

SCREEN-FREE MULTILINGUAL ACTIVITIES

Easy ways to create meaningful language exposure at home, without a screen! You don't need to speak the language perfectly. The goal is to create more opportunities for your child to hear, use, play with, and connect with the target language.

Label Hunt

Pick 5 objects around the house. Find or learn their names in the target language together.

Cooking Together

Make a simple snack or meal. Name ingredients, utensils, actions, and foods in the target language.

Grocery Store

Turn a room into a pretend store. Make a shopping list and “buy” items in the target language.

Doctor

Take turns being the doctor and patient. Practice body parts, symptoms, and simple questions in the target language.

Picture Books

Look through a picture book without reading the text. Ask your child what they see in the target language.

Nature Walk

Collect leaves, rocks, sticks, or flowers. Name and describe what you find in the target language.

Playground Narration

Describe what your child is doing in the target language: climbing, running, jumping, sliding, swinging, etc.

Story Bag

Put 5 random objects in a bag. Pull them out one at a time and create a story connecting them in the target language.

Ready to Go Further?

Get the Multilingual Starter Kit for a complete, practical plan for your child's language journey.

→ [Get Starter Kit](#)

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