

# THE LEMONG'O PROJECT

Nutrition  
Education  
Health  
Employment  
In Rural Kenya



Spring 2015  
**Health**

[The Lemong'o Project](#) is dedicated to providing support to the Maasai Village of Lemong'o in rural Kenya in the areas of: health, nutrition, education, and employment. We are committed to helping the beautiful people of Lemong'o not only thrive, but also prosper.

## HEALTH IN LEMONG'O: 2014 Medical Clinics Sponsored by *The Lemong'o Project*

- Clinic #1 provided treatment for 130 people
- Clinic #2 provided treatment for 195 people
- 25 people received hospital care
- Further medical treatment and supplies provided

TOTAL COST: \$2790  
*...a little goes a long way*

## SPOTLIGHT ON: Providing Much Needed Medical Care

Carolyn, Emily, and first-time volunteer Linda Rinard returned to Lemong'o last summer. During their visit, they held two medical clinics that served 325 people. Two Kenyan doctors and one Kenyan nurse traveled to the village to treat the people of Lemong'o. The patients received medical care as well as free medication. When patients were referred for follow-up care, the project funded treatment as well as transportation to the hospital to receive it. Many of the villagers' illnesses are the result of malnutrition and poor hygiene. Common illnesses include: skin disease, diarrhea, flu, malaria, colds, ear and eye infections. The Lemong'o Project provides school lunch to over 500 students each day. Since the school lunch program's initiation in 2010, illness in school-aged children has declined. Each summer fewer and fewer students attend the clinics. Those in need are typically adults and children under 3 years of age. The project provides medical supplies to the school; teachers tend to their students' basic needs throughout the school year.



## GET INVOLVED

- Donate today using our PayPal link.
- Host a party for your friends. We will give an awareness presentation about the project.
- Contact [thelemongoproject@gmail.com](mailto:thelemongoproject@gmail.com) if you live in the Anchorage area and have items you'd like to donate for raising funds via Craig's List. We will handle the sale for you.

## UPCOMING EVENTS:

Please join us for an OPEN HOUSE and experience the Maasai culture.  
**Saturday, May 30th, 1:00-3:00 pm**  
**Grassroots, a Fair Trade Store, 1300 W. Northern Lights Blvd.**

- refreshments
- authentic handmade Maasai jewelry and other handmade fair trade items for sale
- handmade cards featuring the spirit of Lemong'o
- learn more about the Lemong'o Project and Fair Trade



## VOLUNTEER CORNER:

*Linda Rinard*  
Visiting Lemong'o last summer was an amazing and rewarding experience. Interacting with the school children during art projects and assisting with the two medical clinics were highlights of the month that I was privileged to be there. An MD, an RN and an eye doctor held two separate clinics to attend to people who had walked from afar to receive treatment. Observing people patiently waiting in the sun for hours to be seen made me realize how important the clinics are to the people of Lemong'o. The clinics improve quality of life and, indeed, save lives in some instances. The village is extremely grateful for the clinics and participate by volunteering to help run them.

## LEARN MORE ABOUT THIS PROJECT:

<http://www.thelemongoproject.org>

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## A SPECIAL THANKS TO OUR FUNDRAISING HOSTS, INCLUDING:

Congregation Beth Shalom at *The Mitzvah Mall*  
&  
Grassroots, a Fair Trade Store for our *Open House*.

Donations accepted year-round:



Contact Us:

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