



Informed Consent for Christian Counseling

Clinically sound professional counseling services may be offered with a Christian dimension for those clients wishing to work within that context. I strive to be sensitive to client preferences and personal goals for treatment. Please help me understand your preferences concerning possible spiritual aspects of therapy by placing an X next to each item below that you would be comfortable having included in counseling sessions. Please do *not* check items that you do not want to have integrated. You do not need to mark any of the items below, and you do not need to sign this form if you do not want to incorporate these elements into your counseling experience.

Regardless of your responses below, sound clinical techniques will be utilized. Keep in mind that checking items does not mean that the content in those categories will necessarily be included. Checking an item only indicates that you consent to the inclusion of a given category into your sessions if you and your counselor determine it to be appropriate.

I would be comfortable:

- in a general conversation about spiritual and moral values.
- discussing my concepts of and relationship with God.
- discussing Christian books related to counseling themes.
- discussing my spiritual support system (i.e. pastor, small group, Bible study, church friends.)
- if my counseling were to include direct Biblical quotations and/or passages.
- if my counselor were to pray with me at the close of our session.

I understand the content of this Informed Consent and I am willing to receive Christian counseling under the conditions described above. I also understand that I have the option to change any part or all of this consent at any time by informing my counselor.

Client Signature (or guardian)

Witness

Date

Date