



Our mission is to help older people live dignified and reasonably independent lives in their own homes for as long as possible.

Free Loan Program!

Did you know that the MCCoA has a program to provide seniors in Mercer County with

the use of many types of durable medical equipment. It's called our free loan program. There is no cost for you to take part in this program, it is FREE! Mercer County residents, over 60 years old, living in their own home are eligible to take part in this program. We offer a variety of items such as canes, walkers, rollators, wheelchairs, shower chairs, bedside commodes and toilet risers for your use. Many times these items are needed for only a short period of time, such as after surgery or during rehab. Stop by the office to see our inventory and sign out the equipment that can assist you during your recovery. Items are loaned for a 6-month period. If you need it longer, simply call the office and ask to renew the loan. Along with the free loan equipment we also have a great chore crew that can install grab bars to assist you in your home.

From the Director's Desk:

Happy Summer Mercer County (and friends of Mercer County,)

Would it surprise you to learn that we send out almost 2600 copies of the newsletter every month. That is only the printed version. We send more than that if you count the digital version too. I hear from many people that they love our newsletter. This is wonderful news. But then they turn around and ask something like 'do you guys have a yoga class?', or 'do you play cards?' I must admit, I am not sure how to respond. I usually ask, 'do you get our newsletter?' and most often times the answer is 'yes." I sometimes ask, 'do you read it?' Sometimes I get a sheepish look or the answer, 'I like to do the coloring pages and the crosswords.' Again, that is wonderful news, but do you realize that there are literally hours spent each month putting together the programs and events that we host and co-host? Our activities team gets the ball rolling, but our office staff, drivers, homemakers and chore team all work together to pull these events off. They do it because they love you. Their hearts are so big that they almost burst out of them. Just this month alone, we are adding a 500 euchre card opportunity, a mahjong class, and a 'Poetry, Prose and Book' group. Check out your calendar and see where you can fit us in.

Please take a moment, read through the pages and let us know if there is something that you would like to see us offer, or something that you would like to share with the community. That is where all the wonderful things that we do come from. They are responses to the requests and offers that you make to and for us.

We are happy to be the place you like to come, and we are happy that you keep bringing your friends along with you.

Have a fantastic summer!!

Dawn

P.S. Please understand that I do realize that I may be preaching to the choir here. The fact that you have read this

