



ASCENDERE

September 2026

YOUR BEST TIMELINE



Greetings!!

Welcome to Ascendere! September arrives as a sacred bridge between seasons—inviting us to cleanse what has become heavy, restore balance within ourselves, and take courageous action toward the life we desire. Virgo season begins the month with the energy of purification, organization, wellness, and sacred discipline. Libra season and the Autumn Equinox then call us into balance, harmony, gratitude, and spiritual reflection. This month reminds us: Your best timeline is not created by intention alone—it is activated through aligned thoughts, healing choices, consistent action, and faith.

Affirmations

Take advantage of the new moon and autumn equinox through these affirmations:

Use these energies to:

- Clean and spiritually cleanse your home
- Release unhealthy habits and mental clutter
- Write clear intentions for your health, business, and purpose

I accept, I deserve, and I allow healing, balance, abundance, divine opportunities, and aligned relationships to enter my life. I release every pattern that separates me from my highest timeline. My thoughts, choices, spirit, and actions are now aligned with my greatest good—with total ease and harm to none.

Asé. WAKESHA. Abracadabra!

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SEPTEMBER SPIRITUAL GUIDANCE FOR EVERY ZODIAC SIGN

ARIES — Reclaim Your Power

Your courage is awakening. Release impulsive reactions and direct your fire toward a meaningful goal. Your healing comes through conscious action.

TAURUS — Trust the Transformation

Allow old routines, relationships, and beliefs to evolve. Create stability without resisting necessary change. Your consistency can turn intention into abundance.

GEMINI — Speak a New Reality

Your words are especially powerful. Release scattered thinking and communicate your intentions clearly. Journal, affirm, and protect your mental energy.

CANCER — Heal and Strengthen Your Foundation

Nurture yourself as deeply as you nurture others. Clear emotional heaviness from your home and heart. Healthy boundaries will protect your peace.

LEO — Refine the Vision

Your light remains strong, but September asks you to ground your gifts. Organize your ideas, manage your resources wisely, and turn inspiration into a sustainable plan.

VIRGO — Begin Again

This is your season of renewal. Release perfectionism and honor your progress. Your new timeline begins with the loving routines you choose today.

LIBRA — Restore Sacred Balance

Choose relationships and commitments that honor your spirit. Stop abandoning yourself to preserve temporary peace. Harmony begins within you.

SCORPIO — Transform with Intention

Your intuition may reveal hidden truths about love, money, and trust. Do not fear what surfaces. Let honesty guide your emotional and spiritual transformation.

SAGITTARIUS — Expand with Direction

Your vision is growing, but freedom requires focus. Choose the goal that truly aligns with your purpose and give it consistent energy.

CAPRICORN — Build the New Foundation

Your discipline is one of your spiritual gifts. Release responsibilities that no longer belong to you and build from wisdom—not exhaustion.

AQUARIUS — Honor Your Divine Difference

Your ideas can open new pathways, but you must ground them in action. Release the need to be understood by everyone. Your authenticity is your activation.

PISCES — Protect Your Energy and Trust Your Intuition

September supports emotional release and spiritual integration. Rest, cleanse, journal, and listen inward. Discernment will help you separate intuition from fear.