

# THE LEMONG'O PROJECT

Nutrition  
Education  
Health  
Employment  
In Rural Kenya



## FALL 2019

### EMPLOYMENT

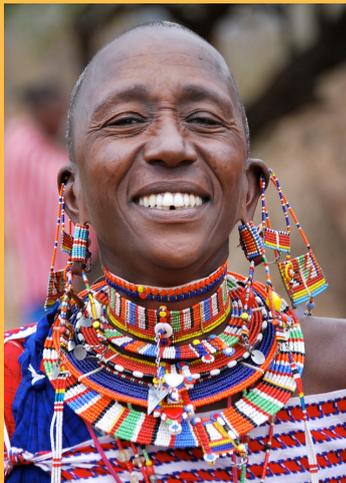
The Lemong'o Project is dedicated to providing support to the Maasai Village of Lemong'o in rural Kenya in the areas of health, nutrition, education and employment. We are committed to helping the beautiful people of Lemong'o not only thrive, but also prosper.

## BUILDING SUSTAINABILITY THROUGH EMPLOYMENT

The Maasai women (Mamas) of Lemong'o, located in the remote corner of S.E Kenya, live much as their ancestors did - raising children, gathering firewood for heat and cooking and managing their households. Other than livestock, their only source of income is from the creation of intricate bead-work, a craft many generations-old. The Lemong'o Project partners with the Mamas by hosting markets where their jewelry and baskets are purchased at a fair trade price. Their work is then sold throughout the U.S. with ALL proceeds going back to Lemong'o to support Education, Health, Nutrition and Employment. Your purchase makes a BIG difference in the lives of people who have very little.

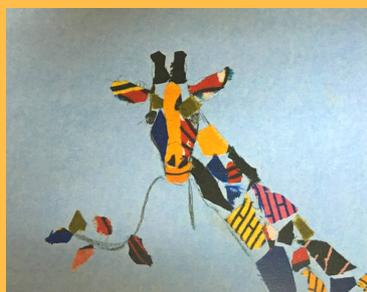
### MAMA NANU

This is Nanu. She is the mother of 9 children. She struggles daily to feed and educate her children. Having the opportunity to produce income by selling her beadwork is life changing for her family. Nanu is one of many Lemong'o mamas living in similar circumstances. They are hard-working, talented women longing for self-sufficiency.



George, our 14 year-old resident artist, spent several days at the Manyatta creating beautiful fabric collages from pieces of kangas-vivid swaths of fabric worn by women throughout Africa. His original prints have been turned into stationery cards (see below) and are now for sale! All proceeds will go directly to George to help him continue his education. Thirteen styles are available. For more information or to place an order email us at [thelemongoproject@gmail.com](mailto:thelemongoproject@gmail.com)

Prices: \$5 each, 3 for \$12, 6 for \$20 or 9 for \$25



# NEWS FROM LEMONGO

Carolyn and Emily, The Lemong'o Project President and Vice-President visited Lemong'o this summer. They were thrilled to reunite with their Maasai family and spend time catching up on village events of the past year. Their visit was active, fulfilling and encouraging. Two medical clinics were held, serving a total of 470 children and adults. Medication was given to those who needed it, lab tests were provided and over 25 medical referrals were made. Because of YOUR support, Carolyn and Emily successfully delivered over 40 pounds of donated medical supplies! A productive meeting was held with the village school principal, PTA chairman and Manyatta Chairman to review best practices and yearly progress. We're pleased and proud to share that Belgrove Primary continues to make progress in their yearly assessment scores. Because of YOUR generosity, 25 "Days for Girls" hygiene kits (a global movement that prepares and distributes sustainable menstrual health solutions to girls who would otherwise miss school during their monthly periods) were distributed. Fifty pounds of school supplies were also delivered. Carolyn and Emily met with the three Project-sponsored teachers and held a luncheon for all Belgrove Primary staff. The Mamas of Lemong'o, as always, were energetic and eager to make and sell their beadwork at a market convened by Carolyn and Emily. This year a record number of women, over 80, participated in the market! Bead workshops were held in March and April led by two talented, experienced and creative women from the community. These workshops proved very successful and resulted in an expanded variety of new merchandise. Carolyn and Emily purchased items to sell in Anchorage and Portland with 100 percent of the proceeds going back to The Project. Twenty-five pounds of seed beads were generously donated and delivered to the Mamas for their use in future projects. Several sales of the beadwork have already been held in the U.S. resulting in revenue that will be of great benefit to The Project. Such encouraging sales give hope that there will be a continuing market for the beadwork in in the U.S. This could translate into an empowering, continuing source of income for the women of the village as well as The Lemongo Project overall.

## THE LEMONG'O PROJECT'S YEAR IN NUMBERS

BECAUSE OF YOU IN THE PAST 12 MONTHS,

**110,000 LUNCHES SERVED**



**500 KIDS FED DAILY**

**MEDICAL CLINIC PATIENTS 470**

**25+ MEDICAL REFERRALS 4 WHEELCHAIRS GIVEN TO CHILDREN**

**7 CHILDREN RECEIVED PHYSICAL THERAPY**

**4 TEACHER SALARIES PAID 15 ELEMENTARY STUDENTS SPONSORED**

**SPONSORSHIP FOR HIGH SCHOOL STUDENTS 10 5 COLLEGE SPONSORS**

**80 WOMEN MADE BEADWORK TO SELL 27 PEOPLE EMPLOYED**

**LEMONGO VOLUNTEERS 90+**

Celebratory picture after a successful medical clinic.



## A SPECIAL THANKS TO:

Days For Girls, Alaska Medical Missions, Jeannie Bench, Regina & Jacqui, Dhahran Hills School Second Grade classes, GrassRoots Fair Trade, ShuzyQ, Cook Inlet Literacy Council, Congregation Beth Sholom, Delta Kappa Gamma, Anchorage Market & Festival, Terri Atwell, Cail Hubert, Daniella, Maria & Edre Balint, Cathy White, Marilyn & Paul Karr, Carol N.

Like us on Facebook



Donations accepted year-round through PayPal or our website



Learn more about this project or donate:

<http://www.thelemongoproject.org>

Contact us:

[thelemongoproject@gmail.com](mailto:thelemongoproject@gmail.com)