

Simple tips that may help

SETUPS

ORTHO:

LAZY LATERAL/LEG WASHOUTS:

- Bone Foam
- OR
- Sandbag

BEAN BAG LATERAL:

- Open Sheet under Bean Bag
- Open Sheet on top of Bean Bag
- Arm Gutter + Rotator Knuckle + Arm Gel

HANDS/ARMS:

- Standard Supine
- Adult Arm Table (Small For Kids) + 2 Knuckles
- Torniquet
- Plugin Suction & Diathermy

HIPS:

- Lateral
- Shower Screen + Poles
- Hip Bolsters 2 Front, 1 Back + Knuckles
- Arm Gutter + Rotator Knuckle + Arm Gel
- Exilaroll

KNEES:

- Standard Supine
- Shower Screen + Poles
- Foot Roll x 1 or 2
- Flat Side Support
- Torniquet (If Not There)
- 3L WARM Bag of Saline (Nurse Check Date)

GYNIE:

- Lithotomy
- Remove Head & Foot Ends
- Lithotomy Stirrups + Light End
- Towel + Bluey

ENT:

- Standard Supine
- Rotate Table 180°
- Adult Head Ring
- J-Board

LAP CHOLY:

- Standard Supine
-
- Seat Belt
- Pillow Case To Tuck One Arm
- X-Ray Screen

DENTAL (17/18 Fortnightly):

- Standard Supine
- Rotate Table 90°
- Dental Head Piece Attaches To Foot End Of Table
- Remove Head End
- Put Foot End on Head End

LAP APPENDIX:

- Standard Supine
- Seat Belt
- Pillow Case To Tuck Arm
- Pillow + Heel Gels
- Scud Machine

TOTAL LAP HYSTERECTOMY (TLH):

- Supine with Slide Sheet
- Pillow Cases x 2 (To Tuck Arms)
- Yellow Foam x 2
- Scud Machine & Scuds
- Trenguard Frame + Knuckles
- Black Foam + Purple Shoulder Cushions OR Pink Mat

PAEDS (THEATRE 8):

- If kid comes in on a Cot, they leave on a White Cot from PACU
- Adjust bed size according to kid size
- Paeds Monitor + Cord

UROLOGY (THEATRE 19/20):

- Lithotomy
- Remove Head & Foot Ends
- Lithotomy Stirrups + Light End
- Sheet + Towel + Bluey x 1

PAEDS:

- Paeds Monitor (Plug in outside)
- Oxygen Bottle
- White Cot from Recovery with sides down
- White Sheet

PERIANAL ABSCESS:

- Lithotomy
- Remove Head & Foot Ends
- Lithotomy Stirrups + Light End

CAESARIANS (THEATRE 10):

- Sheet + Sahara x 1
- Bluies x 3 + Half Gel
- Yellow Foam + Towel x 1
- Heel Gels + Prepped Scuds
- J-Board + Scud Machine
- White Chair Beside Table
- Linen Bin Near Door

PILONIDAL ABSCESS (BUTT CRACK):

- Lateral
- ½ Moon Side Support + Knuckle
- OR
- Flat Side Support + Knuckle

NEPHRECTOMY:

- Lateral
- ½ Moon Side Support + Knuckle
- Flat Side Support + Knuckle
- Arm Gutter + Rotator Knuckle + Arm Gel
- Towels x 6-8 Folded Into 1/3
- Coban Rolls x 2
- Exilaroll
- Pillow (For Between Patient's Legs)
- Scuds
- Scud Machine

FACIAL SURGERIES:

- Standard Supine
- Adult Head Ring

FLEXIBLE CYSTOSCOPY:

- Patient usually on Blue Trolley
- Flexi Stack

Often different - Check with surgical team as requirements change