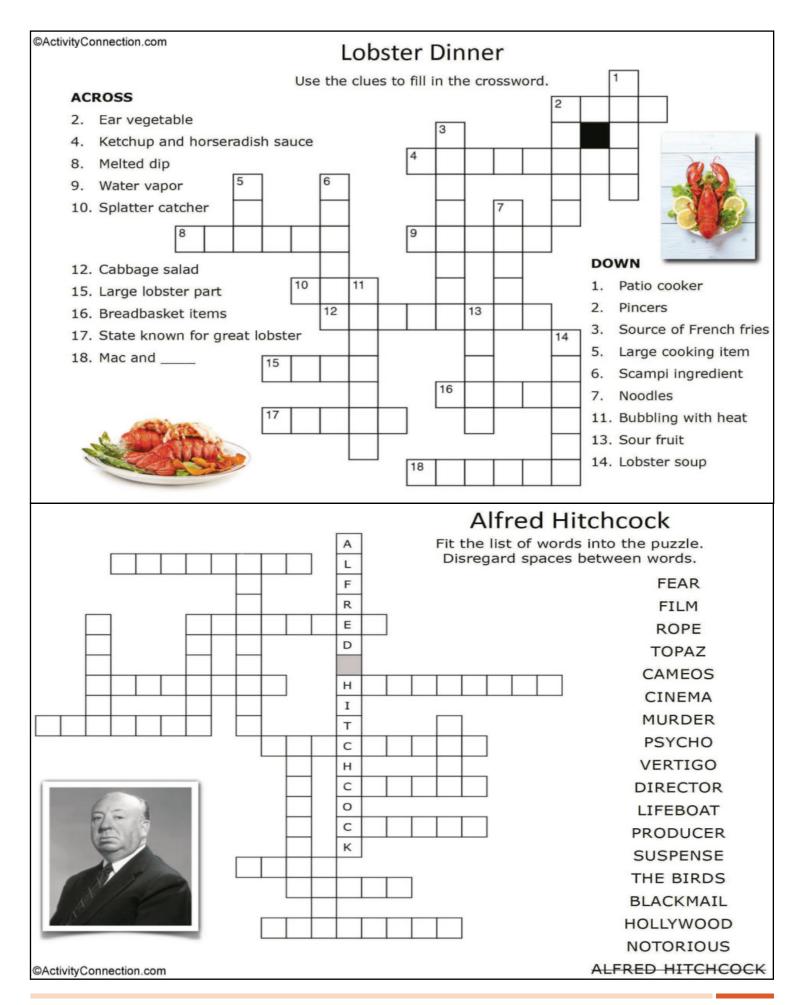




GARAGE SALE UPDATE

Donations First Day Tuesday, Aug 5 12:00 to 4:00 NO DONATIONS Thursday, Aug 7 Mercer County Fair NO DONATIONS Tuesday, Aug 12 Mercer County Fair Saturday Donations Saturday, Aug 23 9:00 to 1:00 Donations Last Day Thursday, Sept 4 8:30 to 12:00

Thank you to everyone that made the July sale a great success!!! We will start taking donations on Tuesday, August 5 with regular donation times of Tuesday 12 – 4 and Thursday 8:30 to 12. We will <u>not</u> be accepting donations on Thursday August 7 and Tuesday August 12 due to the Mercer County Fair being under way! We will accept donations on Saturday, August 23 from 9:00 – 1:00. If you are interested in helping with any part of the garage sale, taking donations, setting things up, running a checkout during the sale give Tash a call 567-890-4120 or stop in and we will be happy to show you how things run!



Dates of Interest

To register call 419-586-1644.

Craft Class

Join us Monday, August 4 at 1:00 pm to paint and decorate a birdhouse. We will provide all the materials, you provide the design! This is sure to be a fun craft afternoon. Call and register today space is limited. The cost is only \$5.00.



Game Night - Yahtzee

Join us Wednesday, August 20 for Yahtzee Night! The evening will begin at 5:30 pm with a meal that includes sloppy joe, chips, salad, water, coffee, or ice tea followed by some great Yahtzee fun! Yahtzee is a simple dice game. The objective is to score points by rolling five dice to make certain combinations. We will play several rounds and the high score and random draw person will win a gift card. Everyone who plays will receive a MCCoA coupon that can be used towards an activity at the center. The cost for this evening of fun is only \$5.00. Call and register today 419-586-1644.



Art Class

Join Debby Gregory Monday, August 25 at 2:00 pm, for aa acrylic painting class. Everything you

need will be provided. The cost of the class is \$10.00. Space is limited.



500 Euchre

500 Euchre the 2nd and 4th Tuesday of each month starting at 12:30. If you know how to play Euchre you will enjoy "500." The cost is \$1.00. If possible, bring a partner. Come try out this new card game!!

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	6	7	8	9	10
\spadesuit	40	140	240	340	440
٠	60	160	260	360	460
•	80	180	280	380	480
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No Trump	120	220	320	420	520
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Mahjong

Do you play American Mahjong? Or would you like to learn? Come and join Lana as she teaches how to play on Thursday, August 7 beginning at 1:00 in building 3. American mahjong is played with four players. The goal of the game is to be the first person to play all your tiles. Scoring is done by matching the points assigned to each pre-determined hand on the annually distributed National Mah Jongg League (NMJL) card and American Mah-Jongg Association (AMJA) card.

Please call and register so we know how many people to expect.



VOLUNTEER OPPORTUNITY!!!

Do you like talking on the telephone??? Then join our birthday call team who call people on their special day and wish them a Happy Birthday! To be part of this team come in and talk to Tash, sign up for days that work for you and come to the office between the hours of 10 am and 3 pm to make birthday calls.





