BIRTH JUSTICE BILL OF RIGHTS

As a Black pre-conception, pregnant, birthing or postpartum person, I have the right to:

1. STAND AGAINST RACISM.
2. KNOW MY HISTORY AND RESIST INSTITUTIONAL RACISM.
3. HONOR MY VALUES.
4. EXPRESS MY CULTURE.
5. DEVELOP A NETWORK OF SAFETY AND SUPPORT.
6. REPRESENT MY BLACKNESS.
7. CARE FOR ALL MY IDENTITIES.
8. PROTECTION FROM VIOLENCE.
9. UNDERSTAND MY HEALTH.
10. RESPECT MY FAMILY STRUCTURE.
11. COMPREHENSIVE CARE AFTER I GIVE BIRTH.
12. SUPPORT FROM MY DOULA.
13. ACCESS TO EVERYTHING I NEED TO BE HEALTHY.
14. SUPPORT IN REDUCING STRESS.
15. INCLUSION IN THE DECISIONS THAT AFFECT ME.
16. ENSURE ACCESS TO ALL BIRTH CARE OPTIONS.
17. HONOR THE NATURAL BIRTH PROCESS.
18. SUPPORT MY BABY’S RIGHT TO HUMAN MILK.
19. GET A SECOND OPINION.
20. ADVOCATE FOR MY RIGHTS.
21. TIME TO HEAL AND BOND.
22. RECOGNIZE THAT MY BODY IS ALWAYS MINE.