core Fear:** being worthless, needy, inconsequential, dispensable, or unworthy of being loved.

**Core Desire:** to be loved and wanted (deteriorates into the need to be needed)

**Self-Image:** I am helpful, caring, warm, nurturing, altruistic, demonstrative, and considerate.

**Core Weakness:** Pride - Their inability or unwillingness to acknowledge their own suffering and needs. Instead they focus on the needs of others and then confidently insert their help and advice into that person's life.

**Core Longing:** You are wanted and loved for just being you.



### TYPE 3: SUCCESSFUL ACHIEVER

**Core Fear:** failing, being incompetent, inefficient, exposed, worthless, or unable to appear successful.

**Core Desire:** to be valuable, admired, and respected (deteriorates into the chasing after success)

**Self-Image:** I am successful, efficient, competent, focused, and productive.

**Core Weakness:** Deceit - means deceiving themselves into believing that they are only the image they present to others through success and achievements.

**Core Longing:** You are loved and valued for being yourself. You do not need to achieve my love.





#### TYPE 4: ROMANTIC INDIVIDUALIST

**Core Fear:** being inadequate, emotionally cut off, plain, mundane, defective, flawed, or being without significance.

**Core Desire:** to be unique, special and their authentic self (deteriorates into self-indulgence)

**Self-Image:** I am deep, intellectual, emotional, accomplished, tasteful, long for beauty, and have good aesthetic.

**Core Weakness:** Envy - feeling that something is fundamentally missing in them. Envy leads them to feel that others possess qualities that they lack. They long for what is missing but miss the many blessings in their lives.

**Core Longing:** You are seen and loved for exactly who you are — special and unique



#### TYPE 5: INVESTIGATIVE THINKER

**Core Fear:** annihilation, being ignorant, invaded, incapable, not existing, or obligations placed upon them.

**Core Desire:** to be capable and competent (deteriorates into useless specialization)

**Self-Image:** I am intelligent, private, introspective, curious, quiet, private, and knowledgeable.

**Core Weakness:** Avarice - they feel that they lack inner resources and that too much interaction with others will lead to catastrophic depletion. This leads them to withhold themselves from contact with others, hold onto their resources and minimize their needs.

**Core Longing:** Your needs are not a problem.



#### TYPE 6: LOYAL GUARDIAN

**Core Fear:** fear itself, being without support or guidance, being alone, blamed, targeted, or physically abandoned.

**Core Desire:** to have security, guidance, and support. (deteriorates into a rigid adherence to beliefs)

**Self-Image:** (it depends on the context I am in) I am prepared, dedicated, dutiful, hard-working, loyal, compliant, submissive to authority I trust or provocative, witty, and rebellious to authority I don't trust.

**Core Weakness:** Anxiety - constantly scanning and preparing for worse case scenarios.

**Core Longing:** You are safe.



#### TYPE 7: ENTERTAINING OPTIMIST

**Core Fear:** being deprived, trapped in emotional pain, limited, bored, or missing out on something exciting.

**Core Desire:** be happy, satisfied, and content (deteriorates into frenetic escapism)

**Self-Image:** I am creative, fun, visionary, imaginative, stylish, playful, and inspirational.

**Core Weakness:** Gluttony - insatiable desire to "fill oneself up" with experiences and stimulation to avoid pain, but are never completely satisfied.

**Core Longing:** You will be taken care of.



#### TYPE 8: PROTECTIVE CHALLENGER

**Core Fear:** being weak, powerless, harmed, controlled, manipulated, and at the mercy of injustice.

**Core Desire:** protect oneself (deteriorates into constant fighting and conflicts)

**Self-Image:** I am outspoken, direct, opinionated, bold, decisive, tough, and compassionate.

**Core Weakness:** Lust/Excess - constant need for intensity, control, and self-extension. Constant need to push everything and assert themselves willfully.

**Core Longing:** You will not be betrayed.



#### TYPE 9: PEACEFUL MEDIATOR

**Core Fear:** being in conflict, loveless, shut out, discordant, overlooked, or inharmonious.

**Core Desire:** to have inner stability and peace of mind (deteriorates into stubborn neglectfulness)

**Self-Image:** I am a good listener, kind, agreeable, quiet, patient, calm, steady, and enduring.

**Core Weakness:** Sloth - desire to be unaffected by life. This is an unwillingness to be fully awake to themselves (their desires, needs, abilities) and resisting to bring their full selves to all of life.

**Core Longing:** Your presence matters.