Join Kyle Stoker with NeighborLink on Monday, August 18. Lunch will be served at 11:30 am with the presentation beginning at 12:00 pm. The first 25 people to sign up will be served lunch but everyone is welcome to join us to learn about this new service!

NeighborLink Mercer County's mission is to provide practical expressions of God's love to our neighbors in need. Compelled by Christ's love for us, we are moved to love Him wholeheartedly and to extend that same love to those around us. We believe serving others is one of the most genuine ways we can live out our faith. We are committed to making services simple, meaningful, and accessible.

Our heart is to assist individuals and families in our community who could use a helping hand. From basic chores like yard work or snow removal to more skilled projects such as wheelchair ramp construction or plumbing repairs, our volunteers are ready to step in and serve. Every act of kindness—large or small—can make a big difference in someone's life, and we're here to help make that possible.



To learn more about how NeighborLink Mercer County works, or to get involved, please visit us online https://www.nlmercerco.org. Together, we can build a stronger, more compassionate community rooted in love and service.





Lunch and Learn at Chickasaw held at the Zahn Marion Twp Branch Library 5 E Franklin St. will be Thursday, August 28 at the Zahn Marion Twp Branch Library 5 E Franklin St.

Navigating Senior Care with Confidence presented by Danielle Kirkland, RN and Certified Senior Advisor with Serenity Senior Solutions. This season of life brings new questions, new possibilities, and sometimes, the need for a little extra support. Join us for a friendly and informative session where we'll explore the different types of senior care—from in-home support to assisted living, memory care, and more. Danielle will share expert insights and answer your questions. You'll also learn about the senior care and placement services offered by Serenity Senior Solutions, designed to help you or your loved ones find the right care—at the right time and place. Enjoy lunch, connect with others, and leave feeling more confident about your options for the road ahead. Lunch will be served at11:30 am. The presentation begins at 12:00 pm. The first 25 people to sign up will be served lunch but everyone is welcome to join us to learn about this new service!





JOIN US for a FREE Six-week wellness program for people 55 and over.

Session Begins August 22 10:00 AM - 11:30 AM

To register contact the Mercer County Council on Aging at 419-586-6144

Week 1	Aug 22	Understanding the Changes Associated with Aging
Week 2	Aug 29	Aging Sensitivity
Week 3	Sep 5	Valuing Cultural and Generational Diversity
Week 4	Sep 12	Medication and the Older Adult
Week 5	Sep 19	Substance Abuse, Addiction, and Older Adults
Week 6	Sep 26	An Enhanced Quality of Life

Participants will receive grocery goodie bags throughout the program!

The WISE program is designed to help older adults celebrate healthy aging, make healthy lifestyle choices and avoid substance abuse.

LOCATION

Mercer County Council on Aging

217 Riley Street Celina, Ohio



For more information about WISE, contact Emily Upshaw at 419-549-8530 x102 or email eupshaw@passaah.org.





September look ahead

- Office Closed Labor Day
- 3 Alzheimer's Talk
- 4 Donations Last Day
- 15 L&L MCCoA Cancer Association
- 18 Garage Sale (8:30 to 6:30)
- 19 Garage Sale (8:30 to 4:00)
- 20 Garage Sale (8:30 to 4:00) Half Price
- 21 Garage Sale (12:00 to 4:00) 2 bags for \$1
- 22 Garage Sale Clean Up
- 25 L&L Chickasaw Chair Yoga

Bus Trips

August

- 17 Happy Together/
- 29 The Play/LaComedia

September

- 4 Snooty Fox
- 8-17 California Wonders

October

- 1-4 Noah/Lancaster PA
- 10 Legally Blonde/ LaComedia
- 14-17 West Virginia Trains
- 23-24 Four Winds/Fannie's
- 24 Miss Fannie's Biscuits

November

- 7 Doo Wop Project
- 9-12 Smoky Mountain/ Dollywood

December

- 2-3 Elf, Scrooge, Lights, Casino
- 4 Scrooge/LaComedia
- 10 Gaither's & Amish
- 10-11 Gaither's & Dean Z
- 11 Amish Lunch & Dean
- 14 Mannheim Steamroller

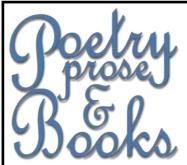
February 2026

- 2/26- Hawaiian Land &
- 3/8 Cruise

Old-Timey Words and Phrases

Match the definition to the correct old-timey word or phrase.

