



Global Community Health Volunteers (GCHV)
Homes for Life Team

- Following is a sample itinerary for a *Homes for Life Team* composed of students that are interested in improving the lives of others through construction/renovation of communities.
- This draft itinerary is for a 9-day program, and includes 3 meals per day, in-country transportation, lodging, 24-hour staff assistance, and in-country orientation.
- This itinerary is adapted to the experience of each group in the area where the community is located, the type of program, and is subject to changes before and during the experience.
- Cost for the program is **\$1000** plus application fee **\$50**. Program cost is based on a minimum of 10 students.

Goal: To learn about Nicaraguan culture, the need for safe and secure housing, provide assistance in community development, and work with the local population to develop sustainable programs that will enhance safety and security in the community.

Safety Measures: Built into every GCHV Program will be many safety precautions specific to the Coronavirus Pandemic to include all breakfasts and dinners at the hotel, lunch served at the construction/renovation sites, dedicated transport to/from the construction/renovation sites, with buses cleaned after each transportation, increased screening protocols in the construction/renovation sites, handwash/alcohol stations, masks provided for all students, GCHV employees, and additional/replacement masks provided for all community members that are participating in the projects, adherence to any/all State Department/Embassy calls for additional precautions, screenings, quarantines, etc. During house visits replacement/additional masks will be provided to local inhabitants that need them as a part of a public health campaign, and when doing the initial assessments at these houses the students will practice social distancing. Additionally, GCHV will have MD's on site to monitor student health on a daily basis to include temperature checks and health screenings prior to departure for the construction site, at lunchtime, and in the evenings after supper.

Day 1 (Saturday)

Meet GCHV staff at the International Airport of Managua.
Transport and settle into hotel
Welcome Dinner

Day 2 (Sunday)

Morning:

“Welcome to Nicaragua” orientation at the hotel.

Afternoon:

Seminars (Local Carpenters/Electricians/Plumbers/Environmentalists and Staff)

***We will visit the site where the construction and/or improvement service will be carried out*

Evening:

Eco-Tourism Activity

Group reflection; discuss tomorrow’s agenda

Day 3 (Monday)

Morning/Afternoon:

Construction/Renovation at worksite.

Evening:

Seminars (Local Carpenters/Electricians/Plumbers/Environmentalists and Staff)

Group Reflection; discuss tomorrow’s agenda

Day 4 (Tuesday)

Morning/Afternoon:

Construction at worksite

Late Afternoon:

Eco-Tourism Activity

Evening:

Seminars (Local Carpenters/Electricians/Plumbers/Environmentalists and Staff)

Eco-Tourism Activity

Group Reflection; discuss tomorrow’s agenda.

Day 5 (Wednesday)

Morning/Afternoon:

Construction at worksite

Late Afternoon:

Eco-Tourism Activity

Evening:

Seminars (Local Carpenters/Electricians/Plumbers/Environmentalists and Staff)

Group Reflection; discuss tomorrow’s agenda

Day 6 (Thursday)

Morning/Afternoon:

Construction at worksite

Late Afternoon:

Eco-Tourism Activity

Evening:

Seminars (Local Carpenters/Electricians/Plumbers/Environmentalists and Staff)

Eco-Tourism Activity

Group Reflection; discuss tomorrow's agenda

Day 7 (Friday)

Morning:

Construction at worksite

Afternoon:

Dedication Time in the construction site, we also plan a fun time with local kids and a Piñata Party.

Late Afternoon:

Eco-Tourism Activity

Evening:

Group Reflection; discuss tomorrow's agenda

Day 8 (Saturday)

Recreation day:

Eco-Tourism Activities

Day 9 (Sunday)

Departure

Specialty Seminars - to include but are not limited to the following:

- Introductory Construction Spanish
- Homebuilding 101 (plans, materials, tools)
- Renovations 101 (plans, materials, tools)
- Local Measurements and International System of Measurements
- Tools and how to use them
- Safety in the work site
- What's included in a typical home
- The challenges of weather and the elements
- Recycling
- Environmentalism

Potential Eco-Tourism Opportunities: (Facilitated through collaboration with Nica Bike Ecotours)

- Granada Sightseeing
- Granada Islets
- Chocolate Museum
- Zipline
- Volcan Masaya (Day / Night)
- San Juan De Oriente
- Catarina
- Mercado de Artesania
- Coyotepe
- Cultural Cooking Class
- Cultural Dance Class / Zumba Dance Class

GCHV Director / Construction/Renovation Team Leaders:

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