



ASCENDERE

April 2026

YOUR BEST TIMELINE

Greetings!!

Welcome to Ascendere! April is historically known for being the month of renewal and new beginnings. Take a moment to enjoy every breath you take as it represents a new beginning representing positivity and the promise of a new and better season. Ascendere had a wonderful time at the **Pathway Expo** on March 22nd in Mclean, Virginia. We managed to reach out to numerous patrons who took advantage of our services and products and overall energy that we provided. We officially launched our **Psychic Hotline** which you can find on Ascendere website.



Affirmations

Let's focus on two themes for this month as it is the time of renewal: **Vitality and Awakening**. Vitality is the life force that flows through your body aka your temple on a daily basis. Awakening in this sense is the ensured mindset that you always have clarity in your vision which is easily illuminated by the bright energy April brings. Say the following for Vitality: **"I open my heart to receive the abundant blessings that this season of life provides. I radiate the warmth and clarity of the spring sun to everyone I encounter."** Say the following for Awakening: **"I listen to the gentle whispers of the spring breeze, guiding me toward my highest good. I celebrate the miracle of life unfolding within me and all around me."**