1.	Conduct a serious romantic relationship	A.	hobnob
2.	Mingle with a VIP	В.	skeddadle
3.	Courage	C.	lollygag
4.	Do something with great intensity	D.	court
5.	Make someone happy	E.	Heavens to Betsy!
6.	Scruffy child	F.	twitterpated
7.	Drag one's feet	G.	ragamuffin
8.	Formerly; in the past	Н.	topsy-turvy
9.	Stick-in-the-mud	I.	moxie
10.	Upside down or disorderly	J.	erstwhile
11.	Nonsense	K.	scalawag
12.	Mischievous act; prank	L.	fuddy-duddy
13.	Feeling lovesick	Μ.	kerfuffle
14.	Scatterbrained or talkative person	N.	monkeyshine
15.	A fuss or commotion	0.	flibbertigibbet
16.	Rascal or mischief-maker	P.	balderdash
17.	To run away quickly	Q.	like the dickens
18.	An exclamation of surprise	R.	gladden one's heart



PP&B

Join Peggy Dorsten at 1:30 pm on Thursday, September 4 in building 3 for the Poetry, Prose, & Books (PP&B) Group. Every blade of grass has it's angel that bends over it and whispers, "Grow, Grow." How can we let words like this go

unnoticed? For those of you who love poetry, prose, and/or books, join the PP&B group as we share our secret treasures of words.

Every blade of grass has it's angel that bends over it and whispers, 'Grow, grow.'

REGULARLY SCHEDULED ACTIVITIES

Please register for all activities so we can notify you in the case of unexpected schedule changes. Thank you.

Check the calendar on page 9 for exceptions.

Bingo

Wednesdays at 12:30 pm. Reusable cards and chips are 2 for \$1 with additional cards costing 50¢ each. The same cards are used for every game.

Blood Pressure Checks (FREE)

The first Thursday each month from 9 am to 10 am, provided by Heritage Health Care.

Cards

Bridge on Tuesdays at 12:30 pm; Euchre on Thursday and Sunday evenings at 6:30 pm; Bid Euchre, Pinochle, and Bridge on Fridays at 12:30 pm. 500 Euchre on the 2nd and 4th Tuesdays at 12:30 pm. Texas Hold 'Em on the 2nd and 4th Thursday at 6:30 pm. Cost \$1 per person per session.

Chair Yoga

Chair Yoga on Mondays at 10:00 am and Thursdays at 12:30 pm. Cost is \$3 per person.

Coffee Time (FREE)

Thursdays from 8:00 am to 10:00 am. Join us for coffee, juice, donuts and some great chatting time. Stop in for 5 minutes or stay for a while. Everyone is welcome. Donations are appreciated.

Crochet Club (FREE)

Crochet club meets monthly in Bldg 3. See calendar for specific date and time. This group is open to anyone that likes to crochet. We make a variety of items to give to people in nursing homes. Join us for a fun afternoon of crocheting. Everyone is welcome.

Fitness Class

Tuesdays at 9:30 am join us for a FREE video lead exercise class. The last Tuesday each month at 9:30 am Kathy G leads a 45 minute class that focuses on muscle strengthening and increasing range

of movement for daily life activities. Cost is \$3 per person.

Line Dancing (FREE)

Tuesdays at 1:00 pm. Everyone is welcome. Come join the fun, enjoy some music, and get some great exercise. If you are new to dancing, we will be glad to show you how.

