

Strong and To The Bone

Words and Music by James C. Burns

I'm O K. I'm alone.
I'm O K. On my own.
I'm O K when no one knows I'm home.
And baby I'm OK when I'm alone.

Yeah I sit alone. All by myself.
There's nothing you can say. To make me hurt myself.
I think of you and I don't care.
Because even when you're standing there.
I may be alone but I'm Ok.

I'm Alone and Baby I'm Ok.
Yeah..I'm Alone and Baby. I'm Ok.

Reap and Sow. Is what I say.
Time be the hunter. Not the prey.
I reject your useless shame.
Your rancid views and tacit pain.
I may be alone but I'm ok.

Yeah I'm alone and baby I'm Ok..
Yeah..Life may kick my ass but not today..
'Cause I have stood here on my own!
I am strong and to the bone.
I may be be alone...But I'm.. Ok.

I may be be alone...But I'm.. Ok.