



- Smile Make overs
- Mini Smile Makeovers
- Composite Bonding/Veneers
- Scaling and Polishing
- Restorative dentistry
(White and Silver Fillings)



[BOOK NOW](#)



AFTER CARE

COMPOSITE BONDING AND COMPOSITE VENEERS



What is it?

Composite veneers are thin layers of composite resin that are placed on the front surfaces of teeth in order to change the appearance of teeth and the overall smile.



Composite Bonding is when thin layers of composite resin are placed on the edges and sides of teeth to give a straighter and desirable appearance.

Teeth that are discoloured, chipped, rotated and/or spaced out can be transformed with composite veneers and bonding. Composite veneers/bondings are placed directly onto the teeth.

The procedure can involve one or two appointments depending on complexity. Firstly, you will have a consultation with your Dental Professional to discuss the treatment options that are available to you. We value your opinion and we believe that having an initial consultation is essential to reaching a desirable result. The Dentist/Therapist will also discuss the treatment process and costs with you. They may at this stage take clinical photos to help plan/document your treatment.

The tooth structure and gums should be in a stable condition prior to placement of the veneers/bondings. Any broken fillings, decay or gum disease must be treated before proceeding with cosmetic treatment.



AFTERCARE

How to look after your Mini smile makeover

- Avoid foods with higher staining potential for at least 24 hrs after placement of your smile makeover
Curries, dark coloured sauces, Red Wine.
- Brush properly avoid damage by using an Electric tooth brush with a pressure sensor
- Treat interdental cleaning as important as brushing. Ensure you clean in between the bondings with dental floss and interdental brushes - this can help avoid holes forming and stain build up.
- Avoid whitening/Smokers toothpastes these can be abrasive and cause scratches to the composite surface
- Invest in the longevity of your composite bonding by visiting a dentist and hygienist regularly for maintenance appointments



[BOOK NOW](#)