Lunch

Tuesdays, Wednesdays, and Thursdays 11:30 am **\$5 per meal**. Reservations are required by noon one day before. Space is limited.

Pickleball

Tuesdays at the Spiritual Center in Montezuma, 6731 SR 219 from 9:00 am to 11:30 am. Cost is \$3 per person. No experience required.

Toe Nail Trimming

Community Health Professionals will be in building 3 the first Wednesday of each month beginning at 1:00 pm to do toenail clipping. The cost is \$20 on a first come, first served basis.

ALZHEIMER'S ASSOCIATION

FREE Care Consultations

Marybeth Torsel with Alzheimer's Association is available by appointment. Please call 419-419-5858. Care Consultation covers caregiver education, stress management, planning, communication, finances, and safety issues.

FREE Support Group

Meetings are held on the second Wednesday of every month from 3 pm to 4 pm in building 3. The Caregiver Support Group is for any individual who is caring for someone who has Alzheimer's or any other form of dementia.

FREE Alzheimer's Talk

Monthly Alzheimer's talk with Yvonne will start again the first Wednesday of each month at 10:00 am.

The Empowered Caregiver: Communicating Effectively

Learn how dementia affects communication.

Additionally, receive tips for communicating well with family, friends and health care professionals.

Wednesday, August 6, 2025 10:00 am

Mercer County Council on Aging

217 Riley Street | Celina

REGISTRATION IS REQUESTED

Call 419.586.1644

Program may be cancelled if there are no registrations

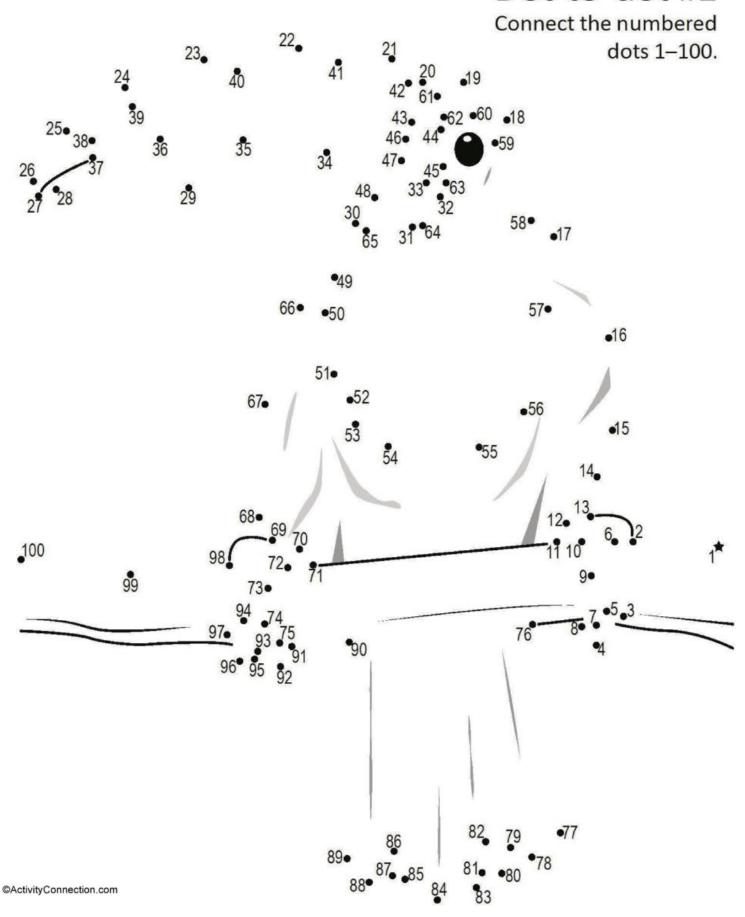




August 2025 Activity Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
					1	2	
					12:30 - Cards*		
3	4	5	6	7	8	9	
6:30 -	10:00 - Chair	9:00 - 11:30 Pickleball* (MSC)	10:00 -	NO Donations	12:30 -		
Cards*	Yoga*	9:30 - Fitness Video (FREE)	Alzheimer's Talk - Communicating	8:00 - 10:00 Coffee Time	Cards*		
	1:00 - Craft - Bird Houses*	11:30 - Lunch*	Effectively	9:00 - FREE Blood Pressure Checks			
		12:00 - 4:00 Donations (bldg 6)	11:30 - Lunch*	11:30 - Lunch*			
		<u>12:30 - Bridge</u> * (bldg 3)	12:30 - Bingo* 1:00 - Toenail	12:30 - Chair Yoga*			
		12:30 - Ladies Cards*		1:00 - American Mahjong (bldg			
		1:00 - Line Dancing	Clipping*	3)			
				6:30 - Cards*			
