

MY RESETTLEMENT TIMELINE



AIM. To identify and sequence the key events and dates which define my resettlement.

WHEN TO DO IT. Its never too soon. Even if it is years until you plan to leave, working out these basic building blocks will set you up for everything else you need to do.

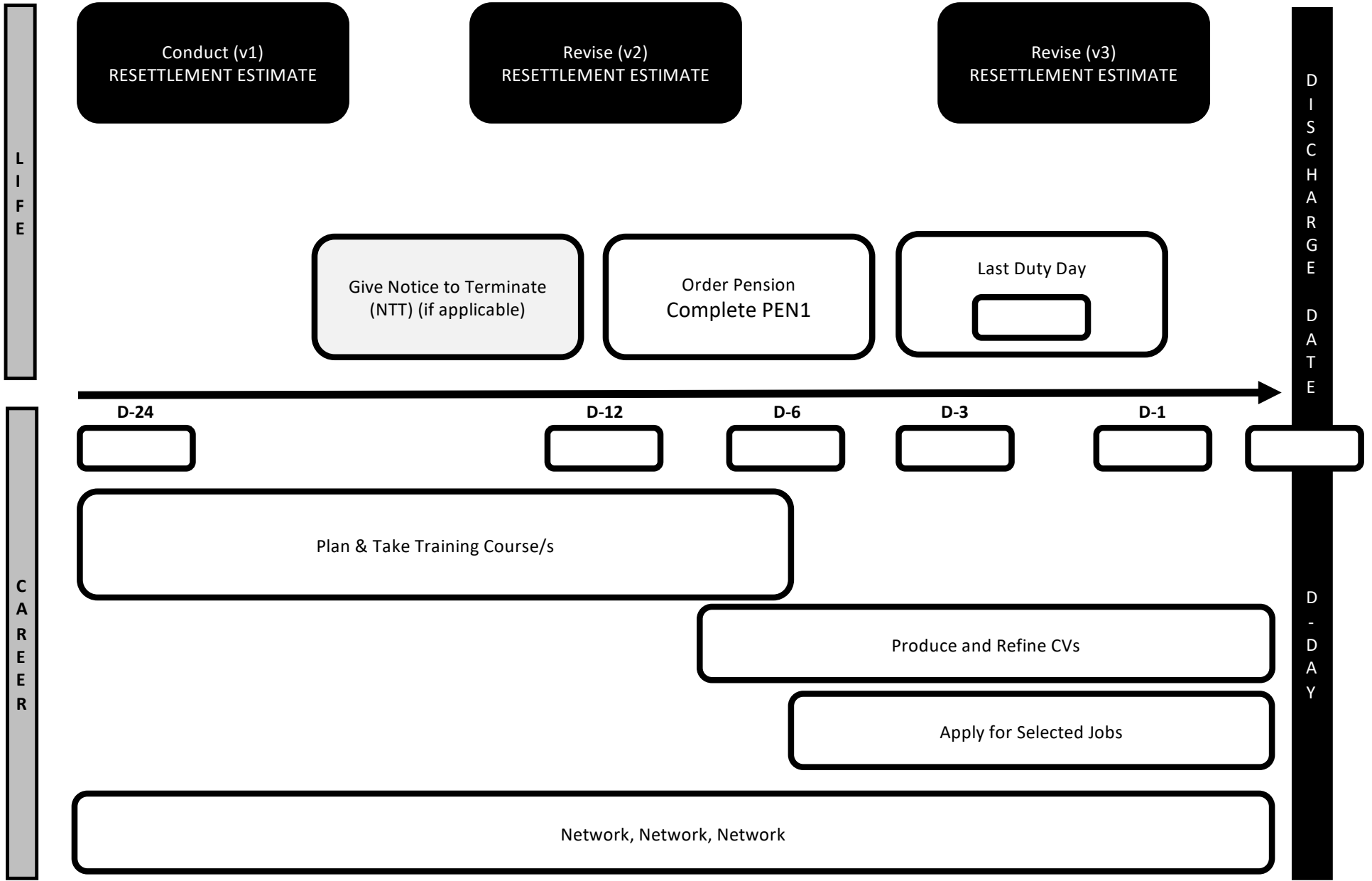
LINKS. This activity and conducting Personal Resettlement Estimate are the two essential activities for a successful resettlement.

WHERE TO GET HELP. Email fiona@ruralink.org.uk for tips and encouragement.

FEEDBACK. We hope you find this useful. If you have suggestions, please let us know. Email or use the feedback form online.

GET STARTED

1. Print this document on A4 paper and then use a coloured pen to fill in the information, guided by the prompts in the notes below.
2. If you know your discharge date, write it in the D Day box.
3. If you don't know the date, use the timeline to work out the earliest it could be and be prepared to change it as your thinking develops. Ideally you should allow yourself 2 years for resettlement.
4. Fill in the other dates backwards and forwards. (D-24 means 24 months (2 years) before D Day.)
5. What other factors do I need to consider? (eg pension qualification date, course start dates, partner's career, children's exams, key military role ...) Add in these dates as well.
6. You now have a rough guide to the type of activity you could be doing to progress through your resettlement.
7. Keep going back to this and adjusting it as your thinking and planning develops.



MRE Timeline V1 (online)
WWW.RURALINK.ORG.UK/VETERANS



