

3/23/2020

Re: Press Release

Dear Major League Training Families,

For the safety of our players, players' families, coaches and coaches' families, we have made an executive decision to close the facility due to mandates placed on us by the State of California.

We understand this is a difficult time for the boys, your families and the Nation, so we are working hard to bring Major League Training to you online. As athletes ourselves, we fully understand that there is nothing more important than your health. We are taking extreme efforts to keep our athletes training and engaged with productive activities and challenges using our online platforms.

We will be using *BLAST motion* sensors to train our hitters remotely, including virtual lessons and targeted hitting programs to continue development. We will be offering our BLAST Platinum Package for all of our current Elite Group Members until scheduled in-facility group sessions can resume.

For access to the *TrainHeroic* Team filled with drills, workouts and videos that will be updated weekly.

- Download the TrainHeroic app on your phone or tablet
- Create an account
- Go to the setting section and click my training
- Enter the access code: MLT2020 to access Major League Training Team Program

For the Pitchers, we will be offering *Motus baseball* sleeve monitoring and throwing programs to keep our arms in shape and ready to go when Baseball resumes.

Please feel free to reach out to any of the coaching staff with any questions you may have about programming and the technology we're using. Also, feel free to send in all your most creative, funny or best training videos to be posted on our social media platforms.

Please use caution and stay safe!

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