10	11	12	13	14	15	16	
6:30 -	10:00 - Chair	NO Donations	11:30 - Lunch*	8:00 - 10:00 Coffee Time	12:30 -	10	
Cards*	Yoga*	9:00 - 11:30 Pickleball* (MSC)	12:30 - Bingo*	8:30 - 12:00 Donations (bldg 6)	Cards*		
	1:00 - Crochet	9:30 - Fitness Video (FREE)	3:00 - Alzheimer	<u>10:30 - Board Mtg</u> (bldg 3)			
	<u>Club</u> (bldg 3)	11:30 - Lunch*	Support Group	11:30 - Lunch*			
		12:30 - 500 Euchre*	(bldg 3)	<u>12:30 - Ladies Cards</u> *			
		<u>12:30 - Bridge</u> * (bldg 3)		12:30 - Chair Yoga*			
		1:00 - Line Dancing		6:30 - Cards & Texas Hold 'Em*			
17	18	19	20	21	22	23	
6:30 - Cards*	10:00 - Chair Yoga*	9:00 - 11:30 Pickleball* (MSC)	11:30 - Lunch*	8:00 - 10:00 Coffee Time	<u>10:00 -</u> W.I.S.E	9 to 1 - Donations	
Calus	10ga 11:30 - L&L	9:30 - Fitness Video (FREE)	12:30 - Bingo*	8:30 - 12:00 Donations (bldg 6)	Class	Donations	
	NeighborLink	11:30 - Lunch*	5:30 - Game Night - Yahtzee*	11:30 - Lunch*	(bldg 3)		
		12:00 - 4:00 Donations (bldg 6)	Night - Tanizee	12:30 - Chair Yoga*	12:30 - Cards*		
		<u>12:30 - Bridge</u> * (bldg 3)		<u>6:30 - Cards</u> * (bldg 3)	Cards		
		12:30 - Ladies Cards*		6:30 - California Trip - Document Meeting			
		1:00 - Line Dancing		, and the second			
24 6:30 -	25 10:00 - Chair	0:00 11:20 Diaklahall* (MSC)	27 11:30 - Lunch*	28	29 12:30 -	30	
Cards*	Yoga*	9:00 - 11:30 Pickleball* (MSC) 9:30 - Fitness with Kathy*	12:30 - Lunch 12:30 - Bingo*	8:00 - 10:00 Coffee Time 8:30 - 12:00 Donations (bldg 6)	12.30 - Cards*		
	2:00 - Art -	11:30 - Lunch*	3:45 - Office	11:30 - L&L Chickasaw -			
	Acrylic*	12:00 - 4:00 Donations (bldg 6)	Closed - Staff	Serenity Senior Solutions -			
		12:30 - 500 Euchre*	Meeting	Danielle Kirkland			
		<u>12:30 - Bridge</u> * (bldg 3)		<u>12:30 - Ladies Cards</u> * (bldg 3)			
		1:00 - Line Dancing		12:30 - Chair Yoga*			
24		Ĭ		6:30 - Cards & Texas Hold 'Em*			
31 6:30 -	31 Italicized and underlined in the Annex.						
Cards*	* = has a fee.						
	() = off campus. (MSC) = Montezuma Spiritual Center						
			(10130) – 1010	inezuma opintuai Gentei			

Dot-to-dot #2



Bus Trip Updates

New Trips

Amish Lunch and Gaither Vocal Homecoming Holiday Performance – December 10 – Amish style lunch and afternoon "Gaither Vocal Band" holiday performance.



