



August 2026

YOUR BEST TIMELINE

Greetings!!

Welcome to Ascendere! Spiritually, August is the sacred threshold of the Golden Harvest, representing the transition from the fiery growth of summer to the quiet wisdom of autumn. It is a time of profound abundance and gratitude, marked by the celebration of Lammas and Lughnasadh, where we gather the rich fruits of our labor and honor both the earthly harvest of wheat and sunflowers and the spiritual harvest of intentions we planted in the spring. This month invites us into deep presence and stillness, urging us to savor the slow, sun-drenched late-summer days while igniting our inner radiance and solar power to shine our unique warmth onto the world.



Affirmations

Take advantage of the peak summer warmth, abundance, transitions, and the golden energy of the harvest through these affirmations:

✦ Abundance & Harvest

"I welcome the abundant harvest of my efforts, celebrating the rich fruits of my labor under the warm golden sun."

✦ Presence & Stillness

"I savor the slow, sun-drenched days of late summer, allowing myself to be fully present in this moment of peace and ease."

✦ Inner Radiance

"Just like the brightest days of August, I let my inner light shine fully, sharing my joy, warmth, and vitality with the world."

Asé! Asé! Asé!

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