

Suggested Packing List for Disaster Response Volunteers

- Sturdy, steel-toed shoes (closed toe required)
- Socks
- 3-4 Changes of work clothes
- 1-2 Changes of casual clothes for Mission Facility
- 1 Pair of pajamas appropriate for group setting
- · Light rain jacket
- Sweatshirt/light jacket
- Hat
- Sunglasses
- Refillable Water Bottle
- Necessary Toiletries
- Bug Spray with DEET
- Sunscreen
- Ear Plugs
- Work Gloves
- Safety Goggles or glasses
- Flashlight and Batteries
- Bible
- · Pencil and Paper
- Spending Money
- Wet Wipes
- Backpack to carry during the day to sites
- Folding Camp Chair
- · No Jewelry, unless worn at all times
- Air Mattress (twin size)
- Pillow and Bedding (sheets and blanket or sleeping bag)
- Towels
- Medications enough for 5 days