Mannheim Steamroller Holiday Performance & Dinner – December 14 – Enjoy a 3:00 pm performance and dinner at the Honeywell Center in Wabash IN. MANNHEIM STEAMROLLER by Chip Davis has been America's favorite holiday tradition for 40 years!

Many trips are already sold out! These trips still have seats remaining!

Legally Blonde at LaComedia – October 10 – limited seats! - Buffet lunch and matinee performance of Legally Blonde. A fabulously fun, award-winning musical based on the movie starring Reese Witherspoon.

Amish Cooking & History Lessons – Four Winds Casino – Rise and Fall of Miss Fannie's Biscuits Musical at Shipshewana – October 23-24 - Amish style lunch and cooking class. Visit the Menno-Hof Center in Shipshewana to learn the history and heritage of the Amish, Mennonites, and Shipshewana. Spend the night at Four Winds Casino in South Bend IN. Day 2 enjoy an Amish lunch and afternoon performance of Rise and Fall of Miss Fannie's Biscuits - a new delightful whodunit musical from the amazing duo of Wanda E. Brunstetter and Martha Bolton.

Elf and Scrooge Musicals, Lights Under Louisville & Belterra Casino – December 2-3 - Buffet lunch at Derby Dinner Playhouse near Louisville prior to matinee performance of "Elf the Musical. Visit Lights Under Louisville with over 7 million lights. Overnight at Belterra Casino. Day 2, go to LaComedia for buffet lunch and matinee performance of "Scrooge – the Musical" and visit Grandpa Joe's Candy Shop.

"Scrooge – the Musical" at LaComedia & Holiday Lights – December 4 - Buffet lunch and matinee performance of "Scrooge – The Musical." Also visit Grandpa Joe's Candy Shop and "Light Up Middletown" holiday drive thru light display.

Gaither Vocal Band & Dean Z "Ultimate Elvis" Holiday Performances – December 10 -11 - Enjoy Amish lunch at Blue Gate and afternoon "Gaither Vocal Band" holiday performance and lights of Shipshewana. Day two tour Ruthmere, the "Gilded Age' house built by Alka – Seltzer and Amish style lunch and the Dean Z – Ultimate Elvis Holiday Show!

Amish Style Lunch & Dean Z "Ultimate Elvis" Holiday Performance – December 11 – Taking 2 buses! - Amish style lunch and afternoon performance of one of the world's greatest tribute artists!

