



ASCENDERE

June 2026

YOUR BEST TIMELINE

Greetings!!

Welcome to Ascendere! June is defined by the Summer Solstice (Litha), the entry of Venus into Leo (June 13), and Uranus in Gemini shifts. This month creates a "sky spectacle" where the light reveals what is real, urging you to move from quiet introspection into bold, heart-centered expression. Ascendere has quite a few exciting endeavors on the horizon. We are working on attending the upcoming Pathways Expo in October. Additionally, we are looking to have virtual counseling sessions based on Reiki Healing. Please check us out and take advantage of our services which will restore energetic balance, emotional clarity, and spiritual alignment.



Affirmations

We are venturing into the period of the Lion in the middle of this month and it's only prudent to provide you with affirmations that focus on the Lion's Heart and Fire. This month also focuses on expression and emotional flow.

"I am grounded in my truth as the world around me shifts and evolves. I welcome new perspectives that align with my highest soul purpose. I release the need for constant movement and find peace in my inner foundation."

"I communicate my truth with clarity, kindness, and divine purpose. My words are seeds of light that grow into a garden of beautiful reality. I honor the flow of my emotions, allowing them to guide me toward healing."