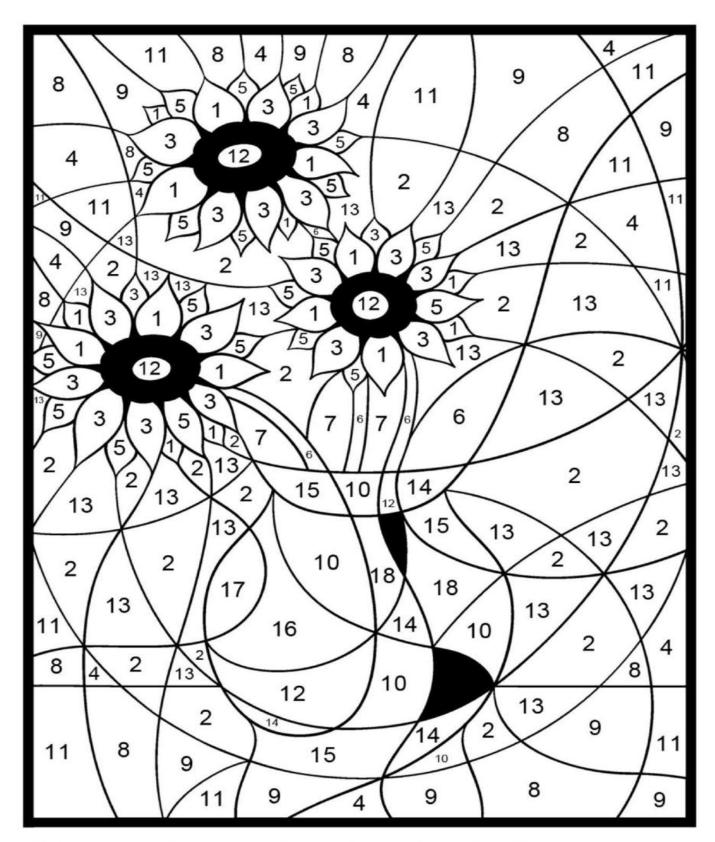
August 2025 Lunch at the MCCoA

Please join us for a congregate lunch on Tuesdays, Wednesdays and Thursdays at 11:30 am. The cost is \$5 per meal.

Reservations and cancellations must be made by calling the MCCoA at 419-586-1644 prior to noon the day before. If you have ordered a meal are unable to attend we need to be notified. Thank you for understanding.



Tuesday	Wednesday	Thursday	
5	6	7	
Roast Beef Sandwich	Spaghetti	Pizza	
Cheesy Potatoes	Garlic Bread	Tossed Salad	
Cookie	Green Beans	Brownie	
12	13	14	
Tuna Salad Sandwich	Cheeseburger	Loaded Potato Soup	
Macaroni Salad	French Fries	Grilled Cheese	
Peach Cobbler	Brownie	Cookie	
19	20	21	
Taco Salad	Fish Sandwich	Chicken Bacon	
Applesauce	Cole Slaw	Ranch Pizza	
Pudding	Fruit	Tossed Salad	
		Cherry Cobbler	
26	27	28	
Breaded Chicken Wrap Macaroni Salad Cookie	Sloppy Joe Sandwich Mac N Cheese "August Birthday" Cake	Lunch & Learn in Chickasaw	

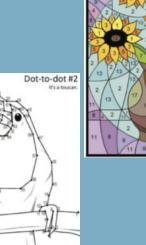


1 = Yellow 2 = Powder Blue 3 = Gold 4 = Rose 5 = Orange 6 = Green 7 = Lime 8 = Mauve 9 = Heather 10 = Coffee 11 = Light Lilac 12 = Chestnut 13 = Sky Blue 14 = Chocolate 15 = Mocha 16 = Light Brown 17 = Light Olive 18 = Khaki

@ActivityConnection.com

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SOLUTIONS



Old-Timey Words and Phrases

- 1. D. court
- 2. A. hobnob
- 3. I. moxie
- 4. Q. like the dickens
- 5. R. gladden one's heart
- 6. G. ragamuffin
- 7. C. lollygag
- 8. J. erstwhile
- o. J. Cistwillie
- L. fuddy-duddy
- H. topsy-turvy
- 11. P. balderdash
- 12. N. monkeyshine
- 13. F. twitterpated
- 14. O. flibbertigibbet
- 15. M. kerfuffle
- 16. K. scalawag
- 17. B. skedaddle
- 18. E. Heavens to Betsy!



18 H E E S E





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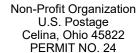
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 - Wheelchair ramps and widened doorways
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Mon-Fri: 8 am-4:30 pm Sat & Sun: Closed



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THE MERCER COUNTY COUNCIL ON AGING

is a non-profit organization serving the needs of residents aged 60 and over. We offer a variety of services and programs designed to assist our seniors in maintaining as much independence as possible.

Funding for these services is provided by a county-wide levy, the Mercer County Health Fund, the Mercer County Civic Foundation, the PASSPORT program, Combined Drives, quarterly garage sales, client donations and the hard work of our volunteers.

OFFICE HOURS

Monday through Friday 8:00 am to 4:30 pm

PHONE

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The MCCOA serves clients without regard to race, color, national origin, religion, sex, or disability. We are an equal opportunity employer.

Find us at www.mccoa.net

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We also have the ability to email newsletters. **Thank you**.